

Global Viking Flyer September 2022



9-11 HERO MEMORIAL 5K RUN/WALK



WHO: 88th Readiness Division (RD) will be hosting 9-11 5K run/walk. Opened to 88th RD (Military (Mandatory) / Civilians (Highly Encouraged) / Family (Encouraged)), All Military Branches and Families (Encouraged), First Responders and Families (Encouraged) and General Public (Encouraged) to participate.

WHAT: Come out and join the 88th RD Blue Devils for a commemorative run/walk for those lost during September 11, 2001, and to honor the heroes who risked their own lives.

WHEN: 2022 Sep 09 at 0600

WHERE: 506 Roeder Circle, Fort Snelling MN 55111

WHY: To promote Espirit de Corp while reflecting on the horrific and tragic event that took place 21 years ago in our nation. We want to memorialize the First Responders, Military, Family Members, Civilians and any others who lost their life.

Uniform/Attire: Military personnel wear service specific physical fitness uniform and authorize swag (unit, battalions, squadrons etc shirts). Civilians wear presentable and tasteful work out attire.



External Links:

[COVID-19 Information](#)

[Prevention Connection](#)

[CAT Brochure](#)

**The 934th Airlift
Wing Change of
Command Ceremony
will be taking place
on Sunday, 11
September @ 10 AM
in the main hangar.
All members are
encourage to attend.**



Girls IN AVIATION DAY

A Women in Aviation International® Event



Join the Stars of the North for our annual Girls in Aviation Day—a free event for youth to learn about career opportunities in aviation and Science, Technology, Engineering, Math (STEM). Exhibitors from airlines, military, universities, flight schools, pilots, engineers and many professionals will showcase aviation careers. The event is geared for girls ages 8-17 however everyone is welcome. Girls in Aviation day is aimed at encouraging female participation in STEM and aviation related careers.

New this year: Crooked Path, guest panel speaker, and Rising Stars, a young adults aviation workshop

Everyone Welcome! School Groups, Girl Scouts, Families + You. To participate, volunteer, and donate, learn more at girlsinaviationdaymn.com

Location: Jet Linx & Flying Cloud Airport
Eden Prairie, MN, September 24, 2022, 10 am–3 pm




AIRPLANES | ACTIVITIES | EXHIBITS | MEET PILOTS | FOOD TRUCKS

SEPTEMBER
24 / 2022

FREE
EVENT

#SOTN #IAMWAI
#GIAD22



2021 GIAD Group Photo



Combined Federal Campaign



VOLUNTEERS: WE NEED YOU!

October 15, 2022 - December 15, 2022

With almost 200 CFC campaigns throughout the country and overseas, the CFC is the world's largest and most successful annual workplace charity campaign, raising millions of dollars each year.



Volunteers are needed for the October 15, 2022 to December 15, 2022 campaign season at the 934th Airlift Wing!

● Learn more about the Combined Federal Campaign at www.opm.gov/combined-federal-campaign ●

If you have questions, or are interested in this volunteer opportunity please contact:

Hannah Mercer

hannah.mercer@us.af.mil | 612.713.1305

A message from the 934 ASTS regarding medical profile

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We

CANNOT ACCEPT "To Whom It May Concern" letters or after visit summaries. Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the ASTS **MUST** receive the medical records **by the Monday prior to the UTA** in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness.

ASTS Fax # 612-713-1149

Please share this information with all of your members!

Fiscal Year 2022 UTA Schedule

	Primary	Alt
September 2022	10-11	24-25
October 2022	15-16	1-2
November 2022	5-6	19-20
December 2022	3-4	17-18
January 2023	7-8	21-22

*Fiscal Year 2023 UTA Schedule is available on the last page or by clicking here.

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

**Held in Building 852 Rm 215. No registration required.
Contact the Force Development Office for more information at 612-713-1600 or 934.base.training@us.af.mil**

***Attendance Mandatory Prior to using Tuition Assistance**

GIRLS IN AVIATION DAY 2022

***Seeking Volunteers from the wing**

Well it is that time to start looking for volunteers to help plan this year's Girls in Aviation Event.

This year it will be held on September 24th.

SMSgt Amanda Millsap will be the 934 AW POC this year and can be reached by email (amanda.millsap.1@us.af.mil) for those interested.

Customer Service Hours:

Testing hours:

Fridays testing will be @ 0800

Sunday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

Finance Customer Service Hours:

Primary UTA only

Sat 0800-1100 & 1200-1500

Sun 1200-1500

Military Pay: 612-713-1407, 1411

Travel Pay: 612-713-1404, 1405, 1406

Check out our new Comptroller Services Portal (CSP)!
Submit orders, vouchers, questions, etc., with this easy to use system:

<https://usaf.dps.mil/teams/SAFFMCSP/portal/SitePages/Home.aspx>

Finance ANNOUNCEMENTS:

-Please make sure you check the Unpaid Orders (UOO) list!
If you're owed money, we want to get it to you!
-BAH Recertification will take place starting 1 January 2023.
At that time we will need a new AF 594 and supporting documentation for dependents (marriage certificate, birth certificate, etc.).

MPF & ID Section hours:

Primary UTA only

Sat 0800-1100 & 1200-1500

Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment:

<https://idco.dmdc.osd.mil/idco/#/>

PIN resets/CAC Unblocks will be "Walk-Ins"

DFAC Food hours:

Breakfast 0600-0700

Lunch 1100-1230

AAFES Shoppette Customer Service hours:

0900-1500 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

The AFI Explore App is Available

AFI Explorer for iOS and Android allows you to browse and search updated Air Force Instruction publications quickly and efficiently.

Use the advanced search function to find the specific AFI you are looking for. Favorite your most frequently referenced publications and manuals.

By syncing with the e-publishing website for the latest version of each publication, AFI Explorer provides the most recent guidance updates as soon as they become available. This application currently provides access to all departmental publications for the Air Force and to all publicly releasable MAJCOM supplements.

As I continue to update the application with additional features, please use the built-in feedback option in the app to share your thoughts, suggestions, and concerns.

You can also email me at: w_walker@icloud.com

Built in partnership with William Walker

[Android Download Link](#)

[iOS Download Link](#)

Top 3 Meeting

*Meetings are scheduled on Sundays of the UTAs from 1100-1200 in the AES building.

Important Forms:

Air Force Physical Fitness Screening Questionnaire (FSQ) available [here](#).

934th AW SQ Mission Videos are live!

Would you like to know more about other units within the 934th Airlift Wing?

Check out the AMXS Mission Video [here](#)!

Check out the 27APS Mission Video [here](#)!

Check out the CES Mission Video [here](#)!

Check out the MXS Mission Video [here](#)!

*Links work off-network

Scholarship Resources Megalink!

Are you or a family member going back to school?

[Click here](#) to check out this amazing list of scholarship opportunities for active duty, reservists and veterans!

Community Resources Megalink!

Looking for military resources in your community?

[Click here](#) to check out this amazing list of resources for active duty, reservists and veterans!

COVID VACCINE BOOSTERDOSES

COVID Vaccine booster doses are available at ASTS for all members and eligible dependents. Important note: members are authorized to receive either type of mRNA vaccine as the booster dose, regardless of which type was administered as the initial full series.

To maximize our vaccine supply, vaccinations/boosters will occur on TUESDAYS and on UTAs (availability upon request).

Email 934.ASTS.Medical@us.af.mil with:

-Name

-Availability

Phone Number

Preferred E-mail

NOTE: Please bring your original vaccination card with you to the ASTS so we can add the booster dose. If receiving a vaccine/booster from the community, Airmen must report vaccinations to ASTS. Bring your vaccination card to ASTS or send a copy to the ASTS Org Box. If you have any questions please contact the ASTS Medical Org Box at 934.ast.s.medical@us.af.mil

2022 Enlisted Promotions

September

SMSgt – GREINER, JASON – 96 AS
SMSgt – KLEINSCHMIDT, AUSTIN – 934 OSS
SMSgt – SANCHEZ, DANIEL – 27 APS

MSgt – CARLSON, MINA – 96 AS
MSgt – SMILEY, RYAN – 934 CS
MSgt – FOSTER, CHARLES – 934 ASTS
MSgt – VAN HOVEN, KELLY – 934 ASTS

TSgt – PAJOR, KEVIN – 96 AS
TSgt – NORMAN, JACKSON – 96 AS
TSgt – REHBEIN, SHANE – 96 AS
TSgt – DAVIES, AARON – 934 CES
TSgt – WALERIUS, COLIN – 934 CES
TSgt – STOYKOVICH, SETH – 934 CES
TSgt – QUINTERO, BRANDI – 934 MXS
TSgt – HELGET, JESUP – 934 OSS
TSgt – BARROS, MICHAEL – 934 SFS
TSgt – PALOKANGAS, LYDIA – 934 SFS
TSgt – WHITEIS, SYDNEY – 934 SFS
TSgt – ARVIDSON, ALEXANDER – 934 AMXS

SSgt – MORALESCARLSON, DIANA – 96 AS
SSgt – BURLACU, DANIIL – 934 CES
SSgt – AASE, AURORA – 934 SFS
SSgt – VANDENLANGENBERG, WILLIAM – 934 AMXS
SSgt – HARENS, COLTON – 934 AMXS

SrA – LAMA, TENZING – 96 AS
SrA – SANCHEZAYALA, GUSTAVO – 934 MXS
SrA – ROACH, DANIEL – 934 SFS
SrA – TAYLOR, PEACHES – 934 ASTS
SrA – ABDI, MOHAMED – 934 ASTS
SrA – THAPA, LUJANA – 934 LRS

A1C – DEMING, ANDREW – 934 MXS
A1C – BIEDENBENDER, ABRAHAM – 934 ASTS

Amn – NGWA, AKONGNWI – 934 ASTS
Amn – EL AGHA, KARIM – 934 ASTS
Amn – KEOSAY, YOHAUM – 934 ASTS

NEWCOMERS

September

Maj – DAHLEN, JEFFREY – ASTS
Capt – HEIDEN, LINDSEY – AES
1 Lt – KEATON, HANNAH – OSS
1 Lt – SMITH, CHAYO – AW
TSgt – ANDLER, CORY – FSS
TSgt – PORTO, FLAVIO – ASTS
SSgt – KOBAL, CHARLES – CES
SSgt – PIONTEK, SETH – FSS
SrA – GILSON, CHRISTOPHER – CS
SrA – HIGGINS, LANA – AS
SrA – NYAKUNDI, INNOCENT – ASTS
SrA – STORKAMP, JACOB – MXS
A1C – VAN DEN OEVER, TYLER – CES
Amn – HUNTER, OLSON – CES

AWARDS

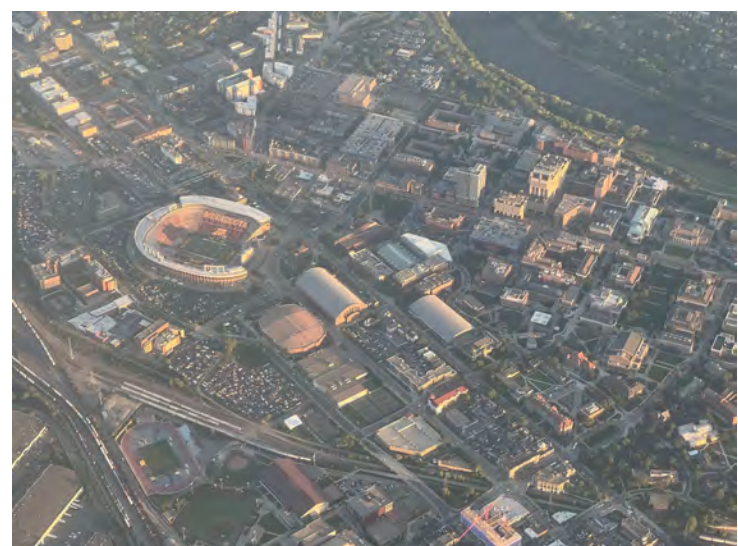
1st Quarter 2022 Winners

Amn: SrA Jasmine Jayasundara / ASTS
NCO: SSgt Brian Lucey / CE/EOD
SNCO: MSgt Tracee Lucey / OSS
CGO: 1Lt Sean Rudin
Civ Sup: Cory Scott / SFS
Civ Non-Sup: Edward O'Brian / OG

2021 Annual Award Winners

Congratulations to the 934th
Airman and Family Readiness
Office on being selected as the
AFRC 2021 Airman and Family
Readiness Office of the Year!

On 1 September 2022, several members of the wing participated in a flyover at the University of Minnesota's seasoning opening football game. During the flyover, members of the Patriot Parachute Team jumped out of one of our aircraft and landed in the stadium. During the 3rd quarter of the game, members present were recognized by the audience in attendance.



Additional Announcements

Spark Tank Nominations for 2023 are open and can be submitted on the GAIN platform

Spark Tank is for innovation ideas that can be fielded within 2 years and replicated at other locations. Please contact Captain James Eimers or TSgt Liela Brown if you wish to submit and they will assist you in refining and pitching your idea.

Link to submit ideas and see what other ideas are in work:

<https://gain.apps.dso.mil/daf/spark-tank-2023>

The 934 AW Quarterly Recognition Ceremony

-Saturday, 15 October @ 0900 in the SFS Auditorium. We will be recognizing 1st and 2nd quarter military winners

The Office of Personnel Management and the Interagency Veterans Advisory Council invite you to a webinar on



Interagency Veterans Advisory Council

STUDENT LOAN FORGIVENESS: THE PUBLIC SERVICE LOAN FORGIVENESS PROGRAM

WEBINAR

September 13 at 3pm-4pm Eastern

[Join the Virtual Meeting](#) or Dial (415) 527-5035
Access Code: 2761 267 9033
Passcode: 68926534

PRESENTER

Ashley Harrington
Senior Advisor to the Chief Operating Officer
Department of Education's
Office of Federal Student Aid



Did you know that the White House has launched an initiative to get as many public servants to take advantage of a unique opportunity to get their federal student loans **FORGIVEN**?

Now through October 31, it is easier than ever for federal student loan borrowers to receive forgiveness, or get credit toward forgiveness, under temporary changes made to the Public Service Loan Forgiveness (PSLF) program.

But, borrowers must apply by the deadline to get the benefit.

We want to ensure that public servants who have worked or currently work for the federal, state, local, or tribal government or a 501c3 organization are aware of the changes and are applying.

The White House is launching four PSLF Days of Action dedicated to borrowers in specific sectors. And we need your help to get the word out before the deadline.

Presented by **Federal Student Aid**
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

THC IS LEAGAL IN MINNESOTA!?

A new Minnesota law that took effect Friday July 8th 2022 allows people 21 and older to buy edibles and beverages that contain a limited amount of THC, the ingredient in marijuana that creates a high.

What does this mean for Service Members?

No matter where you are stationed, TDY/TAD or visit, possessing, distributing or using CBD or THC (recreational, medical or otherwise) is **prohibited by military regulation**. Violations may result in discharge from service and punishment under applicable codes (federal criminal code, UCMJ and/or State Codes of Military Justice).



What do Service Members need to know?

Products similar to those pictured will begin to appear in MN stores. When trying new products or purchasing anything, please **READ THE INGREDIENTS**. Most of the time there will be something on the front saying it has either CBD or THC but sometimes you must be thorough. CBD and THC are not FDA regulated meaning the amount of the product listed may not be completely true; there may be more than what is listed.



For additional information on prohibited ingredients, please visit www.opss.org or contact the 934 ASTS medical records room at 612-713-1676.

OPSS



934 ASTS Medical Records Room

(612) 713-1676

IAW DAFMAN 44-197, "the use of products containing or products derived from hemp, including but not limited to delta-8-tetrahydrocannabinol (delta-8-THC) and cannabidiol (CBD), is prohibited. This prohibition applies regardless of the route of administration, ingestion, or use."

If you have any questions please contact the 934 ASTS at 612-713-1676

For additional information on prohibited ingredients, please visit www.opss.org.

TAAT ALTERNATIVE CIGARETTES

There is a new cigarette alternative on the market that claims to be nicotine and tobacco free however, it contains 30mg of CBD and .2% THC.



These cigarettes are being given out as free samples at gas stations when you purchase a regular pack of cigarettes. They are advertised to look, smell, and taste like traditional tobacco cigarettes. **DO NOT** smoke these as they can cause you to test positive on a urinalysis.

When trying new products or purchasing anything, please **READ THE INGREDIENTS**. These products can trick you in many ways, but they must list that CBD and/or THC is in their product. Most of the time there will be something on the front saying it has either CBD or THC but sometimes you must be thorough. CBD and THC are not FDA regulated meaning the amount of the product listed may not be completely true; there may be more than what is listed.



Help Wanted

Do you have experience with graphic design? Would you like to have your work showcased on the nose of an Air Force aircraft? We are looking for someone willing to work with 934th Aircraft Maintenance Dedicated Crew Chiefs to help create new nose art for some of our Wing's C-130H3 aircraft. If you would like to help and have skills in creating artwork in Vector format and/or know your way around Illustrator or Photoshop, please contact 934th AMXS Production Superintendent SMSgt Josh Duenow at 713-1329.





15-16 OCT

934TH EOD
MINNEAPOLIS
ST. PAUL

\$50
registration

JOIN OUR TEAM

Prizes Available based on
Fundraising Goals
&
Team Members Goals

<https://give.classy.org/934th-Annual-EOD-Memorial-Workout>

Team Captain: Brain Lucey
brian.michael.lucey@gmail.com

**THE DIFFERENCE BETWEEN THE IMPOSSIBLE AND
THE POSSIBLE IS A PERSON'S DETERMINATION**

The EOD Warrior Foundation (EODWF) serves the EOD community by providing financial assistance and support to Active-Duty, Reserve and National Guard, Retired and Veteran EOD technicians and their families.

ANNUAL EOD 137 MEMORIAL WORKOUT

About the Campaign

This workout is designed to remember the 137 that have lost their lives while carrying out the EOD Mission since 9/11.

Who: All are welcome.

What: Memorial workout to honor fallen warriors.

Where: BLDG 750 (EOD Flight Gym)

When: October 15-16, 0700 till completed

Please feel free to join the 934th EOD Team or donate at:

<https://www.classy.org/team/433959>



Adaptive Thermogenesis

By Eric Neal, Wing Exercise Physiologist

We have spent the entire year discussing the topic of calories in vs calories out as a tool for effective weight loss. Now it is time to move to a new phase regarding what can happen following weight loss known as Adaptive Thermogenesis (AT).

AT is a term used to describe the grey area where losses in metabolic tissue cannot simply explain reduced energy expenditure. In studies by Rosenbaum and Leibel lean and obese subjects maintaining a drop of over 10% of total bodyweight results in a 20-25% decrease in Total Daily Energy Expenditure (TDEE) . How could this be possible? 85-90% of AT is due to decreased non-resting energy expenditure speculated to increased sympathetic drive and decreased thyroid activity.

The statistics for a classical study by Leibel on obese participants with 10% or greater weight loss resulted in 15% greater TDEE than expected. In contrast to diet used by Leibel, consisting of 15% protein, 45% carbohydrate, and 40% fat without exercise, another protocol by one of my professors at West Virginia University School of Medicine, Dr. Randy Bryner implemented a study of the same low calorie diet consisting of 800 calories that composed of 40% protein along with full-body resistance training three times per week increased resting metabolic rate after 12 weeks . Based on the evidence provided it would be a good idea to implement resistance exercise and add protein to the diet to offset some of the decreases in caloric expenditure due to AT.

Unfortunately based on 11 studies of literature examined, no evidence beyond the cost of body size and Thermic of Effect of Food were found . Overfeeding leads me to two other topics we will discuss next month, Body-fat Set Point Theory and the Reverse Diet.

1. Aragon et al. Journal of the International Society of Sports Nutrition (2017) 14:16 DOI 10.1186/s12970-017-0174-y
2. Aragon et al. Journal of the International Society of Sports Nutrition (2017) 14:16 DOI 10.1186/s12970-017-0174-y
3. Aragon et al. Journal of the International Society of Sports Nutrition (2017) 14:16 DOI 10.1186/s12970-017-0174-y

Military & Family Readiness Center

Director:

Kelly Wilkinson
612-713-1567

Office Hours:

M-F: 0900-1500

UTA's: Saturday: 1000-1530

Sunday: 1300-1530

****We have moved to Bldg. 729
Second floor, Room 202****

Out-Processing call 1567 to set up appointment

All separating, retiring, transferring

Bundles for Babies!

Are you a new parent?

Stop by the Airman & Family Readiness Center to
pick up a hand knit baby blanket and supplies!
Bldg. 729, Saturdays: 1300-1400

Are you looking for employment?

Visit or download:

934th Airlift Wing, AF Connect App

Select Employment Opportunities!

Multiple Companies hiring Military and Veterans

Are you retiring or separating in the near future?

Contact the M&FR Director for information on
Transition Assistance and Veterans Resources!



First Duty Station Financial Training, Block 1 of 2

Bldg. 801, Room 206

10 Sept, Saturday, 0900-1100

Block 2 of 2, Saturday, 15 Oct

****Required for all new enlistees,
recommended for anyone experiencing
financial hardships or wanting to gain
financial readiness education****

Home Sweet Home

SFS Building, CATM Classroom

11 September, Sunday, 1130-1230

Home Sweet Home is a 60-minute
interactive lesson. This lesson is designed to
increase the knowledge of first-time home
buyers on the home buying process and
financial considerations when deciding to
buy a home.

October UTA: Raising Financially Fit Kids

****All classes presented by Jay Brunkhorst****

Need Financial Help?

Contact the 934th Personal Financial
Counselor
FREE

Jay Brunkhorst, CFP®

Minneapolis St Paul ARS

Building 729 – Airman and Family Readiness

Personal Financial Counselor (PFC)

Cell Phone: 612.297.2826

E-mail: pfc.minneapolis.usafr@zeiders.com

Star-Spangled BABIES



New and Expectant Parents

Join Operation Homefront for a
Star-Spangled Babies event!

September 28th
5:00pm-7:30pm

10 West End, 1601 Utica Avenue South
St. Louis Park, MN 55416

(Eligible moms and moms-to-be between March 28, 2022-March 28, 2023)
In addition to the "goodies" the event will include door prizes, food, a panel of speakers and a way for
these moms to connect with other new or expectant moms in their community.

Register at MyOperationHomefront.org



VETS HELPING VETS!

MXG is leading the charge to paint the exterior of a disabled
Vets home in Savage MN Sept 14-16 in the afternoon/evening
and all day on the Sep 17-18. All supplies will be provided.
Free food and beverages for volunteers. You may volunteer for
one, some or all days. If you are interested, please contact
CMSgt. Greg Jacobson for further information and exact
home location.

work 612-713-1314 cell 612-619-8378 email

gregorv.jacobson.1@us.af.mil or

SMSgt Jay Wold

Work 612-713-1331 email joseph.wold.1@us.af.mil

Funding for this event is provided by the Combat Veterans Motorcycle Association (CVMA) and the
Friends of Veterans, Rosemount VFW.



JOIN OPERATION
HOMEFRONT FOR A
SCHOOL SUPPLY
DISTRIBUTION EVENT!

BACK-TO-SCHOOL BRIGADE

School Supplies available for Military Families

Military and Family Readiness Center
612-713-1516

Starting 8 September until supplies last
Building 807



Interested in Volunteering?

The Hennepin County Office of Multi Culture is
seeking volunteers for events coming up in the
near future.

It is the policy of the Minnesota Government Data
Practices Act for volunteers to register in the link
below (Library Adult Application) to ensure that
all those who volunteer for the county are
screened for safety measures.

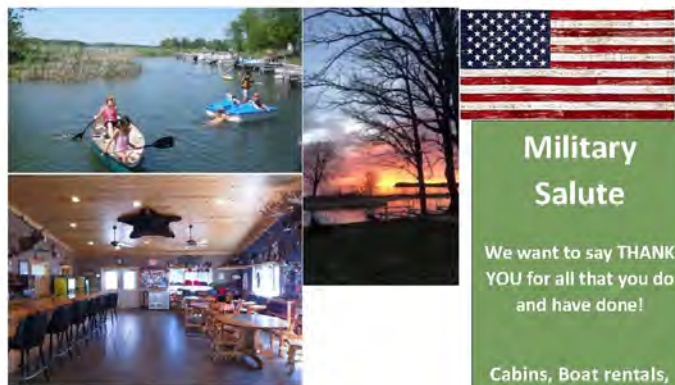
Members interested in volunteering can contact:
-Jason Roman
-Office of Multi-Cultural Services/Navigation and
Information Services
-Office Phone:612-348-2578/Mobile:763-647-8556
-Jason.Roman@hennepin.us

MyImpactPage - Library - Adult Application
(betterimpact.com)

Saturday, September 10th UTA KICKBALL @1630

Sign up by 1400
on Day of Event
Minimum 8
players per team

934 Fitness Center Bldg. 777 612.713.1496 POC SSgt Gause quinton.gause.1@us.af.mil



PIKEDALE LODGE

DATES THE OFFER IS VALID:

JUNE 18TH TO JUNE 25TH

AUGUST 27TH TO SEPTEMBER 3RD

SEPTEMBER 24TH TO OCTOBER 1ST

Pikedale Lodge offers many activities for the entire family, such as fishing, paddle boat, kayaking, swimming, horseshoes, or basketball. You can stop in our lodge to catch up on fishing reports, news, watch the game or for breakfast, lunch or dinner. While our location is secluded, the towns of Walker and Longville are close by for additional entertainment. Within a short distance are golf courses, hiking trails, bike paths, horseback riding, casino, shopping and much more.

PIKEDALE LODGE

7995 Partridge Point Drive NE Longville, MN 56655

218-836-2232 / tsmyers@pikedale.com

Military Salute

We want to say THANK YOU for all that you do and have done!

Cabins, Boat rentals, and Harbor slips

50% off

Don't miss out on a great family vacation!



BEAVER FIT™

Located in front of Outdoor Recreation Bldg. across from Fitness Center

- ♦ External bars may be used at any time.
- ♦ For access to the internal equipment, users will be required to sign out the key at the Fitness Center during normal operating hours: M-F 0700-1500.
- ♦ When user is finished, it is mandatory that equipment used is placed in it's designated space.
- ♦ Those who fail to comply with these rules will be revoked of their privileges.



For more information, contact the Fitness Center at (612)713-1496





934TH AIRLIFT WING STRATEGIC PRIORITIES

THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES.

Apr. 2021

MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL
AIRLIFT AND COMBAT SUPPORT

VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

PRIORITIZE TRAINING

✈️ FOCUS ON AFSC
TRAINING &
COMBAT
SKILLS
TRAINING

✈️ PROVIDE
PROFESSIONAL
DEVELOPMENT &
EDUCATION
OPPORTUNITIES

✈️ DEVELOP
WING-WIDE
SPONSORSHIP
PROGRAM

1

MODERNIZE & REFORM

✈️ ADDRESS LOCAL
UNIT MANPOWER
PROCESS

✈️ DEVELOP UNIT
MISSION BRIEFS

✈️ MAXIMIZE WING
STORAGE & SPACE

✈️ STREAMLINE UNIT
ADMINISTRATIVE
PROCESS

2

PREPARE FOR FUTURE COMBAT

✈️ ALIGN TRAINING
REQUIREMENTS FOR
FUTURE
CONFLICTS

✈️ PROVIDED
OPPORTUNITIES
TO EXERCISE FOR
TOMORROW'S FIGHT

✈️ ALIGN ALL MASTER
TRAINING PLANS

3

TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS
BE PROFICIENT IN YOUR SKILLS
BE DEPLOYABLE IN YOUR MISSION SET
BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



DEPARTMENT OF THE AIR FORCE
AIR FORCE RESERVE COMMAND

1 May 2022

MEMORANDUM FOR ALL 934TH AIRLIFT WING PERSONNEL

FROM: 934 AW/CC

SUBJECT: FY23 UTA Schedule, 934th Airlift Wing

1. In accordance with AFMAN 36-2136, the FY23 Unit Training Assembly schedule for all assigned units of the 934 AW is provided below. Any rescheduled UTAs will provide the same type and quality of training as the originally scheduled UTA.

<u>MONTH</u>	<u>PRIMARY</u>	<u>ALTERNATE</u>
Oct-22	15-16	1-2
Nov-22	5-6	19-20
Dec-22	3-4	17-18
Jan-23	7-8	21-22
Feb-23	2-5*	NA
Mar-23	4-5	18-19
Apr-23	1-2	22-23
May-23	6-7	20-21
Jun-23	3-4	24-25
Jul-23	N/A	15-16
Aug-23	5-6	19-20
Sep-23	9-10	23-24

2. Please contact SMSgt Danielle Carcieri at DSN 783-1501, with any questions regarding this schedule.

LAY.CHRISTOPHE
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CHRISTOPHER T. LAY, Colonel, USAF
Commander