



## The 934th Airlift Wing supports Girls in Aviation Day

**Check out the story @**  
[facebook.com/934thAirliftWing/](https://facebook.com/934thAirliftWing/)  
[instagram.com/934airliftwing/](https://instagram.com/934airliftwing/)  
[minneapolis.afrc.af.mil/](https://minneapolis.afrc.af.mil/)



# September 2023 Enlisted Promotions

TSgt JAIME SIBRI LLAPA - 934 COMM

TSgt ERIN HANSON - 934 AES

TSgt JAMES PALAS - 934 COMM

TSgt CORY LITZAU - 934 LRS

SSgt MATTHEW NELSON-27 APS

SSgt AUDREY FISH - 934 AES

SSgt JUSTIN JULIAN - 934 COMM

SrA JOSEPH NOHAVA- 27 APS

SrA EAMONN JOYCE - 934 CES

SrA GRACE JOHNSON - 934 MXS

A1C DZIDOULA AZIAMBLE - 934 AES

A1C PHILIP BITANGE - 934 AES

A1C MARIO TERRAZAS HERNANDEZ - 934 AES

## Welcome Newcomers

SSgt PELLA, AMY

TSgt MCWANE, DYLAN

A1C AYANLADAN, DORCAS

TSgt MCKENDREE, DYLAN

SSgt RITZER, RYON

AB KLOTZBUECHER, SAWYER

TSgt MOLINARI, CARLOS

SSgt DOODY VEILLEUX, MARIAH

TSgt DOODY VEILLEUX, ANDREW

SrA BEESTON, STEVEN

## Fiscal Year 2023 UTA Schedule

	Primary	Alt
October 2023	14-15	23-24
November 2023	4-5	21-22
December 2023	2-3	16-17
January 2024	6-7	20-21

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

## TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at [934.base.training@us.af.mil](mailto:934.base.training@us.af.mil)

Held in Building 852 Rm 215. No registration required.  
Contact the Force Development Office for more information at 612-713-1600 or [934.base.training@us.af.mil](mailto:934.base.training@us.af.mil)

*\*Attendance Mandatory Prior to using Tuition Assistance*

## Finance Customer Service Hours:

Primary UTA only  
Sat 0800-1100 & 1200-1500  
Sun 1200-1500

Military Pay: 612-713-1407, 1411

Travel Pay: 612-713-1404, 1405, 1406

## Finance Announcements:

Submit orders, vouchers, questions, etc. to our Comptroller Services Portal (CSP):

<https://usaf.dps.mil/teams/SAFFMCSP/portal/SitePages/Home.aspx> (gov computer only)

Please visit our SharePoint page for up to date information, announcements, and forms: <https://usaf.dps.mil/sites/934AW/934AWG/FM/SitePages/default.aspx> (gov computer only)

SGLI is being upgraded for all military members starting 1 March. Please update your SGLI coverage after 1 March if you do not want maximum coverage

## Customer Service Hours:

### Education and Training Testing hours:

Fridays testing will be @ 0800  
Sunday of the UTA testing will be @ 0800

\*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

### AAFES Shoppette Customer Service hours:

0800-1500 on Sat & Sun of the UTAs

### Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

### DFAC Food hours:

Breakfast 0600-0700 Lunch 1100-1230

### MPF & ID Section hours:

Primary UTA only  
Sat 0800-1100 & 1200-1500  
Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: <https://idco.dmdc.osd.mil/idco/#/>

PIN resets/CAC Unblocks will be available as "Walk-Ins"

## **A message from the 934 ASTS regarding medical profile**

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We **CANNOT ACCEPT "To Whom It May Concern" letters or after visit summaries.** Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the ASTS **MUST** receive the medical records **by the Monday prior to the UTA** in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

**Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness.**

**ASTS Fax # 612-726-9330**

Please share this information with all of your members!

Military & Family Readiness Center  
Building 729, Room 202

Director:

Kelly Wilkinson  
612-713-1567

Office Hours:

M-F: 0900-1500

September UTA: 0900-1500

Sun: 1300-1530

*\*Out-Processing call 1567 to make an Appt.\**

*\*All separating, retiring, transferring\**

**Are you retiring/separating soon?**

Contact the M&FR Director for information  
on Transition Assistance and Veterans  
Resources!

**FREE TUTORING FOR MILITARY FAMILIES!!**

Department of Defense funded Tutor.com  
a valuable Military program, no-cost  
resource for all Military and DoD personnel  
and their dependents. They provide  
academic support at all skill levels to  
everyone in the family, from kindergarten  
through college, 24 hours a day. Students  
can get started immediately at  
[www.tutor.com/military](http://www.tutor.com/military).

**Bundles for Babies!**

**Are you a new parent?**

Stop by the M&FR Center to pick up a hand  
knit baby blanket and supplies!  
Bldg. 729, Saturdays: 1300-1400

**Looking for Employment?**

Contact the M&FR Office for assistance!



First Duty Station Financial Training

Block 1 of 2

Saturday, 9 Sept, 0900-1100  
Bldg. 852, Room 235, FSS

Block 2 of 2

Saturday, 14 Oct, 0900-1100  
Bldg. 852, Room 235, FSS

**\*\*Required for all new enlistees,  
recommended for anyone experiencing  
financial hardships or wanting to gain  
financial readiness education\*\***

***Need Financial Help?***

Contact the M&FR Office for assistance on  
grants and receive free consultations with the  
Personal Financial Counselor.

Jay Brunkhorst, CFP®

Minneapolis St Paul ARS

Personal Financial Counselor (PFC) Cell

Phone: 612.297.2826

[pfc.minneapolis@magellanfederal.com](mailto:pfc.minneapolis@magellanfederal.com)

Craig Hovland, AFC®

Fort Snelling, MN

Personal Financial Counselor (PFC) Cell

Phone: 612.297.0295

[pfc.fortsnellingr@magellanfederal.com](mailto:pfc.fortsnellingr@magellanfederal.com)



# UTA SUNDAY WORSHIP SERVICE SCHEDULE

**0900 GENERAL PROTESTANT SERVICE**

**1000 ROMAN CATHOLIC MASS**  
(Confession available upon request)

**1100 LATTER DAY SAINTS SERVICE**

\*All worship services are located at Base Chapel, Bldg. 725

\*\*Chapel located directly behind C.E., parallel to Perimeter Road



**SUNDAY UTA WEEKENDS ONLY**



RALPH K. SIMCOX, MSgt, USAF  
Superintendent, Religious Affairs  
ralph.simcox@us.af.mil  
Comm: 612-713-1227  
DSN: 783-1227

## PICKLEBALL COURT IS NOW AVAILABLE!



**RESERVATIONS MAY BE MADE ON PICKTIME.  
PADDLES AND BALLS ARE AVAILABLE AT THE  
FITNESS CENTER FRONT DESK.**



## FITNESS CENTER PICKTIME Reservation System



Reservations are Mandatory for:

- Group Fitness Sessions
- Gym
- Track
- Small Group Exercise Room
- Classroom
- Racquetball Court
- Pickle Ball Court

### Scan The QR Code Above and Follow These Instructions:

1. Select "sign up" to create an account or, "login" to sign into an existing account.  
(We only need a name, phone number and email address when creating an account)
2. Select the resource:  
Classroom, Outdoor Track, Racquetball Court, Pickle Ball Court
3. Group X Room
4. Gym East/West (specify activity in the booking notes)



GROUP FITNESS  
934TH FITNESS CENTER, BLDG 777  
PHONE NUMBER 612-713-1496



**\*\*Please ensure you read the opening message as you are responsible for knowing the information provided\*\***



# 934 AW Fruit and Vegetable Challenge



Pictured above from left to right are 934 MXG Staff – Veggie Killers: Col Gia Wilson-Mackey, Ms. Tiffany Ivey, Ms. Tabitha Morrison, and SrA Cynthia Montzka. They are champions of the 1<sup>st</sup> Annual 934 AW Fruit & Vegetable Challenge.

During September of 2023, sixty-one participants registered to eight teams for the first annual 934 AW Fruit & Vegetable Challenge and twenty-eight followed through completing the challenge. Challengers were made up of military members, civilians, and dependents. Great feedback was received from participants including comments on what they learned from the challenge, camaraderie amongst the teammates and team building. The challenge was a lot of fun and members can look forward to other similar health-based challenges coming in the future.

## Perfect Scores

- Ms. Kelly Wilkinson, 934 FSS/Community Action Network, Well Planted with Good Roots.
- Chaplain Len Brokenshire, 934 AW/Community Action Network, Well Planted with Good Roots.
- Col Gia Wilson-Mackey, 934 MXG Staff, Veggie Killers
- Ms. Tiffany Ivey, 934 MXG Staff, Veggie Killers
- SrA Cynthia Montzka, 934 MXG Staff, Veggie Killers
- Chief Anthony Leavitt, 934 MXG, We Have the Meats
- Ms. Nancy Ripley, 934 AW Staff, We Have the Meats
- MSgt Robin Barber, 934 SFS, Defenders
- MSgt Glen Kramer, 934 SFS, Defenders
- TSgt Mikhail Morrison, 934 SFS, Defenders
- SSgt Casey Lindsey, 934 SFS, Defenders
- SSgt Leomar Perez, 934 SFS, Defenders

## Top 3 Teams

- 934 MXG Staff – Veggie Killers 42.5 points.
- 934 SFS – Defenders 42 points.
- 934 AW Staff – We Have the Meats 39 points.



Coffee

*at The Grind!*

Offering coffee, smoothies, pastries,  
and breakfast sandwiches daily from  
0530 - 1300 and UTAs.



# BARBER SHOP



Military Cut: \$15    Style Cut: \$18  
Hours of operation: 0900 - 1630 M-F & UTAs





OCTOBER

# Breast Cancer AWARENESS MONTH



*Life Without Walls*



*Life Without Walls*

**WEAR SOMETHING PINK TO REPRESENT BREAST CANCER AWARENESS  
AND RECEIVE 10% OFF RENTAL EQUIPMENT  
THE ENTIRE MONTH OF OCTOBER**

*\*One discount per person*



# **Innovators Wanted!**

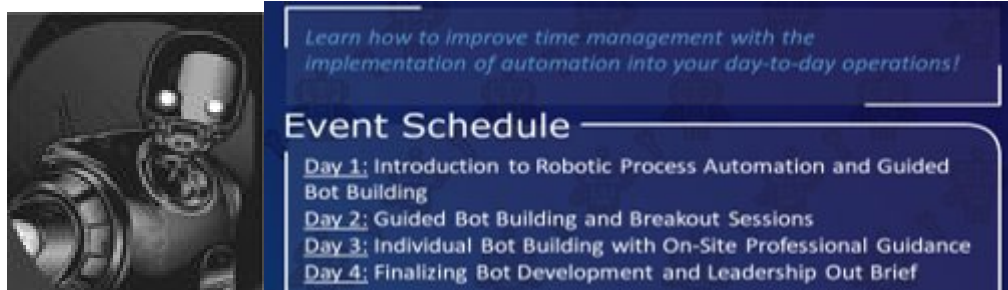
## **For Twin Cities Spark Cell**



**Contact: [934AW.CCO.WingCCOInnovation@us.af.mil](mailto:934AW.CCO.WingCCOInnovation@us.af.mil)**

# DAF BOT Roadshow will be 21-24 March 2024

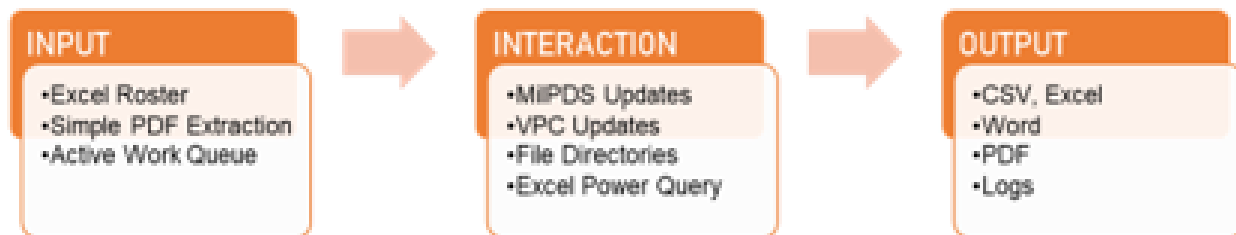
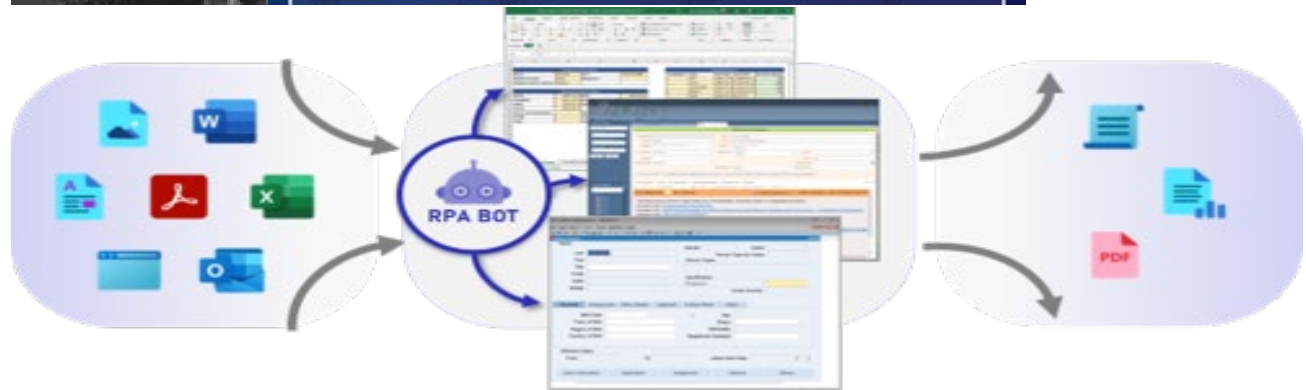
## Register now!



*Learn how to improve time management with the implementation of automation into your day-to-day operations!*

### Event Schedule

- Day 1: Introduction to Robotic Process Automation and Guided Bot Building
- Day 2: Guided Bot Building and Breakout Sessions
- Day 3: Individual Bot Building with On-Site Professional Guidance
- Day 4: Finalizing Bot Development and Leadership Out Brief



# SATURDAY, OCTOBER 14<sup>TH</sup> COSTUME CONTEST

1530 - 2200

**1<sup>ST</sup> PLACE WINNER**

*One Free Rental*

**2<sup>ND</sup> PLACE WINNER**

*One Free 934th Blanket*

**3<sup>RD</sup> PLACE WINNER**

*One Free Order of Buffalo Wings*



934th Community Activity Center  
Bldg. 807 | Phone 612.713.1655



# *Adopt - A - Vet* **HOLIDAY PROGRAM**



For 15 Years the 934<sup>th</sup> Airlift Wing has been Adopting-A-Vet for the Holiday.

Do your part, sign-up today by e-mailing: [rick.pelzl.1@us.af.mil](mailto:rick.pelzl.1@us.af.mil), as we need your support for these 140+ residents.

Once you sign up, you will get your Vets information the first week in November. All you have to do is purchase the gift, wrap it, get a card and drop it off at the 934 FSS, Bldg. 852, room 205.

***SIGN-UP NLT  
20 OCT 2023***

***LET OUR VETERANS KNOW  
THEY ARE NOT FORGOTTEN***

***For more Information contact Rick Pelzl at [rick.pelzl.1@us.af.mil](mailto:rick.pelzl.1@us.af.mil)***

# 934<sup>th</sup> Airlift Wing Trunk or Treat!

Saturday, October 14<sup>th</sup>

1500-1615

Fitness Center Parking Lot



**1500-1530**

**Best Costume Contest!**

Prizes for each age group!

- Ages 0-3
- Ages 4-8
- Ages 9-12
- Ages 13-Adult

**1530-1615**

**Trunk or Treat!**



Units and/or Councils:

Sign up to decorate a vehicle and handout treats or trinkets to the kids!

Sign up:

[kelly.wilkinson.2@us.af.mil](mailto:kelly.wilkinson.2@us.af.mil).

Members ensure your dependents have a valid Military I.D. to get access to the base or submit EAL information to [kelly.wilkinson.2@us.af.mil](mailto:kelly.wilkinson.2@us.af.mil) by 6 October 2023.

GLOBAL VIKING  
CHAPEL

*GOPHER*

*QuikShot*<sup>™</sup>



DISC

*Golf*



3 HOLE COURSE

Free Discs Available  
@ Chapel & Lodging

# HERO MEALS *Thanksgiving*

SUPPORTED BY:



OPEN TO ALL MINNESOTA'S MILITARY COMMUNITIES:  
SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES

## HOLIDAY MEAL KIT SUPPORT REQUEST

MULTIPLE PICK UP LOCATIONS



[www.surveymonkey.com/r/B9P7B5L](http://www.surveymonkey.com/r/B9P7B5L)



*Sign up now through November 1st 2023*

*Want to donate?*



SPONSORED BY:



THOMSON  
REUTERS®



**Beyond the  
Yellow Ribbon**





# THE **5K** **ZOMBIE** **RUN**

*For more information, Questions and/or concerns please contact  
Katie Pilon at 612-713-1496 / [katie.pilon@us.af.mil](mailto:katie.pilon@us.af.mil)*



**SATURDAY, OCTOBER 14<sup>TH</sup>**

Join us for  
**HALLOWEEN DRINKS**

Friday, October 14th & Saturday, October 15th

**WITCHES BREW**

(Midori Melon Liqueur, Cointreau, Vodka,  
Pineapple Juice, Lemon Juice)

**DARK & STORMY**

(Ginger Beer, Dark Rum)

**FRANKEN-RITA  
GREEN MARGARITA**

(Tequila, Blue Curacao, Pineapple Juice, Lime Juice)

**DRUNK WITCH**

(Vodka, Blue Curacao, Grenadine, Sprite)

**TITO'S SPICED CIDER MULER**

(Tito's, Apple Cider, Ginger Beer)



934th Community Activity Center | Bldg. 807 | Phone 612.713.1655



**COME  
PLAY  
AROUND**



**TOPGOLF**

**SATURDAY  
OCTOBER 14, 2023  
1700-1900**

**For Military Members and their Families  
(Minimum age is 8 and 70 lbs.)**

**6420 Camden Ave N. | Brooklyn Center, MN 55430**

**\*\*\*\$20 Deposit per person is required at Signup, to lock in your spot. Money WILL BE RETURNED at event\*\*\***

**For more information contact: Junalyn Lowry at [junalyn.lowry@us.af.mil](mailto:junalyn.lowry@us.af.mil)**





# Welcome Home Pheasant Hunt

Those military members who have returned from deployment from these units:  
934th Airlift Wing, 210th Engineering Installation Squadron, 347th RSG, 147th HRC  
Detachment, 147th FMS Detachment, 434th Chemical Company, 682nd Engineer  
Battalion, 257th MP Company, 434th SMC, and 850th ECC.

All expense paid guided pheasant hunt: includes released  
birds, sporting clays, ammunition, dinner, cleaned and frozen  
birds to take home.

## How to register:

Send email to  
[Charles.haas27@gmail.com](mailto:Charles.haas27@gmail.com).

Register individually or in  
groups of up to four.

Indicate civilian email and  
unit.

## JOIN OUR EVENT

 December 9, 2023

 Wild Wings of Oneka  
Hunt Club  
Hugo, MN 55038

# VETERANS DAY JAMBOREE

## SCHEELS RINK AT UNITED HEROES LEAGUE

LOCATED ON THE TRADITION VETERANS COMPLEX  
15211 RAVENNA TRAIL, HASTINGS, MINNESOTA 55033



THIS EVENT IS FREE AND OPEN TO THE PUBLIC

- YOUTH HOCKEY GAMES
- VETERAN HOCKEY GAMES
- LIVE CONCERT (FISTFUL OF LADIES)  
(5-7PM SATURDAY)
- PRO ATHLETE AUTOGRAPH BOOTH  
(1:30-2:30PM SATURDAY)
- SILENT AUCTION
- BEER GARDEN AND FOOD TRUCKS
- AND MUCH MUCH MORE!

ALL PROCEEDS BENEFIT



MILITARY FAMILIES

## JOIN US FOR THE OFFICAL RIBBON CUTTING CEREMONY!

(SATURDAY AT NOON)

FRIDAY NOVEMBER 10TH  
12:00PM - 6:00PM

SATURDAY NOVEMBER 11TH  
8:00AM - 8:00PM

FOR MORE INFORMATION VISIT: [WWW.GIVEUHL.ORG](http://WWW.GIVEUHL.ORG)



SCHEELS



# VETERANS CORPS



**Join Now!**

**Veterans Corps** members receive training, experience, and support in transitioning to civilian life and a career in natural resources.



Questions? Contact Scott at [scott.schue@conservationcorps.org](mailto:scott.schue@conservationcorps.org) or 763-276-3493



**Training:** Earn industry-recognized certifications and credentials that employers look for.

**Experience:** Serve outdoors restoring habitat, managing natural resources, and occasionally responding to natural disasters or community needs.

**Support:** Attend sessions on transitioning to civilian life and connect to veteran services and resources.

Funding provided by:



[www.ConservationCorps.org](http://www.ConservationCorps.org)

This program is open to military service members and veterans, without regard to disability, race, religion, national origin, gender, sexual orientation, or political affiliation. Reasonable accommodations available upon request.



Bringing our Veterans all the way home



# VETERAN RESILIENCE PROJECT

FREE EMDR THERAPY FOR VETERANS AND MILITARY SERVICE MEMBERS

## Veteran Resilience Project (VRP)

is a Minnesota nonprofit whose goal is for Veterans and Military Service Members to experience healing and to move forward living their lives to the fullest. We do this by:

- Serving Veterans/Military Members with **PTSD, Trauma, and other mental health symptoms**
- Coordinating access to free **EMDR Therapy (Eye Movement Desensitization and Reprocessing)** - an extensively studied and effective treatment

## OUR THERAPIST NETWORK

- *Statewide network of highly qualified therapists in MN*
- *All therapists are extensively trained in Trauma and EMDR*
- *All trained through VRP on understanding military culture and supporting Veterans.*



**EFFECTIVE TREATMENT FOR TRAUMA & PTSD**



**12 FREE EMDR THERAPY SESSIONS**



**STATEWIDE NETWORK OF EMDR THERAPISTS**




**IN-PERSON OR TELEHEALTH OPTIONS**

visit us online or request more info:




## LEARN MORE OR GET STARTED TODAY:

Zachary Binsfeld  
Outreach & Education

 612.424.9899

 zachary@veteranresilience.org

Jonna Phillips, MA, LMFT  
Therapy Program Director

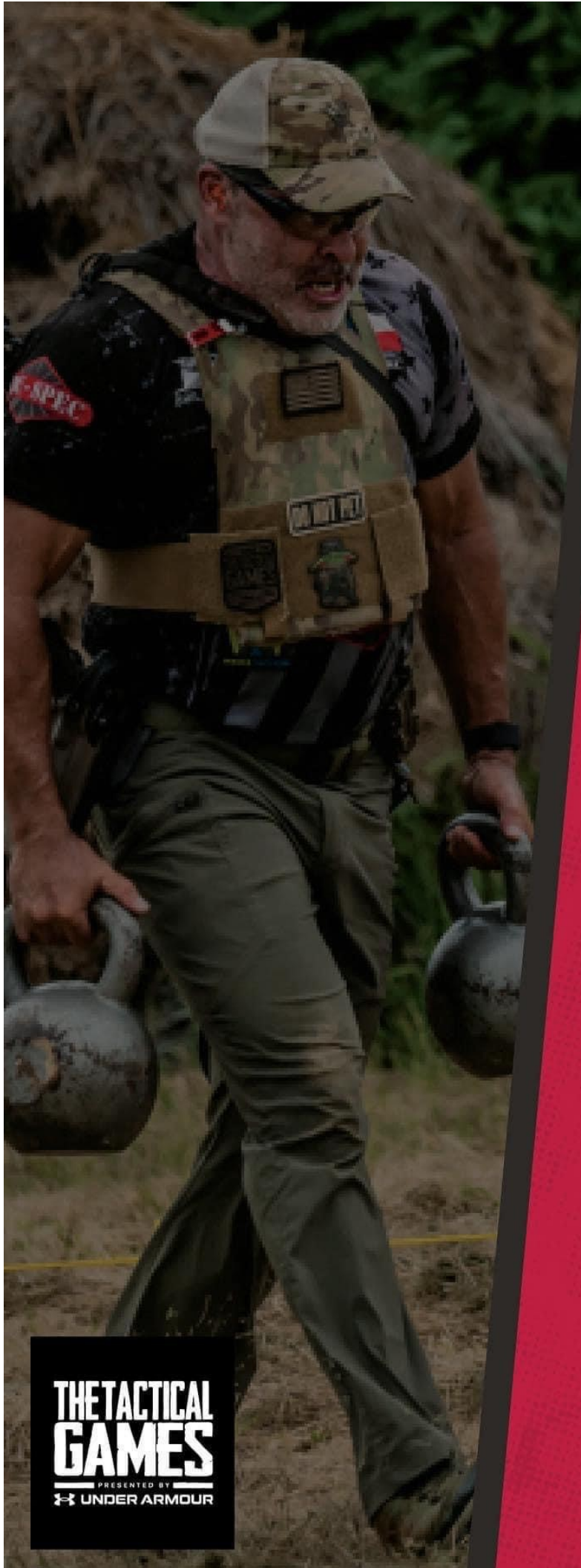
 612.356.2713

 jonna@veteranresilience.org

[www.veteranresilienceproject.org](http://www.veteranresilienceproject.org)



Supported in part by MDVA:  
<https://mn.gov/mdva>



**The Tactical Games and Team RWB have joined forces to offer 6 outstanding veterans the opportunity of a lifetime!**

**SELECTED PARTICIPANTS WILL RECEIVE:**

- Entry to the Tactical Games Nationals
- Free Access to a 120-Day Online Training Program
- Exclusive In-Person Training
- Up to \$350 Flight/Hotel Reimbursement
- Team RWB Swag Package

**THE TACTICAL  
GAMES**  
PRESENTED BY  
 UNDER ARMOUR