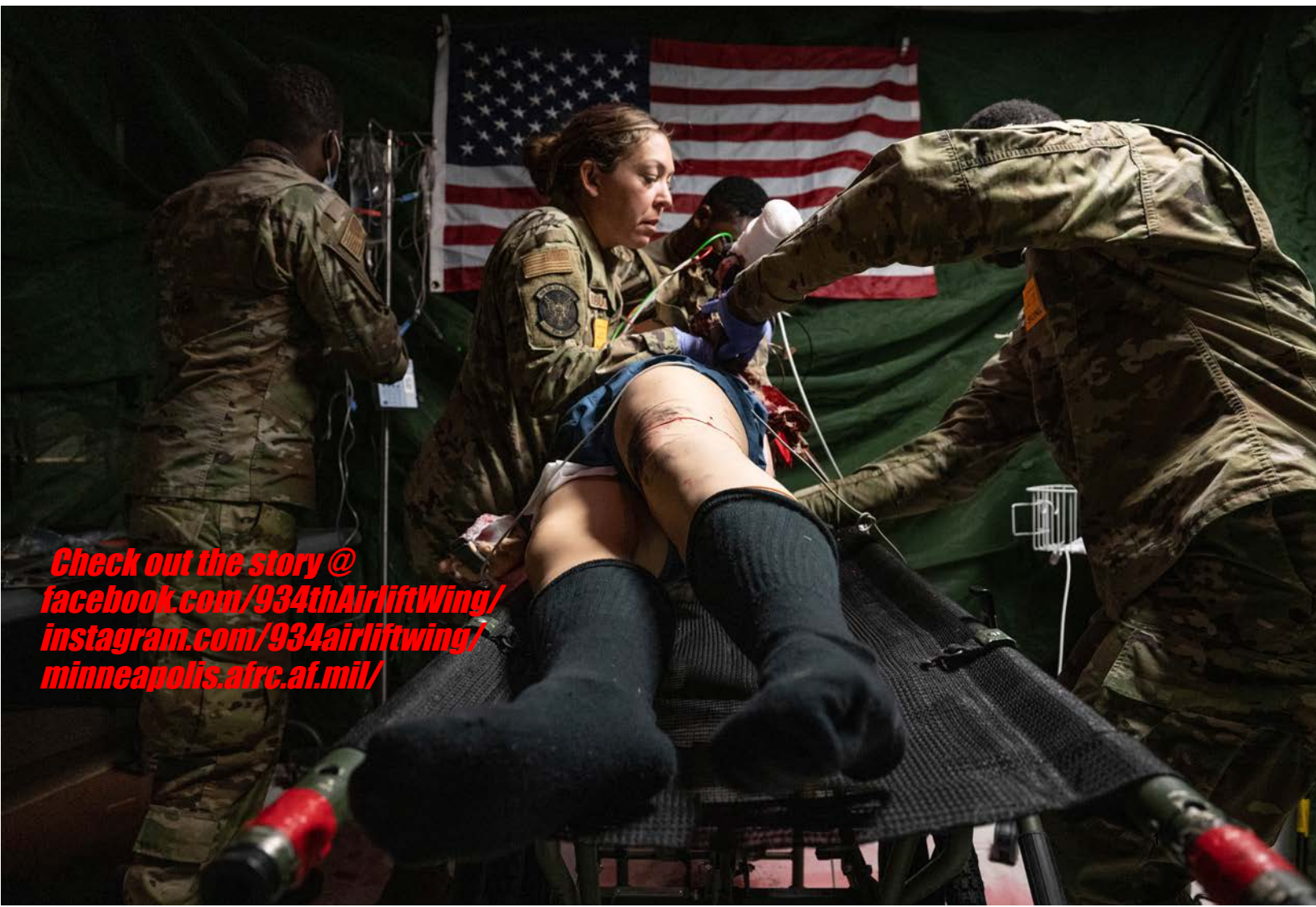




Major pain: Airmen team up with local hospital for medical training



Check out the story @
[facebook.com/934thAirliftWing/](https://www.facebook.com/934thAirliftWing/)
[instagram.com/934airliftwing/](https://www.instagram.com/934airliftwing/)
minneapolis.afrc.af.mil/

November 2023 Enlisted Promotions

MSGT CARLOS MOLINARI - 96 AS
SSGT KYLE BETCHER - 934 AMXS
JAKE KNIPP - 934 AMXS
JESSICA MARTINEZ - 934 ASTS
BRADLEY MCCONNELL - 934 CES
SAMUEL CLOUTIER 934 COMM SQ
JACOB BEAUCHEM - 934 LRS
MATTHEW BUSE - 934 MXS
DEVON ELLIS - 934 MXS
NATHAN DAHL - 934 SFS
COLLIN KNEUBUHLER - 96 AS

Welcome Newcomers

TSGT ANDREW DOODY - 27 APS
AMN DANIEL MURTELL - 934 CES
AB MELISSA PICENO GUTIERREZ - 27 APS CPT TIA
HEWUSE - 934 FSS
A!C ANDREW ADHIKARI - 934 SFS
AB JUNIOR GEORGE OWUSU SAFO - 934 ASTS A!C
WILLIAM SJOGREN 934 AMXS
A1C MAX LE - 934 AES
A1C GALEN FRANKE - 934 AMXS
A1C RACHEL PETERSON - 934 AMXS
SRA MADISON SEVERSON - 27 APS
AMN DANIEL HUBATCH - 934 SFS
SRA MASON STENCEL - 934 SFS
SRA SHYANDRA GRIMM - 934 ASTS
MAJ NATHAN CZUBA 934 CES
2LT JESSICA SZYDEL - 934 AES
SSGT SIMON BERGARNOLD 934 AES
AB AKIA PIRANT 934 FSS
A1C LUKE BALESTRIERE - 934 CES
A1C ERIC MORALES VINCENTE - 934 CES
TSGT ALLISON BAKER - 934 MXG

Fiscal Year 2024 UTA Schedule

	Primary	Alt
November 2023	4-5	18-19
December 2023	2-3	16-17
January 2024	6-7	20-21
February 2024	1-4	N/A

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

Held in Building 852 Rm 215. No registration required.
Contact the Force Development Office for more information at 612-713-1600 or 934.base.training@us.af.mil

**Attendance Mandatory Prior to using Tuition Assistance*

Finance Customer Service Hours:

Primary UTA only
Sat 0800-1100 & 1200-1500
Sun 1200-1500

Military Pay: 612-713-1407, 1411
Travel Pay: 612-713-1404, 1405, 1406

Finance Announcements:

Submit orders, vouchers, questions, etc. to our Comptroller Services Portal (CSP):
<https://usaf.dps.mil/teams/SAFFMCSP/portal/SitePages/Home.aspx> (gov computer only)

Please visit our SharePoint page for up to date information, announcements, and forms: <https://usaf.dps.mil/sites/934AW/934AWG/FM/SitePages/default.aspx> (gov computer only)

SGLI is being upgraded for all military members starting 1 March. Please update your SGLI coverage after 1 March if you do not want maximum coverage

Customer Service Hours:

Education and Training Testing hours:

Fridays testing will be @ 0800
Sunday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

AAFES Shoppette Customer Service hours:

0800-1500 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

DFAC Food hours:

Breakfast 0600-0700 Lunch 1100-1230

MPF & ID Section hours:

Primary UTA only
Sat 0800-1100 & 1200-1500
Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment:
<https://idco.dmdc.osd.mil/idco/#/>

PIN resets/CAC Unblocks will be available as "Walk-Ins"

A message from the 934 ASTS regarding medical profile

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We **CANNOT ACCEPT "To Whom It May Concern" letters or after visit summaries.** Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the ASTS MUST receive the medical records **by the Monday prior to the UTA** in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness.

ASTS Fax # 612-726-9330

Please share this information with all of your members!

CR Guidance

New CR approved until Feb 2024

- Operate at FY23 budget minus 1%
- 19 Jan 2024 – MILCON Appropriations expire
- 2 Feb 2024 – Defense Operations (RPA & O&M) expire

What does it mean for Reserve Airmen:

- Focused on continuing operations
- Execute your mission as stated by Lt Gen Healy
- Opportunities for TPs, RMPs, etc., based on Wing CC's decision space
- Execute funding
- Members should plan and schedule AT as soon as possible
- Orders will continue to be cut for length required, not constrained by CR

Congress has 23 days to pass budget before 2 Feb deadline (12 days in December and 11 days in Jan) with 1 of 4 results:

- Approve FY24 budget
- Short CR
- 1 year CR
- Government Shutdown

30 Nov - House & Senate meet in conference to work out discrepancies between NDAA versions

NDAA Critical Dates:

- 4 Dec – Senate votes
- 11 Dec – House votes
- NDAA lacks teeth without approved budget.

AGR End Strength

.HASC version of the FY24 NDAA (Presidential budget):

- 6,070 AGRs
- 6,882 ARTs

.SASC version of FY24 NDAA (maintain FY23 levels):

- 6,003 AGRs
- 7,111ARTs

CAFR request support for HASC version.

AFR needs duty status flexibility to put the right person in the right place at the right time to accelerate readiness.

Failure to authorize the necessary AGR growth could impose critical delays on efforts to improve readiness and the ability to tailor AGR conversions to AFR mission requirements.

AFR Legislative Priorities

Duty Status Reform (DSR)

- Consolidates ~30 duty status into 4 categories
- Aligns pay & benefits, mitigates disruption of pay & benefits, streamlines deployments & enhances readiness.

Tricare Reserve Select (TRS)

- . Implement today vice 2030 is crucial to help recruiting, retention, and readiness issues.
- . Impacts approximately ~7,000 Air Reserve Technicians and several federal civil service members affiliated with SELRES

Concurrent and Proportional Fielding

- . Air Force Reserve must be proportionally equipped with the same weapons systems as their active-duty counterparts to provide the most effective surge capacity against a near-peer foe.
- . Air Force Reserve must be involved throughout the Air Force design process to ensure concurrent and proportional fielding of equipment across all three components of the Total Force.

AFRC/CC TASK ORDER

Earlier this year, Lt Gen John Healy, Chief of Air Force Reserve/AFRC Commander, released his second Task order, TASKORD 2023-1.

The TASKORD lays out the steps each member of the Air Force Reserve needs to take to ensure that we are ready to deter, and if necessary, defeat a peer adversary. The general's strategic priorities (Ready Now! and Transforming for the Future) have not changed. He also acknowledges that AFRC will continue to face challenges as there is no anticipated changes in the command's budget.

To that end, Gen Healy laid out a call to action to all AFRC Airmen:

Concept of Operations: All assigned personnel must maintain basic readiness and remain in compliance with the designated AFFORGEN Certify Phase. All Airmen must actively engage in generating personal and unit readiness with adherence to standards and orders. Loss of currency or proficiency is unacceptable as it consumes two valuable resources – time and funding. DO NOT wait on your units to coordinate. Understand and leverage every tool and resource available. Every Airman owns their readiness and will work diligently to be an effective warfighting element within their unit.

Task: Maintain readiness to support Combatant Commanders through:

- a) AFCS proficiency (including timely upgrade training)
- b) Medical readiness
- c) Ready Airman Training (RAT) currency
- d) Physical fitness prepared for combat, including fitness assessment currency
- e) Professional development (PME, CBTs, Official/Unofficial courses)

Desired end state: All assigned personnel will sustain basic readiness and remain in compliance with the designated AFFORGEN Certify Phase. Every Airman will be resilient and ready to answer the call to fight in any operational environment.

We urge you to take the general's orders to heart and work towards the desired end state. Your leadership team is here to support you and providing the necessary resources so you can achieve a level of basic readiness. Please reach out to your chain of command if you have any questions or concerns.

Military & Family Readiness Center
Building 729, Room 202

Director:

Kelly Wilkinson
612-713-1567

Office Hours:

M-F: 0900-1500

December UTA:

Sat: 0800-1100, closed for Holiday Party

Sun: 0800-1500

Out-Processing call 1567 to make an Appt.

All separating, retiring, transferring

Holiday Toys Available!!!!
Community Activity Center
(CAC, Bldg. 807)

Use Westside Door Only

29 Nov – 7 Dec, while supplies last!



Are you retiring/separating soon?

Contact the M&FR Director for
information on Transition Assistance and
Veterans Resources!

Looking for Employment?

Contact the M&FR Office for assistance!



First Duty Station Financial Training

Block 2 of 2

Saturday, 2 Dec, 0900-1100

Bldg. 852, Room 235, FSS

****Required for all new enlistees,
recommended for anyone
experiencing financial hardships
or wanting to gain financial
readiness education****

Need Financial Help?

Contact the M&FR Office for
assistance on grants and receive
free consultations with the
Personal Financial Counselor.

Jay Brunkhorst, CFP®

Minneapolis St Paul ARS

Personal Financial Counselor (PFC) Cell

Phone: 612.297.2826

pfc.minneapolis@magellanfederal.com

Craig Hovland, AFC®

Fort Snelling, MN

Personal Financial Counselor (PFC) Cell

Phone: 612.297.0295

pfc.fortsnellingr@magellanfederal.com

DEPARTMENT OF THE AIR FORCE



FITNESS & SPORTS

STEPS CHALLENGE

ARE YOU IN?



Keep track of your daily steps to compete! This year long monthly challenge starts 1 Jan 24 and ends 31 Dec 24, recognizing each monthly champion and top 10 cumulative performance of participants throughout the year. Prizes will be given for participation. Join late? No problem, those who join after 1 Jan are still eligible to participate. For more information or to register email Eric Neal at eric.neal.4@us.af.mil.



SEA LIFE

AT Mall of America

Military Family Overnight

January 5-6, 2024

Event is for service members and their direct dependents ages 5-18yrs old

Cost is \$85 per adult/Children are Free

<https://mnarngfamilyprograms.wufoo.com/forms/sea-life-aquarium-family-overnight-jan-56-2024/>



POC

Joy Luedeman

joy.l.luedeman.ctr@army.mil

651.268.8378



Serving America's
Military Families

***Military & Family Readiness Program
will have **FREE TOYS!*****

**** Available from 29 November - 7 December***

***Donated by Dollar Tree Stores. Stop by and pick up some
stocking stuffers in the CAC hallway between the Bar & Ballroom.***

UTA access front doors

During the week, go down hallway & through the bar to access area



**** While Supplies Last***

***Questions? Please connect with Kelly Wilkinson
at kelly.wilkinson.2@us.af.mil or 612-713-1567.***



MILITARY YOUTH ICE FISHING CLINIC

VETERANS CAMPGROUND

11300 180TH ST. N,
MARINE ON THE ST. CROIX, MN 55047

CHECK IN – 10:30 AM
FISHING – 11AM-2PM

ALL MILITARY YOUTH AGES 5-18

FOR MORE INFO & TO REGISTER:

<https://mnarngfamilypprograms.wufoo.com/forms/military-youth-ice-fishing-clinic-copy/>



JANUARY
27, 2024

POC: LAURA GROENEWEG
LEAD CHILD & YOUTH PROGRAM COORDINATOR
LAURA.L.GROENEWEG.CTR@ARMY.MIL
651-268-8695



PARTY CRASHERS RC RACING



DECEMBER 14 5:00PM-7:30PM

SIGN

UP:

[HTTPS://MNARNGFAMILYP
ROGRAMS.WUFOO.COM/FO
RMS/K1XKEJF01TDMAM3/](https://mnarngfamilyp
rograms.wufoo.com/fo
rms/k1xkejfo1tdmam3/)



WHO:

MILITARY FAMILIES WITH YOUTH
1ST-8TH GRADE

WHAT:

PARTY CRASHERS RC RACING
WILL PROVIDE TRUCKS &
TRACKS. YOUTH WILL LEARN
MORE ABOUT RC CARS AND
THEN GET TO RACE THEM
AROUND THE TRACK. A LIGHT
SUPPER WILL BE PROVIDED.

WHERE:

ARDEN HILLS ARMORY
HAMLINE BUILDING
DRILL HALL FLOOR

4761 HAMLINE AVE N,
ARDEN HILLS, MN 55112

POC:

JOY LUEDEMAN
651.242.6910

JOY.L.LUEDEMAN.CTR@ARMY.MIL





THE REPTILE & AMPHIBIAN DISCOVERY ZOO

Family Overnight



WHEN: FEBRUARY 9TH-10TH, 2024

WHERE: R.A.D. ZOO

**6750 W FRONTAGE ROAD
MEDFORD, MN 55049**

COST: ADULTS \$44 / YOUTH (5-18 YEARS OLD) FREE

TO REGISTER & FOR MORE INFORMATION:

**[HTTPS://MNARNGFAMILYPROGRAMS.WUFOO.COM
/FORMS/FAMILY-OVERNIGHT-RAD-ZOO-FEB-2023/](https://mnarngfamilyprograms.wufoo.com/forms/family-overnight-rad-zoo-feb-2023/)**

POC: LAURA GROENEWEG

LAURA.L.GROENEWEG.CTR@ARMY.MIL

651-242-6938





UTA SUNDAY WORSHIP SERVICE SCHEDULE

0900 GENERAL PROTESTANT SERVICE

1000 ROMAN CATHOLIC MASS
(Confession available upon request)

1100 LATTER DAY SAINTS SERVICE

*All worship services are located at Base Chapel, Bldg. 725

**Chapel located directly behind C.E., parallel to Perimeter Road



SUNDAY UTA WEEKENDS ONLY



RALPH K. SIMCOX, MSgt, USAF
Superintendent, Religious Affairs
ralph.simcox@us.af.mil
Comm: 612-713-1227
DSN: 783-1227

PICKLEBALL COURT IS NOW AVAILABLE!



**RESERVATIONS MAY BE MADE ON PICKTIME.
PADDLES AND BALLS ARE AVAILABLE AT THE
FITNESS CENTER FRONT DESK.**



FITNESS CENTER PICKTIME Reservation System



Reservations are Mandatory for:

- Group Fitness Sessions
- Gym
- Track
- Small Group Exercise Room
- Classroom
- Racquetball Court
- Pickle Ball Court

Scan The QR Code Above and Follow These Instructions:

1. Select "sign up" to create an account or, "login" to sign into an existing account.
(We only need a name, phone number and email address when creating an account)
2. Select the resource:
Classroom, Outdoor Track, Racquetball Court, Pickle Ball Court
3. Group X Room
4. Gym East/West (specify activity in the booking notes)



GROUP FITNESS
934TH FITNESS CENTER, BLDG 777
PHONE NUMBER 612-713-1496



****Please ensure you read the opening message as you are responsible for knowing the information provided****





Robotic process automation (RPA) is used to automate standardized and repetitive tasks. UPath is an AF wide RPA software available to those who request a license.

Register at
<https://usaf.dps.mil/sites/934AW/934CPI>

For more info contact: Hannah.Mercer@usaf.mil

Learn how to improve time management with the implementation of automation into your day-to-day operations!

Event Schedule

Day 1: Introduction to Robotic Process Automation and Guided Bot Building

Day 2: Guided Bot Building and Breakout Sessions

Day 3: Individual Bot Building with On-Site Professional Guidance

Day 4: Finalizing Bot Development and Leadership Out Brief



Register now! 20 seats remain.



Apply **NOW**

TEAM MINNESOTA HAS OPEN SLOTS FOR THE AIR FORCE CYCLING TEAM!

The Air Force Cycling Team (AFCT) is made up of nearly 150 AD, Air National Guard, AF Reserve, civilian, and retired Air Force members. The primary mission is to promote the Air Force by being positive role models at cycling events across the country. Initial qualifications include a current passing AF Fitness Score without a cardio exemption.

To learn more about the Air Force Cycling Team check out the website by clicking on the logo above

(or visit <https://afcycling.com/>)

The team accepts applications from Active Duty, Guard, Reserve, Civilian, and Retired Air Force members.

**REGISTRATION STARTS
15 NOV & ENDS 15 DEC 2023**

Contact Steven Orwig, CMSgt (Retired)
saorwig@gmail.com for all inquiries and
questions soon, as registration fills up quickly.



© 2023 US Air Force Cycling Team. The AFCT is 501(c)(3) registered non-profit organization. The US Air Force, Space Force, nor federal government provide any direct funds for the team. (Active Duty riders may qualify for an alternate duty location during RAGBRAI®) Riders purchase their own gear, tickets, and transportation. "RAGBRAI®" and the associated logos are property of The Des Moines Register.



Visit our
Facebook page!

JOIN US FOR A FACE-OFF

AGAINST POST-TRAUMATIC STRESS



VS.



MINNESOTA
BLUE OX

SUNDAY 10:30 AM - 3 PM

DEC. 10, 2023

A U.S. VETERANS CHARITY EVENT



COON RAPIDS

Ice Center

INDOOR ARENA

COME EARLY FOR FAN-FRIENDLY ACTIVITIES...

- PUBLIC "SKATE WITH THE GREATS"
- PLAYER AUTOGRAPHS
- PHOTO OPPORTUNITIES!

**WATCH HI-LEVEL HOCKEY
AT 1:30 PM**

SCAN FOR
INFO &
TICKETS

PRESENTED BY
OperationHealingHeroes.org



A REGISTERED 501(C)(3) NON-PROFIT ORGANIZATION



BE A PART OF PROVIDING FINANCIAL, EDUCATIONAL,
AND EMOTIONAL SUPPORT FOR OUR U.S. VETERANS!



Coffee

at The Grind!

Offering coffee, smoothies, pastries,
and breakfast sandwiches daily from
0530 - 1300 and UTAs.



BARBER SHOP



Military Cut: \$15 Style Cut: \$18
Hours of operation: 0900 - 1630 M-F & UTAs

Innovators Wanted!

For Twin Cities Spark Cell



Contact: 934AW.CCO.WingCCOInnovation@us.af.mil

GLOBAL VIKING
CHAPEL

GOPHER

QuikShot™



DISC

Golf



3 HOLE COURSE

Free Discs Available
@ Chapel & Lodging



Welcome Home Pheasant Hunt

Those military members who have returned from deployment from these units:
934th Airlift Wing, 210th Engineering Installation Squadron, 347th RSG, 147th HRC
Detachment, 147th FMS Detachment, 434th Chemical Company, 682nd Engineer
Battalion, 257th MP Company, 434th SMC, and 850th ECC.

All expense paid guided pheasant hunt: includes released
birds, sporting clays, ammunition, dinner, cleaned and frozen
birds to take home.

How to register:

Send email to
Charles.haas27@gmail.com.

Register individually or in
groups of up to four.

Indicate civilian email and
unit.

JOIN OUR EVENT

 December 9, 2023

 Wild Wings of Oneka
Hunt Club
Hugo, MN 55038

VETERANS CORPS



Join Now!

Veterans Corps members receive training, experience, and support in transitioning to civilian life and a career in natural resources.



Questions? Contact Scott at scott.schue@conservationcorps.org or 763-276-3493



Training: Earn industry-recognized certifications and credentials that employers look for.

Experience: Serve outdoors restoring habitat, managing natural resources, and occasionally responding to natural disasters or community needs.

Support: Attend sessions on transitioning to civilian life and connect to veteran services and resources.

Funding provided by:



www.ConservationCorps.org

This program is open to military service members and veterans, without regard to disability, race, religion, national origin, gender, sexual orientation, or political affiliation. Reasonable accommodations available upon request.



Bringing our Veterans all the way home



VETERAN RESILIENCE PROJECT

FREE EMDR THERAPY FOR VETERANS AND MILITARY SERVICE MEMBERS

Veteran Resilience Project (VRP)

is a Minnesota nonprofit whose goal is for Veterans and Military Service Members to experience healing and to move forward living their lives to the fullest. We do this by:

- Serving Veterans/Military Members with **PTSD, Trauma, and other mental health symptoms**
- Coordinating access to free **EMDR Therapy (Eye Movement Desensitization and Reprocessing)** - an extensively studied and effective treatment

OUR THERAPIST NETWORK

- *Statewide network of highly qualified therapists in MN*
- *All therapists are extensively trained in Trauma and EMDR*
- *All trained through VRP on understanding military culture and supporting Veterans.*



EFFECTIVE TREATMENT FOR TRAUMA & PTSD



12 FREE EMDR THERAPY SESSIONS



STATEWIDE NETWORK OF EMDR THERAPISTS




IN-PERSON OR TELEHEALTH OPTIONS

visit us online or request more info:




LEARN MORE OR GET STARTED TODAY:

Zachary Binsfeld
Outreach & Education

 612.424.9899

 zachary@veteranresilience.org

Jonna Phillips, MA, LMFT
Therapy Program Director

 612.356.2713

 jonna@veteranresilience.org

www.veteranresilienceproject.org



Supported in part by MDVA:
<https://mn.gov/mdva>