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VIKING FLYER

1948-1998

934th Airlift Wing, Air Force Reserve Command, Minneapolis-St. Paul International Airport Air Reserve Station, Minn.



Tech. Sgt. Janet Byerly

Quality: looking ahead

▶ See Pages 5-7

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On the cover

2nd Lt. Gail Gregor, 934th Aeromedical Staging Squadron, volunteers as a wing quality instructor. For more on current quality initiative, see Pages 5-7.



Tech. Sgt. Janet Byerly

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UTA schedule:

Feb. 7-8*	August 1-2
March 7-8	Sept. 12-13
April 4-5	▶ UTA pay
May 2-3	should be
June 6-7	deposited by:
July 11-12	Jan. 21.

*22nd Air Force Staff Assistance Visit

Commentary

Beat goes on in '98

Year promises tests, travel, top-notch facilities

Col. Michael Gjede
Wing Commander

Here it is already – another New Year and the first Unit Training Assembly of 1998.

It's time to reflect on the accomplishments of the past year, and, more importantly, look and plan ahead for what's ahead.

The only major inspection will be the new Unit Compliance Inspection from Air Force Reserve Command, surrounding the August UTA. A Staff Assistance Visit from 22nd Air Force will precede that inspection on the February UTA.

The wing will also support Southern Watch in Southwest Asia with a 30-day rotation in June. A military ball celebrating the 50th Anniversary of the Air Force Reserve in September and a basewide mobility exercise in October should round out the major events for the year as we know them today. That can change, of course.

Changes within the units will continue, especially within the 934th Aeromedical Staging Squadron and 934th Civil Engineer Squadron with new missions and manning resizing.

One thing that probably will not change is the operations tempo. We continue to be busy supporting requirements worldwide.

This is a concern and is addressed at virtually every conference I attend. We're working hard at eliminating the "not so significant" requirements that seemingly come out of the blue. You may not see improvements immediately; however, relief is on the horizon.

On a more positive note, when spring rolls around this year, three new buildings will be erected. The new Combat Arms Training System



Gjede

building, being constructed by our own civil engineer squadron, will offer 18 firing lanes for indoor marksmanship. A new Military Clothing Sales Store will service all branches of the military in the area. This will also free up a good amount of space in the main exchange. Finally, we have funding for our new multipurpose fitness center. While it won't rival the facilities found off base, it will certainly be better than what we have currently and will more than adequately serve the needs of the 934th.

Lastly, as we head into this new year, remember we demand a lot from all of you. Don't let that jeopardize your civilian employment or your family relations. If you start to have problems, talk to your supervisor. We must always maintain and nurture that delicate balance. Watch out for your comrades, too. You may recognize the signs of trouble before they do.

Most importantly, as we make new year resolutions, make a vow to yourself to take care of YOURSELF – physically, mentally and spiritually. These three things will assure you are prepared for the challenges ahead.

Happy new year! □

Parachutes packed the skies

934th crew participates in record-breaking air drop exercise

Mark Davidson
Public Affairs

Sixteen C-130s filled the skies of Alabama with parachutes during an air drop exercise, "Interfly," held Nov. 15-16.

The 934th and nine other Air Force Reserve Command C-130 units participated. Hosted by the 908th Airlift Wing, Maxwell Air Force Base, Ala., Interfly was the largest exercise ever held involving only Air Force Reserve C-130s, according to exercise officials.

"I've never been in an airdrop formation this large before, even in Bosnia," said **Lt. Col. Tom Kieffaber**, 96th Airlift Squadron, aircraft commander for the event.

"We all flew down there the day before, with no time to practice flying together," he said. "Cooperation was very important when it came to the

coordination between the aircrews, maintenance support, the refuelers and the loading teams. We all had to do it right the first time to get the mission done."

The 934th aircraft was in one of the two eight-ship formations on Nov. 15 using radar to drop training bundles on the target.

"All of the aircraft landed and remarshalled back at the base, never shutting down their engines," he said. "All 15 or 16 aircraft took off 30 minutes later in a mass formation, with 30 seconds between each takeoff. We were the twelfth aircraft."

The aircraft broke off into smaller elements, explained Kieffaber, with two or three aircraft in each element. The Minneapolis aircraft was in the fourth element, approximately four miles behind the lead element aircraft.

"We dropped a 1,500 pound jeep on

the target and headed back to the base," said Kieffaber. "We were told that all of the drops were within 150 yards of the target, which is very good."

The C-130s flew back to Maxwell after the mission, landing every 30 seconds.

"It's rare to see so many aircraft land, taxi and be parked in that short of a time period," noted Kieffaber.

"It was a good mass formation training for the younger guys on the crew, and good refresher training for the veteran crew members," he said.

Other 934th members participating were: **1st Lt. Mark VonBerge**, pilot; **Maj. Tom Anderson**, navigator; **Master Sgt. John Skarhus** and **Staff Sgt. Larry Koland**, flight engineers; **Tech. Sgts. John Hoffman** and **Curt Henke**, loadmasters; and **Staff Sgts. Dave Fisher** and **Dave Lunde**, maintenance crew chiefs. □

Commentary

Word from the top: pride in service

Don't keep service a secret ...

Maj. Gen. Robert McIntosh
Chief, Air Force Reserve Command,
Commander, Headquarters AFRC

There is a perception by some that the American people and the military may be losing touch with each other.

Military service was the norm for most able-bodied males from World War II until the end of the war in Vietnam because of the draft. Lately, increasing numbers of the populace have no contact with the military at all.

Reservists are the bridge between military and civilian worlds because we are inherently part of both. You are the windows through which friends, neighbors and your communities see military life.

Community outreach programs are important, but real understanding of what we do hinges on your interaction with the people around you. You do good work and the country benefits — don't keep it a secret. □

... because people are our strength

Gen. Michael Ryan
Air Force Chief of Staff

As I begin my tenure as the chief of staff, I, along with my wife, **Jane**, look forward to the challenges ahead. We are honored to have the opportunity to represent the men and women of the greatest air and space force in the world.

We, the Air Force, will remain absolutely committed to a full partnership in America's joint military team. The capabilities we provide come from a well-trained, well-equipped and seamlessly-organized force. The strength of this force has always been, and will continue to be, our people — the active duty, guard, reserves and civilians who make up the Air Force family. Our people are the strength of our past and the foundation of our future. You, the men and women of our Air Force and your families, have our total commitment.

I look forward to serving with you as your chief as we take the best air and space force in the world into the next century. □

Briefs in Blue

Act stabilizes Reserve, grants benefits

The 1998 Defense Authorization Act signed by the president Nov. 18 gives Air Force Reserve Command greater force stability and additional benefits for its members.

In addition, the act includes a 2.8 percent military pay raise. It also extends the period of eligibility for Selected Reserve reenlistment bonuses from members with less than 10 years total military service to members with less than 14 years service.

After a steady decline in end strength for the past six years, the Reserve end strength rises by more than 100 authorizations from 73,311 in fiscal year 1997 to 73,447 in fiscal year 1998.

One provision of the defense bill improves medical and dental care and death and disability benefits for reservists. The provision entitles reservists, whose orders are modified or extended while the member is being treated for or recovering from an injury in the line of duty, to medical care on the same basis as active duty.

Other actions included:

- ▶ Termination of the Ready Reserve Mobilization Income Insurance Program.

- ▶ Creation of a new Inactive Ready Reserve category, President Selected Reserve, enabling the president to recall to active duty up to 30,000 members.

- ▶ Easing the time-in-grade requirement for reserve commissioned officers to retire during any drawdown through Sept. 30, 1999. A limited number of officers will not be able to retire with not less than two rather than three years in the highest grade held.

- ▶ With a baseline of Oct. 1, 1997, all military commands will reduce their headquarters staffs by 25 percent over the next five years. (*Air Force Reserve News Service, Air Force News Service "Must Run"*)

Summit studies reserve health care

More frequent physical and dental exams and annual health certification are measures the Department of Defense could soon adopt to help keep members of the reserve components fit and ready for duty. The measures are among the objectives a reserve health care summit will debate during three sessions over the next several months.

William Cohen, secretary of defense, said the summit will address all health care issues, entitlements and legislative policies affecting the readiness of reserve components. (*AFNS*)

Safe flying year completed

The Department of Defense has just completed one of its safest flying years on record, despite a cluster of unrelated accidents during the final weeks of the fiscal year.

The aircraft major accident rate was 1.5 accidents per 100,000 flying hours. This rate is unchanged from the previous two years. The number of major aviation accidents was 54 in fiscal year 1997, down from 66 in the previous year. Aviation fatalities also declined from 116 to 76, the second-lowest figure ever. In 1994, the department had the lowest number of fatalities: 68. (*AFNS*)

Active-duty incentives, allowance raised

- ▶ Beginning Jan. 1, the family separation allowance rose for people separated from their families on active duty for more than 30 days. The monthly payment went up to \$100 from \$75.

- ▶ Active-duty force aircrew members will see increases in special and incentive pay, including aviation career and hazardous duty pay and pilot continuation pay thanks to the fiscal 1998 National Defense Authorization Act. Pilots will now be offered up to \$22,000 per year to remain on active duty through 14 years' service. (*AFNS, "Must run"*) □

In memoriam

Amy Jo Dunphy Garside

July 26, 1946 - Nov. 21, 1997

Amy worked in Base Supply as a requisition and requirement technician. Her hobby was shopping, shopping, shopping. She loved to decorate her home,



Dunphy Garside

and she did that well.

She is survived by her husband, **William Garside**, and his sons, **Nathan** and **Aaron**; her sons and daughters-in-law, **Stot** and **Sheri**, **Todd** and **Ann**, and **Ryan**; parents, **Robert** and **Bonnie Carlson**; brother, **Ren**; two granddaughters; one grandson; and friends. She was preceded in death by her sister, **Claudia**.

For you, Amy

God saw you getting tired, when a cure was not to be, so he wrapped his arms around you and whispered, "Come to me."

You didn't deserve what you went through, so he gave you rest. God's garden must be beautiful; he only takes the best.

And when I saw you sleeping, so peaceful and free from pain, I could not wish you back to suffer that again.

God hath not promised skies always blue, flower-strewn pathways all our lives through; God hath not promised sun without rain, joy without sorrow, peace without pain.

But God hath promised strength for the day, rest for the labor, light for the way, grace for the trials, help from above, unfailing sympathy, undying love.

— Author Unknown

Good-bye for now, until we meet again. Love you as far as God's hands can reach.

— *Carolyn Farley*,
Base Supply □

Quality: moving to new levels

Ingrained in daily business, quality focuses on new challenges for '98

Master Sgt. Tim Turner
Public Affairs

The specialists who provide tools to help organizations set priorities are following suit.

Recently, the 934th Mission Enhancement Office, formerly the quality office, announced its five major goals and objectives for 1998.

And they're designed to make setting your shop's priorities that much easier.

Making metrics meaningful

"We work for the people," said **Capt. Bonnie Tremblett**, the new wing quality officer. "Our top objective is ensuring that every office here has a firm grasp of the quality process and is using metrics to track specific goals."

Tremblett, former quality officer for the 917th Wing, Barksdale Air Force Base, La., said her office is currently visiting 934th shops to help measure those metrics.

"Metrics is simply a meaningful compilation of a task your shop handles – a measurement – that in many cases supports the 934th's overall mission," said **Tech. Sgt. Sally Poindexter**, quality technician.

"For example," she said, "if an

objective of the 934th is to be 100 percent deployable, then one of the aeromedical staging squadron's metrics might be ensuring every reservist has the proper immunizations to qualify for worldwide deployment.

"If they're having difficulty accomplishing that metric," continued Poindexter, "whether it's a breakdown in the quality process, staffing or a software problem, we'll try to help them."

Base organizations using metrics efficiently will be discussed during wing weekly staff meetings and occasionally featured in the "Viking Flyer."

"That way, for example, word gets out that ASTS has developed a good system, and other shops can apply that success to their office," Tremblett said.

Get ready for 'Yucky'

The number two goal of mission enhancement in 1998 is helping base shops prepare for this August's Unit Compliance Inspection, or UCI.

"The new way of the Air Force is results," said **Lt. Col. Doug Pederson**, special assistant to the commander and former quality officer here. "This go-around, the inspectors will look at how offices use the quality process to improve. They'll focus less on checking your file

Quality focus

What's new with quality? Check out the following:

Page 6: Instructors remain dedicated to goals

Page 7: Minneapolis hosts command planning conference

cabinets to make sure you've dotted the 'I's and crossed the 'T's."

Leadership forum planned

Goal number three: This year, mission enhancement will sponsor a leadership forum based on the principles of the bestselling management book, "Seven Habits of Highly Effective People." The book was written by **Stephen Covey**, nationally recognized change agent.

"The forum will be taught by an instructor licensed by Covey's management consulting company and be open to any interested reservist here – from the wing commander to an airman

(Continued on next page) ▶

Pssst! Heard the latest?

Hotline offers alternative to rumor mill

Tech. Sgt. Janet Byerly
Public Affairs

If you have a question on just about anything happening at the 934th Airlift Wing, just use "Whispers."

What is Whispers, you ask? It is the little-known commander's hotline program on the shared drive, or G-drive, on the Local Area Network, administered by the mission enhancement office.

"A reservist can ask a question or make a suggestion, either anonymously or not, and know they'll get a response," said **Tech. Sgt. Sally Poindexter**, quality technician.

The mission enhancement office monitors the program

to be sure that queries receive responses from **Col. Michael Gjede**, wing commander, and the response is entered on the computer.

"It's another commander's tool to improve communication," Poindexter said. "It could even be used for rumor control. Ask a question, and go right to the top to get an answer. It's better than getting an answer through the rumor mill that might be inaccurate."

The program has been on base computers for about six months with only a few queries so far.

"We've gotten questions about recognizing people's accomplishments and when the new base directory will be put out, for example," said Poindexter. "It's a good way to get answers to a question you may not know who to ask."

"Hopefully now that people know about the program, we'll get a few more questions," she said. □

Teaching quality

Need continues for instructors as new challenges emerge after initial cascade training

Tech. Sgt. Janet Byerly

Public Affairs

The success of any program is a reflection of the people who make it work.

The wing quality team reflects the base itself, consisting of as many as 40 reservists who have volunteered time as facilitators, instructors and process action team guides.

"Without each and every one of our quality specialists, it would be impossible to accomplish the training in the squadrons that needs to be done after the initial cascade training," said **Capt. Bonnie Tremblett**, 934th Mission Enhancement Office officer.

One of the volunteers is **2nd Lt. Gail Gregor**, who estimates she has taught 30-40 quality sessions over the past four years.

"We teach quality and improvement, and that's exactly what we've done with the course," said Gregor. "Each time you teach a class, it just reinforces and instills quality as a way of doing business. That's how you stay with it and stay motivated — we're always improving."

Now that most wing reservists have had initial training, the number of volunteer instructors has dropped off.

"We have five or six stalwarts, like Gail Gregor, who have hung in there," said **Lt. Col. Doug Pederson**, former wing quality officer. "We can always use more volunteers."

Anyone who has been through cascade training can become an instructor, according to Gregor.

"It's a career-broadening experience," she said. "A background in teaching is not required. But if you want to share the future with people, it's a great way to be involved."

For information on volunteering, call mission enhancement, Ext. 3540/3541. □

Quality ...

(Continued from previous page)

basic," Tremblett said. "We're talking about a three- to four-day workshop, so it's a major program."

Training new people

Maintaining the base's quotient for the Initial Quality Training program is the fourth goal for mission enhancement.

"The Air Force Reserve Command goal is 85 percent of the people in your unit trained in the program at any given time," Poindexter explained. "The 934th has consistently met or exceeded that goal."

To that end, the base will double the number of IQT programs offered in 1998 — from four in 1997 to eight this year. (See schedule, this page.)

"With so many new people coming into the unit, the extra classes are needed to meet that 85 percent objective," Poindexter said.

Also this year, every base member will attend a two-hour seminar on Air Force core values and ethics. The course will be based on the core values initiative spearheaded two years ago by retired **Gen. Ronald Fogleman**, former Air Force chief of staff, and **Sheila Widnall**, former Air Force secretary.

Monitoring core value training

The three core values are service before self, integrity first and excellence in all we do. "We won't teach the course, but we will monitor it," said Tremblett. "That's our fifth main goal in 1998. Why are we monitoring it? Because core values are crucial to mission enhancement."

The course will be taught at the unit level by the unit commander. "It should be an interesting and thought-provoking discussion," Poindexter stated. "We want the emphasis to be on what core values means to you — to what degree of emphasis do you put on them."

"Take service before self," she continued. "Does that mean a mother

Initial quality training class schedule, 1998

Jan. 21-23

Feb. 20-22

March 20-22

April 17-19

May 15-17

Sept. 25-27

Oct. 23-25

Nov. 13-15

All dates are subject to change. Call Ext. 3540/3541 to check dates or schedule training. □

leaves her 2-year-old baby to go off on a deployment? Or ask an Air Force member and a Marine what service before self means to them; I guarantee you'll get two totally different answers. The 934th really needs to discuss these issues, because they directly impact our mission."

Consultants ready to help

As mission enhancement moves through the year to meet its goals, it will continue in its role as consultant rather than instructor.

"When we first taught quality training here, we'd sit a bunch of folks in a classroom for a few days and pound quality into their heads," Pederson recalled. "Now we act more as advisor than trainer — to put quality into action for your shop. The old approach to quality was 'training, training, training.' The new approach is 'use it, use it, use it.'"

Poindexter reinforced the consulting role of mission enhancement. "We want people to know we're here for them," she said. "We can come to your shop any time, for any number of people, and help you work through your goals and objectives. Take advantage of our services."

To set up a consultation or schedule training with mission enhancement, call Ext. 3540/3541. □

Capt. Bonnie Tremblett
Mission Enhancement

"The future ain't what it used to be." I'm unsure who said that, but the future — it is a'changin'. The first indication I had of serious change was when I heard the question, "What does the Mars environment require?" at this November's first-ever Air Force Reserve Command Forum Planning Conference, hosted by the 934th here in Minneapolis. Both the Reserve and the wing made history that day when this field-based planning tool was deployed.

Kick off for the three-day seminar was a keynote address by **Maj. Gen. Frank Watson**, the Individual Mobilization Assistant to the commander in chief of Space Command. He posed that thought-provoking question about the Mars environment. There is little question we are heading into our newest frontier — space — and the Air Force needs to "spool up" for that challenge.

So, what does the Mars environment require? Watson suggested the role of planning cannot be underestimated when "creating our future." The challenge, he said, is that "most [existing] plans are used to survive the status quo rather than take us into the future." The difference? We can choose to build the "Mars" environment rather than react to it.

Key to this process is anticipating customers' changing requirements in light of technology and the threat. For example he asked, "What do we want to do? What will be important? How do we continually create relevance? Why do we exist? What needs are we addressing? What are the assumptions for a Mars arena?"

He further suggested, "The things that got us here are hard to let go of." In other words, we may be the Air Force of choice in 1997, but do we need to let go of that paradigm and begin to build for the year 2025 and beyond? Imagine the concept of all-unmanned vehicles deploying weaponry. Imagine a strategically planted computer virus or worse yet, a strategically-planted disease confronting and draining the enemy's morale as well as his resources. Is this a Mars environment?

The general went on to say key success factors in tomorrow's vastly different operating environment will be:

- ▶ Our organizational capability,
- ▶ Our leaders' capability, and
- ▶ Our process-oriented core competencies.

Adaptability is a bantered-about word, and adaptability is required for the future combat arena, underlying all key success factors. The general finally stated a creating philosophy for the surviving organization in 2025: "We do different things. We do things differently."

He concluded that we need to ask ourselves as we go about our daily jobs: "How will this take us to the future?" We cannot let ourselves be the limiting factor for our world and we must not let a changing world limit our horizons. The balance of the seminar was educational and

Conference revealed need for aggressive 'space age' planning

Think beyond 2025



participatory for all 130 attendees. We assembled first into large groups and brainstormed command-wide issues, and then into smaller groups to brainstorm numbered air force issues for the future. Out-of-the-box thinking was required and no suggestions were too wild.

At the culmination of the seminar, **Maj. Gen. Robert McIntosh**, chief of Air Force Reserve Command and commander, Headquarters AFRC, assured all attendees he looks personally at the field's inputs, and no ideas would be lost. If we participate in the creation of our Mars, our chief of staff insists we will be instrumental in its success.

If this subject interests you, or if you have ideas about what the "Mars environment" looks like, I encourage you to visit and read the Air Force home page at:

<http://www/xp.hq.af.mil//xpx/21/index.htm>

Also, come by the quality office or call us at Ext. 3540/3541 to share your inputs. Wing representatives will meet again with 22nd Air Force members in February at Dobbins Air Reserve Base, Ga., to continue planning for our future.

Won't you be a part of it? The future, after all, is not what it used to be. □

Old wheel that works

Crossfeed/crosstell program provides blueprint for success

Master Sgt. Tim Turner
Public Affairs

As the saying goes; don't reinvent the wheel.

That adage certainly applies to the crossfeed/crosstell program, a system helping bases, units and sections prepare for major inspections. For the 934th, a Unit Compliance Inspection is scheduled for August, with a Staff Assistance Visit next month.

Looking at the 'competition'

"It's a way to look at how similar shops did on their inspections through a Reserve-wide sharing of results," explained **Capt. Doug Kveene**, executive officer and manager of the crossfeed/crosstell program here.

"The program allows you to capitalize on a shop's laudatory inspection findings," he said, "and note the shortcomings before the inspectors get to your shop."

Posted for all to see — and use

Kveene explained how the crossfeed/crosstell program works.

"All Reserve units are required to post the results of their inspections on AFRC's Internet home page," he said. "Each section has a crossfeed/crosstell monitor who's required to access those reports every six months.

Kveene said one of the most effective ways crossfeed/crosstell monitors can use the reports is by adding applicable findings and observations to their section's self-inspection checklist.

"The inspectors love it," Kveene

pointed out. "When they see that you're effectively using the crossfeed/crosstell program — and taking the initiative to add line items to improve your section's self-inspection checklist — it can swing the vote from getting a 'satisfactory' to an 'excellent' rating."

Belongs to commanders

Kveene stressed the importance of the program. "It really belongs to the unit commanders," he emphasized. "If they're not encouraging their first sergeants and crossfeed/crosstell monitors to use it and share the inspection findings with all of their members, then it won't succeed."

He added that commanders should ensure their people have Internet access to call up the AFRC home page and use the crossfeed/crosstell program. □

Best of the best

Some units seem to have magic touch when it comes to crossfeed/crosstell

Master Sgt. Tim Turner
Public Affairs

How well does the crossfeed/crosstell program help our units prepare for inspections?

"Overall we do a good job, but there's always room for improvement," said **Capt. Doug Kveene**, wing executive officer.

In particular, he noted three unit crossfeed/crosstell monitors who have used the program to improve their unit's preparedness: **Lt. Col. Marilyn Chambers**, 934th Aeromedical Evacuation Squadron; **Senior Master Sgt. Brad Kimble**, 934th Military Personnel Flight; and **Senior Master Sgt. Karen Wilson**, 934th Communications Flight.

Provides benchmark

"Crossfeed/crosstell helps me incorporate our unit's mission goals into day-to-day operations," Chambers said. "It gives me a benchmark to see how well we implement AES's recruitment, retention and morale programs."

Recently, Chambers used the program to improve the

squadron's nursing services requirements. "Our nurses have a lot of competency standards," she said. "I accessed crossfeed/crosstell to see how other reserve AES units were inspected in this area. I noted their strengths and weaknesses and applied them to our program. The result is we developed a two-year plan to make sure our nurses are adequately trained and evaluated."

Kimble took advantage of crossfeed/crosstell to enhance MPF's Family Care Program. "This program helps unit commanders and first sergeants ensure that joint military spouses with children, as well as single military parents, comply with certain mobility requirements like updated dependent care forms and emergency data cards, power of attorney and so forth," he explained.

Helps improve capabilities

"I used crossfeed/crosstell to find ways to improve our radio maintenance capabilities," Wilson said. "Why reinvent the wheel if another unit has already faced an inspection situation you'll be facing?"

Wilson has gone beyond crossfeed/crosstell to help CF get ready for inspections. Several years ago, during a similar inspection, she called 15 sections to request copies of their last SAV reports. Based on those reports, she found 38 areas of improvement in the communications flight, helping the unit prepare better for the inspection.

"It paid off — the inspectors were impressed with the effort," she pointed out. "We had a number of discrepancies but still got an 'excellent' rating. It's because we noted discrepancies and showed the inspectors we were making efforts to minimize them." □

Bonus specialties

Big bucks offer incentive to new recruits in 16 critical career fields

The bonus list for Jan. 1 - June 30 has 16 Air Force Specialty Codes offering a \$5,000 enlistment bonus, according to **Master Sgt. Mark Jones**, recruiting office manager for the 934th.

"All non-prior service candidates who have completed high school are eligible," he said, "as well as prior-service enlistees with between six and 10 years of service, based on pay date."

(See Page 4, "Act stabilizes Reserve, grants benefits," for news on a change regarding bonuses.)

Here are the new bonus specialties:

Aeromedical 4FOX1 (featured below), aeromedical services X4NOX1, aircraft fuel systems 2A6X4, air transportation 2T2X2, biomedical equipment 4A2X1, command post 1C3X1, communications-navigation 2A1X3, electric power production 3E052, ground radio communications 2E1X3, liquid fuels maintenance 3E452, loadmaster X1A2X1, medical services 4NOX1, turboprop 2A6X1B, vehicle body maintenance 2T4X2, vehicle maintenance control and analysis 2T3X3 and vehicle operations 2T1X1.

The wing currently has many jobs

available, including those offering enlistment bonuses. And now, more people than ever before qualify for membership.

"In the past," said Jones, "many people were turned away who were single parents or spouses of military members. We encourage everyone who was denied to investigate new opportunities and help us spread the word."

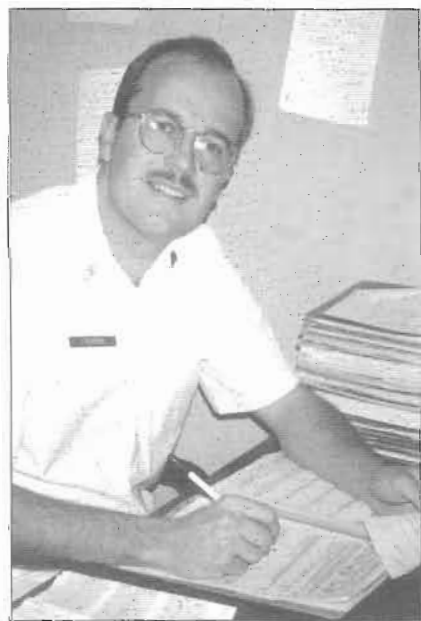
Headquarters Air Force Reserve Command made changes in the eligibility criteria last summer.

For more information, call 612-713-1456. □

Viking Search:

Aeromedical apprentice

Clip this for a friend, colleague or family member and assist recruiters in their search for new 934th Airlift Wing members.



Staff Sgt. Wayne Stenberg,
aeromedical journeyman

Air Force Specialty Code/unit:
4FOX1, 934th Aeromedical Staging Squadron.

Job description: Assist the flight surgeon, performing a variety of paraprofessional duties primarily in the area of physicals, including commissioning, aircrew, regular and enlistment physicals. Knowing requirements of each physical is one of the job's challenges. Work in areas such as vision screening, vital statistics, hearing testing/conservation, electrocardiograms and pulmonary function testing.

Civilian job equivalent: Doctor's office assistant. With additional training and licensure, experience in wide variety of specialties could lead to a medical career.

Training:

▶ Twelve weeks, Brooks Air Force Base, Texas. Course includes three weeks of emergency medical technician training.

▶ Ongoing requirement to maintain EMT certification.

Commitment: Unit Training Assembly attendance is critical; 15

days annual tour are very flexible. This specialty remains in demand around the world, so travel and extra days are available.

What's great about the job:

"Getting to know all the people — I enjoy people. Everybody knows me!" **Staff Sgt. Wayne Stenberg**, aeromedical journeyman.

Bonus career field: If you have six to 10 years of service for pay purposes and are cross-training into this field, or if you are a new recruit, you may be eligible for a three-year, \$2,500 bonus or six-year, \$5,000 bonus. The bonus is paid in increments over the enlistment time at the completion of each year of service.

Recent travel locations:

Germany, North Dakota, Southwest Asia, Texas. Opportunities exist for extra travel/deployments, as well as local C-130 training flights with a flight surgeon.

Contact: 934th Recruiting Office, 612-713-1456. □

Making history, now and then

Now: ID cards 'go green' for reserve forces

In another step toward achieving full integration of the active and reserve military components, Secretary of Defense **William Cohen** has announced that identification cards for all active component and Reserve active status U.S. military members will now be the same color – green.

This initiative, which will be phased in over a two-to five-year period beginning as early as June 1998, calls for changing the color of the Reserve active status forces identification card, DD Form 2 (Reserve), from red to green. Reserve active status forces include members of the Selected Reserve, the Individual Ready Reserve and the active Standby Reserve.

Only the color of the card held by these members will change; there will be no associated changes to current service benefits, privileges and entitlements, unless a change in status occurs. The member's reserve component will be identified in the upper right-hand corner of the card.

The change responds to a pledge made by Cohen to blend the Reserve and active components into a "seamless Total Force."

Implementing instructions from the services must be coordinated and published prior to issuing new cards to eligible Reserve members. Red ID cards will continue to be issued to "gray-area retirees" – members of the Retired Reserve who have not reached age 60. Family members of reservists will also continue to receive red cards. (Department of Defense News Release) □

Then: Four units establish roots in 1963

Master Sgt. David Hammer
Wing Historian

Though the Air Force has now swept up confetti and streamers from its yearlong celebration of its 50th anniversary, there's no need to put away the party hat just yet.

This year, the Air Force Reserve celebrates its 50th anniversary, highlighted here with a military ball in September.

Throughout this anniversary year, the "Viking Flyer" will feature stories on the history of the Reserve and the 934th. This month, the spotlight shines on four 934th units – including the wing itself – celebrating their 35th anniversary on Jan. 15: 934th Troop Carrier Group, Medium; 934th Tactical Dispensary; 934th Combat Support Squadron and 934th Material Squadron.

934th Airlift Wing

Established as 934th Troop Carrier Group, Medium, and activated on Jan. 15, 1963, the unit was organized in the Reserve on Feb. 11, 1963. The wing became a tactical airlift group on July 1, 1967; an airlift group on Feb. 1, 1992; and finally, an airlift wing, Oct. 1, 1994.

The 934th TCG, Medium, was assigned to the Continental Air Command and commanded by **Lt. Col. Dodson B. Graybeal**. When it was formed, the 96th Airlift Squadron was flying the C-119 aircraft.

Streamers and decorations awarded to the 934 AW include:

- ▶ Armed Forces Expeditionary for Panama, 1989 - 1990
- ▶ Three Air Force Outstanding Unit Awards: Oct. 1 1981 - Sept. 30, 1983; Oct. 1, 1988 - Sept. 30, 1990; and July 1, 1994 - June 30, 1996
- ▶ Republic of Vietnam Gallantry Cross

with Palm, Feb. 14 - March 11, 1968.

The emblem was approved on October 23, 1964 and includes a version with the Latin motto "Per Orbem Potentes" or "Powerful throughout the Globe."



1948-1998

934th Aeromedical Staging Squadron

Established as the 934th Tactical Dispensary, the 934th Aeromedical Staging Squadron was

activated Jan. 15, 1963, and organized in the Reserve on Feb. 11, 1963. It became the 934th Tactical Clinic on April 1, 1973; 934th Tactical Hospital, Oct. 1, 1989; 934th Medical Squadron, Nov. 1, 1990; and 934th Aeromedical Staging Squadron Oct. 1, 1994.

Decorations awarded to the 934th ASTS include the Air Force Outstanding Unit Award, Oct. 1, 1988 - Sept. 30, 1990; and July 1, 1994 - June 30, 1996. Its emblem was approved on Oct. 8, 1971.

934th Mission Support Flight

The 934th MSF was constituted as the 934th Combat Support Squadron and activated on Jan. 15, 1963. Organized in the Reserve on Feb. 11, 1963, the unit was redesignated the 934th Mission Support Squadron, Feb. 1, 1992, and the 934th Mission Support Flight, Oct. 1, 1992.

Decorations awarded to the 934th MSF are the Air Force Outstanding Unit Award, Oct. 1, 1988 - Sept. 30, 1990, and July 1, 1994 - June 30, 1996. The emblem was approved on Aug. 7, 1974.

934th Logistics Support Squadron

This unit began life as the 934th Material Squadron Jan. 15, 1963. It was organized in the Reserve on Feb. 11, 1963. Three years later, on Nov. 1, 1966 the unit was inactivated and then "reborn" on Aug. 1, 1992, as the 934th Logistics Support Squadron. □

Promotions

Tech. Sgt. Jeffrey Anderson, APS
 Tech. Sgt. Dennis Billadeau, CES
 Amn. Timothy Breuhl, AW
 Tech. Sgt. Kennedy Burnett, AES
 Tech. Sgt. Denise Dearmond, CES
 Tech. Sgt. Geraldine Garoutte, APS
 Tech. Sgt. Harold Gentz, LSS
 Tech. Sgt. Chester Gronewold, APS
 Tech. Sgt. Donald Gustafson, APS
 Tech. Sgt. Gerald Helmken, LSS
 Tech. Sgt. Frank Helseth, MXS
 Tech. Sgt. Alan Hogenson, APS
 Tech. Sgt. Anne Huhtala, CF
 Tech. Sgt. David Jeanson, SVS
 Tech. Sgt. Diane Johnson, MXS
 Tech. Sgt. Douglas Johnson, LSS
 Tech. Sgt. John Jones, LSS
 Tech. Sgt. Randall Kenowski, MXS
 Tech. Sgt. Jeffrey Kellington, APS
 Tech. Sgt. Stephen Kern, SVS
 Tech. Sgt. Dale Klein, MXS
 Tech. Sgt. John McEliece Jr., CES
 Tech. Sgt. Lynn McGourty, OSF
 Tech. Sgt. Scott Mundy, MXS
 Tech. Sgt. Philip Neil, LSS
 Tech. Sgt. David Nyberg, LSS
 Tech. Sgt. Lowell Olson, APS
 Tech. Sgt. Anthony Orr, SFS
 Tech. Sgt. John Parenteau, SFS
 Tech. Sgt. Mark Quinlan, APS

Tech. Sgt. DeWayne Schneider, SVS
 Tech. Sgt. John Speir, MXS
 Tech. Sgt. Martin Stevens, CES
 Tech. Sgt. Thomas Stratton, LSS
 Tech. Sgt. Fred Walker Jr., MXS
 Tech. Sgt. Jesse White, MXS
 Tech. Sgt. Steven Williams, SVS
 Tech. Sgt. Mark Woodson, MXS
 Tech. Sgt. Gerald Worshek, APS

Newcomers

Senior Airman Michael Butzlaff, MXS
 Senior Airman Kimberly Garrett, LSS
 Tech. Sgt. Rebecca Heasley, MSF
 Senior Airman Thomas Murphy, MXS
 Airman 1st Class Barbara Ostler, LSS
 Airman 1st Class Elizabeth Quaidoo, AES
 Staff Sgt. Richard Soderberg, APS
 Senior Airman Christina Strantz, APS
 Staff Sgt. Stephen Tainter, MXS
 Amn. Karen Willard, ASTS
Air reserve technicians
 Tech. Sgt. Rebecca Heasley, MSF
 Tech. Sgt. Jon Speir, MXS
Civilians
 Ronald Ehly, SF
 Kim Morse, SF
 Christopher Neitzel, SV

Reenlistments

Airman 1st Class Jessica Alioto, APS
 Staff Sgt. Jeffrey Anderson, APS
 Staff Sgt. Vernell Beal Sr., OSF
 Tech. Sgt. Bruce Butturff, CES
 Tech. Sgt. Dennis Dodge, MSF
 Tech. Sgt. Sandra Dudley, MSF
 Airman 1st Class Deborah Edwall, ASTS
 Staff Sgt. Michael Gough, MXS
 Staff Sgt. Charles Hill, CES
 Staff Sgt. Brian Howard, ASTS
 Staff Sgt. Diane Johnson, MXS
 Senior Airman Christina Jordan, ASTS
 Staff Sgt. John Krebsbach, APS
 Tech. Sgt. Mark Larsen, APS
 Senior Airman Keeton Lawson, ASTS
 Staff Sgt. Richard Loesch, CF
 Tech. Sgt. Timothy McCullum, MXS
 Tech. Sgt. Francis McKay, ASTS
 Tech. Sgt. Frank McKay, SFS
 Staff Sgt. Vincent Mikulski, APS
 Master Sgt. Rosemary O'Neal, OSF
 Master Sgt. David Provo, SFS
 Senior Airman Brian Quiroga, AW
 Staff Sgt. David Reiersen, AW
 Staff Sgt. Daniel Roth, MXS
 Tech. Sgt. Thomas Slavik, APS
 Staff Sgt. Martin Stevens, CES
 Staff Sgt. Eric Sunday, APS

Senior Airman Raymond Whitehead, AES
 Chief Master Sgt. Michael Zurn, MXS

Certificates of service

30 years
 Paul Groskreutz, SPTG
 Eugene Henrickson, CEC
 Jerry Immonen, LGMP

20 years
 Kerry Hennon, SF
 Michael King, LGLA
 Tim Payton, LGQ

10 years
 Sanford Bergh, LGT
 Dana Money, LGT
 Harold Rhodes, SF

Suggestion awards

► **Jeffrey Dentz**, LGMG, 10 certificates of honorary recognition.

► **Fred Walker**, LGMC, three certificates of honorary recognition.

Retirements

Master Sgt. Larry Ferrier, SFS
 Master Sgt. Michael Webster, APS □

Viking Victors:

Staff Sgt. Helenka 'Candy' Sommers



New position: Recruiter, 934th Airlift Wing.

Previous position: Sheet metal/corrosion control, 512th Airlift Wing, Dover Air Force Base, Del.

Education: Graduate of Essex County Vocational Technical School, Irvington, N.J., in auto mechanics.

Hobbies: "No. 1 is music, because it soothes the soul; NFL football, a New York Giants fan by heart; and possibly soon, skiing and ice fishing, thanks to Minnesota."

Professional organizations: "Due to my recent relocation, none yet. But I hope to find some type of museum volunteer work and join the Air Force

Sergeants Association."

Goals: "First and foremost, to become independent and proficient in my new career field, and to work with my colleagues to make the 934th the best of the best in the Air Force."

Family: Single; lives in Inver Grove Heights, Minn. Originally from New Jersey, where mother, brother and sister live.

Comments: "I'm really thankful I came to such a nice, beautiful state and would like to say a special thanks to **Senior Master Sgt. Kaye Martin** and everyone else for accepting me with open arms and kindness." □

'You're my little potato'

Lullabye refers to wee one as 'little potato,' but are we raising couch potatoes?

Here's how to spur spuds to healthy activity

Editor's note: This is the first in a series of the Department of Defense articles in support of a new initiative, "Operation Be Fit."

Lt. Col. Dave Witkowski

office of the assistant secretary of defense for personnel support, families and education

"Daddy, can I please play video games?"

How often do you hear this question or a similar one in your household? If the answer is, "Too often," then join millions of parents who are in a quandary about what to do with kids who have too much time and energy on their hands.

Looking at kids' activity levels

A brief history: We have two young boys, ages 7 and 8. C.J., the younger, is content to play outside, riding his bicycle, playing with his toy trucks and cars or just playing in the dirt. He also helps mom and dad wash the car, mow the lawn or shovel snow. In short, he can wear us and himself out in the course of a day and at the same time get plenty of exercise.

Matt, on the other hand, was Mr. Couch Potato. He was content to watch Saturday morning cartoons until the afternoon and then play video games the rest of the day. He would not waste a heartbeat on physical activity on the weekend without a fuss.

Youth sports provide spark

This changed sort of by accident. The same "accident" can happen in your household and with as much or as little effort as you want to expend. It started when a friend encouraged us to get our children involved in organized youth sports.

At first, there were awkward

moments meeting other parents and children, many of whom were old pros at this sort of thing. But Matt and C.J. quickly warmed up to soccer and T-ball.

Suddenly, the boys watched less television and played fewer video games.



Suggested ages for sports

So at what age should you get your overactive, underexercised youngster into youth sports?

According to experts at the du Pont Hospital for Children, kids should be at least 7 or 8 to engage in organized team sports.

Many team sports are contact sports, and most little children are not ready for heavy contact.

These same experts agree that 8- to 12-year-olds are ready for competitive contact sports. These sports include baseball, softball, basketball, football, field hockey, ice hockey, soccer and wrestling.

Parents should make it a point to be well-informed about their children's sports, including the proper protective gear the kids need and injury protection techniques.

Experts do not recommend young children use free weights or weight-training equipment or participate in distance running.

Pediatricians say children should be able to perform the following activities between the ages of 5 and 7: ride a two-wheel bike, bounce and catch a ball, dribble a ball, hit a ball off a tee,

do a chin-up, run a 35-yard dash in 10 seconds or less, skip, do a few bent-knee sit-ups and jump rope.

Recommended activities for these children include bicycling, dance, gymnastics, fitness trails and playground activities, karate, skating, swimming, T-ball and tennis.

Keep in mind these are general guidelines and each child, even in the same family, will have different abilities and interests.

Results: no more spuds

So how is Matt doing in T-ball? Just fine. He's the only kid on his team who can accurately complete a throw from third to first base and can vary his batting stance to hit the ball where he needs to for maximum effect. He has made the all-star team both years that he played. And it's nice to hear at any hour of the waking day, "Daddy, can we play some catch?"

He has taken great interest in the sport and in physical activities as a whole. Television and video games have their place, but not to the point of excess. (*American Forces Press Service*) □

Services Briefs

▶ **A Super Bowl party** is set for Saturday, Jan. 10, 6-9 p.m. at the NCO Club. There will be door prizes, and collector mugs will be sold for \$5 with inexpensive refills. Also, mugs will be available at the fitness center, dining hall and NCO Club during lunch that day.

▶ **A bowling outing** will be held Saturday, Feb. 7, at the Stardust Lanes, Minneapolis. Cost is \$10 per person for teams of four, covering bowling, shoes and prizes. Sign up and pay during the January drill.

▶ **Discount ski tickets** are available now for Buck Hill in Burnsville, Minn. □

334th Recreation Services, Hdg. 802, Ext. 1128 or 1665