





### **September 2023 Enlisted Promotions**

SMSgt MATTHEW JOHNSON - 934 SFS SMSgt JOSEPH VASSAR - 934 LRS

MSgt COY TWO TEETH - 934 MXS MSgt ERIK HANNIGAN - 96 AS

TSgt BENJAMIN SCHRANKLER - 934 LRS
TSgt JAYKOB PETERS - 934 CES
TSgt ANDREW BURZYNSKI - 934 MXS
TSgt DREW LINK - 934 MXS
TSgt EVAN STRAND - 934 MXS
TSgt WADE KRUEGER - 934 MXS
TSgt SUNNY NOEUN - 934 MXS
TSgt JUSTIN KING - 934 MSG

SSgt LAURA HERTZOG - 934 OSS SSgt STEVEN PEREZ - 934 CES SSgt SHAYLEIGH OHANLON - 934 CES SSgt ASHLEY ERDMANN - 934 AES SSgt INNOCENT NYAKUNDI - 934 AES SSgt HUNTER SMITH - 934 MXS SSgt WALTER CORNELIUS - 934 MXS SSgt AUSTIN CLAUDE - 934 MXS SSgt JACOB SANDER - 934 AW

SrA SARAH ZEHMS - 934 MXS

A1C HUNTER OLSON - 934 CES A1C LYNCH, GUINEVERE - FSS A1C ARIANA YANG - FSS

### Fiscal Year 2023 UTA Schedule

	Primary	Alt
September 2023	9-10	19-20
October 2023	14-15	23-24
November 2023	4-5	21-22
December 2023	2-3	16-17

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

### TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

Held in Building 852 Rm 215. No registration required.

Contact the Force Development Office for more information at 612-713-1600 or 934.base.training@us.af.mil

\*Attendance Mandatory Prior to using Tuition Assistance

### Finance Customer Service Hours:

Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1200-1500

Military Pay: 612-713-1407, 1411 Travel Pay: 612-713-1404, 1405, 1406

### Finance Announcements:

Submit orders, vouchers, questions, etc. to our Comptroller Services Portal (CSP): https://usaf.dps.mil/teams/SAFFMCSP/portal/SitePages/Home.aspx (gov computer only)

Please visit our SharePoint page for up to date information, announcements, and forms: https://usaf.dps.mil/sites/934AW/934AWG/FM/SitePages/default.aspx (gov computer only)

SGLI is being upgraded for all military members staring 1 March. Please update your SGLI coverage after 1 March if you do not want maximum coverage

### **Customer Service Hours:**

### **Education and Training Testing hours:**

Fridays testing will be @ 0800 Sunday of the UTA testing will be @ 0800

\*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

### **AAFES Shoppette Customer Service** hours:

0800-1500 on Sat & Sun of the UTAs

### Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

### **DFAC Food hours:**

Breakfast 0600-0700 Lunch 1100-1230

### **MPF & ID Section hours:**

Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: https://idco.dmdc.osd.mil/idco/#/

PIN resets/CAC Unblocks will be available as "Walk-Ins"

### A message from the 934 ASTS regarding medical profile

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We CANNOT ACCEPT "To Whom It May Concern" letters or after visit summaries. Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the ASTS MUST receive the medical records by the Monday prior to the UTA in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness.

ASTS Fax # 612-713-1149

Please share this information with all of your members!

# **Innovators Wanted!**

For Twin Cities Spark Cell



Contact: 934AW.CCO.WingCCOInnovation@us.af.mil

### Military & Family Readiness Center Building 729, Room 202

### Director:

Kelly Wilkinson 612-713-1567

### Office Hours:

M-F: 0900-1500

September UTA: 0900-1500

Sun: 1300-1530

\*Out-Processing call 1567 to make an Appt.\*

\*All separating, retiring, transferring\*

### Are you retiring/separating soon?

Contact the M&FR Director for information on Transition Assistance and Veterans Resources!

### FREE TUTORING FOR MILITARY FAMILIES!!

Department of Defense funded Tutor.com a valuable Military program, no-cost resource for all Military and DoD personnel and their dependents. They provide academic support at all skill levels to everyone in the family, from kindergarten through college, 24 hours a day. Students can get started immediately at www.tutor.com/military.

### Bundles for Babies! Are you a new parent?

Stop by the M&FR Center to pick up a hand knit baby blanket and supplies!
Bldg. 729, Saturdays: 1300-1400

### **Looking for Employment?**

Contact the M&FR Office for assistance!



### **First Duty Station Financial Training**

Block 1 of 2 Saturday, 9 Sept, 0900-1100 Bldg. 852, Room 235, FSS

Block 2 of 2 Saturday, 14 Oct, 0900-1100 Bldg. 852, Room 235, FSS

\*\*Required for all new enlistees, recommended for anyone experiencing financial hardships or wanting to gain financial readiness education\*\*

### Need Financial Help?

Contact the M&FR Office for assistance on grants and receive free consultations with the Personal Financial Counselor.

Jay Brunkhorst, CFP®
Minneapolis St Paul ARS
Personal Financial Counselor (PFC) Cell
Phone: 612.297.2826
pfc.minneapolis@magellanfederal.com

Craig Hovland, AFC®
Fort Snelling, MN
Personal Financial Counselor (PFC) Cell
Phone: 612.297.0295

pfc.fortsnellingr@magellanfederal.com



# 934 Airlift Wing Professional Development

# Calling all Entrepreneurs!

WHO: Anyone interested in starting a business

WHAT: Come join the discussion on entrepreneurship hosted

by Lt. Col Jon Stojan, 934 OSS, and Bunker Labs

WHEN: Sunday 10 Sept 2023

WHERE: SFS Auditorium, Building 709

WHY: To learn and make some connections

Bunker Labs supports members from the military community who are interested in starting a business. They provide community, programs, and courses to help members/spouses start and grow successful businesses.

For more information about Bunker Labs go to: https://bunkerlabs.org



# 934th Airlift Wing **Trunk or Treat!**



Saturday, October 14th

1500-1615

### **Fitness Center Parking Lot**

1500-1530

**Best Costume Contest!** 

### Prizes for each age group!

- Ages 0-3
- Ages 4-8
- Ages 9-12
- **Ages 13-Adult**

**1530-1615** Trunk or Treat!



Units and/or Councils:

Sign up to decorate a vehicle and handout treats or trinkets to the kids!

Sign up:

kelly.wilkinson.2@us.af.mil.

Members ensure your dependents have a valid Military I.D. to get access to the base or submit EAL information to kelly.wilkinson.2@us.af.mil by 6 October 2023.



34TH INFANTRY DIVISION RED BULL HQ 4800 Hamline Ave. N, Arden Hills, MN 55126

2:30-5:30pm SEPT 16 2023

FREE PARKING | FREE ENTRY
RIB PACK TASTING TICKETS STARTING AT \$15





## VETERANS FORGING BONDS

Build your own home forge with other twin cities veterans!

**WHO** Twin Cities Veterans

**WHAT** Learn the metal fabrication and welding techniques needed to build your own propane forge. This process provides you with an intimate understanding of the forge and how to safely operate and maintain it in your home shop.

**DETAILS** 23rd Veteran and CAFAC cover all program costs and lunch each day

- You provide your own transportation to CAFAC
- You must attend all four days to complete the program



September 21-24, 2023 8:00 AM-3:00 PM



Chicago Ave. Fire Arts Center 3749 Chicago Ave, Minneapolis



Bring your own
water bottle and snacks
Alcohol is not permitted

#### **Welcome Home Pheasant Hunt**

**WHO**: Those military members who have returned from deployment from these units: 934<sup>th</sup> Airlift Wing, 210<sup>th</sup> Engineering Installation Squadron, 347<sup>th</sup> RGS, 147<sup>th</sup> HRC Detachment, 147<sup>th</sup> FMS Detachment, 434<sup>th</sup> Chemical Company.

**WHAT**: All expenses paid guided pheasant hunt: includes released birds, sporting clays, ammunition, dinner, cleaned and frozen birds to take home.

WHERE: Wild Wings of Oneka Hunt Club, Hugo, Minnesota 55038

WHEN: 15 October 23

**WHY**: Hugo Yellow Ribbon Network in partnership with Wild Wings of Oneka Hunt club and patriot/sportsmen wish to show appreciation for your service and sacrifice and missed hunting opportunities while deployed by providing you a gift of a day afield shooting clay targets, pheasants, and enjoying a delicious dinner.

**How to Register**: Send email to <u>charles.haas27@gmail.com</u>. Register individually or in groups of up to four. Indicate civilian email and unit.



### UTA SUNDAY WORSHIP SERVICE SCHEDULE

0900 GENERAL PROTESTANT SERVICE

1000 ROMAN CATHOLIC MASS

(Confession available upon request)

1100 LATTER DAY SAINTS SERVICE

\*All worship services are located at Base Chapel, Bldg. 725

\*\*Chapel located directly behind C.E., parallel to Perimeter Road



SUNDAY UTA WEEKENDS ONLY



RALPH K. SIMCOX, MSgt, USAF Superintendent, Religious Affairs ralph.simcox@us.af.mil Comm: 612-713-1227 DSN: 783-1227

# PICKLEBALL COURT IS NOW AVAILABLE!



RESERVATIONS MAY BE MADE ON PICKTIME.

PADDLES AND BALLS ARE AVAILABLE AT THE
FITNESS CENTER FRONT DESK.



# FITNESS CENTER Picktime Reservation System



#### Reservations are Mandatory for:

**Group Fitness Sessions** 

- -Gym
- -Track
- -Small Group
  - **Exercise Room**
- -Classroom
- -Racquetball Court
- -Pickle Ball Court

### Scan The QR Code Above and Follow These Instructions:

- Select "sign up" to create an account or, "login" to sign into an existing account.
  - (We only need a name, phone number and email address when creating an account)
- 2. Select the resource: Classroom, Outdoor Track, Racquetball Court, Pickle Ball Court
- 3. Group X Room
- 4. Gym East/West (specify activity in the booking notes)











**Veterans Corps** members receive training, experience, and support in transitioning to civilian life and a career in natural resources.





Questions? Contact Scott at scott.schue@conservationcorps.org or 763-276-3493



**Training:** Earn industry-recognized certifications and credentials that employers look for.

**Experience:** Serve outdoors restoring habitat, managing natural resources, and occasionally responding to natural disasters or community needs.

**Support:** Attend sessions on transitioning to civilian life and connect to veteran services and resources.

Funding provided by:

www.ConservationCorps.org





This program is open to millitary service members and veterans, without regard to disability, race, religion, national origin, gender, sexual orientation, or political affiliation. Reasonable accommodations available upon request.





### **VETERAN RESILIENCE PROJECT**

FREE EMDR THERAPY FOR VETERANS AND MILITARY SERVICE MEMBERS

### **Veteran Resilience Project (VRP)**

is a Minnesota nonprofit whose goal is for Veterans and Military Service Members to experience healing and to move forward living their lives to the fullest. We do this by:

- Serving Veterans/Military Members with PTS(D), Trauma, and other mental health symptoms
- Coordinating access to free EMDR Therapy (Eye Movement Desensitization and Reprocessing) - an extensively studied and effective treatment

- S EFFECTIVE TREATMENT
  FOR TRAUMA & PTSD
- \$ 12 FREE EMDR
  THERAPY SESSIONS
- STATEWIDE NETWORK OF EMDR THERAPISTS
- IN-PERSON OR TELEHEALTH OPTIONS

visit us online or request more info:



### **OUR THERAPIST NETWORK**

- Statewide network of highly qualified therapists in MN
- All therapists are extensively trained in Trauma and EMDR
- All trained through VRP on understanding military culture and supporting Veterans.



Supported in part by MDVA: https://mn.gov/mdva

#### LEARN MORE OR GET STARTED TODAY:

Zachary Binsfeld
Outreach & Education



zachary@veteranresilience.org

Jonna Phillips, MA, LMFT Therapy Program Director



jonna@veteranresilience.org

www.veteranresilienceproject.org





### 

The Tactical Games and Team RWB have joined forces to offer 6 outstanding veterans the opportunity of a lifetime!

# SELECTED PARTICIPANTS WILL RECEIVE:

- Entry to the Tactical Games Nationals
- Free Access to a 120-Day Online Training Program
- Exclusive In-Person Training
- Up to \$350 Flight/Hotel Reimbursement
- Team RWB Swag Package



# Beyond the Yellow Ribbon 10th Annual 4-Person Golf Tournament/Scramble

Tee Time 12:00 p.m., Registration 11:00 a.m.
Putting and Chipping Contests, 11:00-11:45
Presentation of Colors, Cambridge American Legion Post 290, 11:45

Friday, September 15, 2023, 12:00 p.m.

# **Purple Hawk Country Club**

36300 Hwy 65, NE, Cambridge MN 18-hole, shotgun start

\$85.00 per golfer (\$50 for service member or veteran)

(Includes, 18 holes of golf, cart, light supper and drawings)

To register or for more information, please contact Gail Genin, (763) 222-3826, golfwithicbyr@yahoo.com

Space is limited. Register early to make sure you have a spot.

Register as a team, an individual or ask a Veteran to play on your team.

If you are interested in financially supporting a Veteran, call the above.

The deadline to pre-register is **September 07, 2023.** 

Sponsorships are available. If interested, pleace contact Gail Genin, (763) 222-3826

Isanti County Beyond the Yellow Ribbon is a 501(c)(3) non-profit corporation.

A portion of your registration fee may be tax deductible.















Awarding Scholarships to Honor the Sacrifices of Military Spouses

Seeking Military & Veteran Spouses Pursuing Your Educational Goals

We are awarding

\$100,000 in Scholarships



Apply Here by Aug. 5th, 2023!

- Simple Online Application Easy to Qualify
- <u>Not</u> Income-Based
- For currently serving military spouses or veteran spouses
- Open to spouses from all branches of the Armed Services
- · Accepting Applications from around the world
- Minimal Docs: Marriage Certificate/Active Duty Orders or DD214









You will be notified of your status within three weeks!

The Think GREAT Foundation was started by a military veteran! 13