

# Global Viking Flyer October 2021



We are currently operating in HPCON BRAVOPLUS -  
See page 13 for additional details

---

In an effort to provide you with information regarding the mandatory COVID vaccination and what it means to request exemption, we will be hosting 5 vaccination briefing sessions on Saturday, 2 Oct. in the SFS Auditorium.

If you have not received your vaccination, this is a mandatory session for you. You will have the opportunity to ask questions from our panel of experts and address your concerns.

- 0800-0900 - APS, AES, AW Staff
  - 0930-1030 - ASTS, AMXS
  - 1100-1200 - CES, CS, FSS
  - 1230-1330 - LRS, MXG Staff, MXS
  - 1400-1500 - SFS, OSS, AS, MSG Staff
- 

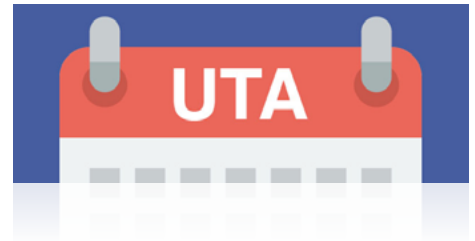
Have you wondered how the various AFSC's fit together to make up the overall mission?

Join the Chiefs for a Global Vikings AFSC Tour 2021 Saturday, 6 Nov from 1000 - 1300. Additional details can be found on page 11 below.

To sign up, see any Chief on base or visit:

<https://www.signupgenius.com/go/10C0F4EADAC23ABF8C34-chiefs>

## Inside this issue:



# 411

## External Links:

COVID-19 Information  
Prevention Connection  
CAT Brochure

## Fiscal Year 2022 UTA Schedule

October 2021	2-3	16-17
November 2021	6-7	20-21
December 2021	4-5	18-19
January 2022	8-9	22-23
February 2022	5-6	12-13
March 2022	5-6	19-20
April 2022	2-3	23-24
May 2022	7-8	21-22
June 2022	4-5	18-19
July 2022	9-10	N/A
August 2022	6-7	20-21
September 2022	10-11	24-25

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

## TA 101 BRIEF

For the October UTA only, the Tuition Assistance Briefing that is normally held on Saturdays has been move to Sunday @ 1400 in the same location (Building 852, Room 215). If you have any questions or concerns, please email the Force Development Office at  
[934.base.training@us.af.mil](mailto:934.base.training@us.af.mil)

Held in Building 852 Rm 215. No registration required.  
Contact the Force Development Office for more information at 612-713-1600  
or [934.base.training@us.af.mil](mailto:934.base.training@us.af.mil)

*\*Attendance Mandatory Prior to using Tuition Assistance*

## Customer Service Hours:

### Testing hours:

Fridays testing will be @ 0800  
Saturday of the UTA testing will be @ 0800

\*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

### Finance Customer Service hours:

1. FM customer service will be provided from 0700-1100 and 1200-1600 on Saturdays for the remaining FY 21 UTAs. Customer service will be provided from 1130-1530 on Sundays of the UTAs. Sundays 0700-1130 will be closed for unit training (white space).
2. Org boxes for MilPay and Travel Pay are:
  - a. [934AW.FM.MILITARY\\_PAY@US.AF.MIL](mailto:934AW.FM.MILITARY_PAY@US.AF.MIL)
  - b. [934AW.FM.TRAVEL\\_PAY@US.AF.MIL](mailto:934AW.FM.TRAVEL_PAY@US.AF.MIL)
3. POCs for MilPay and Travel Pay customer service inquiries for the remaining FY 21 UTAs are David Cox at 612-713-1411 and Tami Nelson AT 612-713-1404.

### MPF & ID Section hours:

Primary UTA only  
Sat 0800-1100 & 1200-1500  
Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: <https://idco.dmdc.osd.mil/idco/#/>

PIN resets/CAC Unblocks will be "Walk-Ins".

### DFAC Food hours:

Breakfast 0600-0700  
Lunch 1100-1230

### AAFES Shoppette Customer Service hours:

0900-1500 on Sat & Sun of the UTAs

### Royal Hot Plate hours:

0700-1400 on Sat & Sun of the UTAs

### Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

## The AFI Explorer App is Available

AFI Explorer for iOS and Android allows you to browse and search updated Air Force Instruction publications quickly and efficiently.

Use the advanced search function to find the specific AFI you are looking for. Favorite your most frequently referenced publications and manuals.

By syncing with the e-publishing website for the latest version of each publication, AFI Explorer provides the most recent guidance updates as soon as they become available. This application currently provides access to all departmental publications for the Air Force and to all publicly releasable MAJCOM supplements.

As I continue to update the application with additional features, please use the built-in feedback option in the app to share your thoughts, suggestions, and concerns

You can also email me at: w\_walker@icloud.com

Built in partnership with William Walker

[Android Download Link](#)

[iOS Download Link](#)

## **Military Ball 2022**

Do you love planning events?

Are you great with advertisements?

Do you have skills in photography or videography?

Are you a musician?

Then we need you!

Join the Military Ball Committee and let your talents shine. Meetings are held Saturday of each UTA 0900-1000 in the Wing Training Room.

### **Airman & Family Readiness Center**

#### **Director:**

Kelly Wilkinson  
612-713-1567

#### **Office Hours:**

M-F: 0900-1500  
UTA's: 0900-1500

**\*\*HOT\*\***

**\*\*FREE\*\***

**Back Packs & School  
Supplies Available  
August UTA!!!  
(Bags Provided)**

**Sat & Sun at the CAC  
0600-0730, 1030-1300**

**Building 728, Door D  
Sat & Sun, 1400-1530  
10-12 Aug, 0930-1130**

**\*\*FREE\*\***

**Bauer Youth  
Athletic Wear**

**Building 728, Door D  
Sat & Sun, 1400-1530  
10-12 Aug, 0930-1130**



#### **Save the Date!**

A&FRC Center Open House

3 October 2021, 1100-1400

Hot Apple Cider, Treats and More!!!

#### **Are you facing a financial hardship?**

Contact the A&FRC for assistance.

FREE Meal Kits & Grants Available!

#### **Thrift Savings Plan**

Sunday Aug 8, 2021

SFS Classroom

Duration: 1200-1300

Attendance: All are welcome to attend, no sign up needed.

Our 934 AW Personal Financial Counselor, Mr. Jay Brunkhorst, will be briefing on how to make your Thrift Savings Plan (TSP) work for you.

Middle River Veterans Outdoors is organized for the sole purpose of providing no cost outdoor recreation opportunities for any and all veterans. <http://mrveteransoutdoors.com/>. To participate in one of Middle River Veterans Outdoors events all you need is the appropriate fishing or hunting license, seasonal outdoor clothing and the desire to have a great time in the company of other veterans. Food, ammunition, bait, blinds and other supplies are furnished. They also have guns and fishing gear for those that need them.

- September, 11 2021 - Youth Waterfowl Hunt - 20 Spots Available

- September, 18 2021 - Disabled Veterans Goose Hunt - 20 Spots Available - Proudly sponsored by "MN Disabled American Veterans Chapter 7"

- October 14th-17th, 2021 - Deer Hunting - 10 Spots Available - Proudly sponsored by "MN Disabled American Veterans Chapter 41"

- November, 2021 TBA - Pheasant Hunting in South Dakota

To be considered for any of these events please complete and return the application at least 20 days prior to the event. You can find an application at <http://mrveteransoutdoors.com/wp-content/uploads/2017/04/Event-Application-1.pdf>

\*\*\*Call (218) 686-0889 or email [mrvetsod@wiktel.com](mailto:mrvetsod@wiktel.com) if you have any questions.\*\*\*

## **Important Forms:**

Air Force Physical Fitness Screening Questionnaire (FSQ) available [here](#).

## **934th AW SQ Mission Videos are live!**

Would you like to know more about other units within the 934th Airlift Wing?

Check out the AMXS Mission Video [here!](#)

Check out the 27APS Mission Video [here!](#)

Check out the CES Mission Video [here!](#)

Check out the MXS Mission Video [here!](#)

\*Links work off-network

## **Scholarship Resources Megalink!**

Are you or a family member going back to school?

[Click here](#) to check out this amazing list of scholarship opportunities for active duty, reservists and veterans!

## **Community Resources Megalink!**

Looking for military resources in your community?

[Click here](#) to check out this amazing list of resources for active duty, reservists and veterans!

# Going...Going...GIAD

By Maj. William-Joseph Mojica

**MINNEAPOLIS-ST PAUL AIR RESERVE STATION, Minn.** -- Several members of the 934th Airlift Wing participated in the 7th annual Girls in Aviation Day event hosted by Women in Aviation International at the Jet Linx & Flying Cloud Airport in Eden Prairie, Minn., Sept. 25.

After the 2020 event was cancelled due to the COVID-19 pandemic, participating in this year's event was something the wing's Reserve Citizen Airmen looked forward to.

"This was my third year participating in the event and my first year organizing volunteers on behalf of our wing," said Master Sgt. Robert Lee, 934th Logistics Readiness Squadron acting first sergeant and this year's military contingent point of contact. "Having the opportunity to get other units involved presented a few challenges with COVID, but the benefits of being able to bring our members and have Air Force Reserve representation was great. I really want to increase our wing's involvement moving forward for many reasons including increasing our diversity and inclusion with future Airmen and professionals."

Girls in Aviation day is a free event for youth to learn about career opportunities in aviation and Science, Technology, Engineering, and Math according to a KSMP interview held with Stephanie Goetz, vice president of women in aviation Stars of the North.

"The reason we put this on is because we want to introduce more girls to aviation as a career, a hobby, a love, or an adventure," said Goetz. "The thing about why this is so important is that roughly only 6% of pilots are female [and] we want to increase that number. It creates a diversity of thought [and] a diversity of perspective."

In addition to traditional careers people think of with aviation, the 934th Aeromedical Evacuation Squadron also had flight nurses available to speak to their role as medical aviators.

"I was honored to represent the AE community and share how we help our fellow service men and women, and their families all over the world," said 1st Lt. Myra Costello, 934 AES flight nurse. "I was thrilled with the response that we received from the children and their families. As a first time participant it was also great to talk to other women in aviation and see the pursuit that have been made over the years."

Girls in aviation day is aimed at encouraging female participation in STEM and aviation related careers. Although the event is geared for girls ages 8-17, everyone is welcome to attend.

"It's a fun event and watching the kids' faces when answering their questions and seeing their inquisitiveness was incredible," Lee mentioned.

According to their website, "Since 1990, Women in Aviation International (WAI) has been dedicated to the encouragement and advancement of women in all aviation career fields and interests. Forming in 2014, Stars of the North became the 97th chapter of WAI, located in Minneapolis, Minnesota."

"This is an opportunity for them to say 'I can do this, why not me,'" Goetz said.



## Girls In Aviation Day 2021 - 25 September 2021



# 2021 Enlisted Promotions

## October

SMSgt – SCHROEDER, JEREMY – 934 MXS  
SMSgt – HAGER, STEVEN – 934 CES

MSgt – JOHNSON, MICHAEL – 934 FSS  
MSgt – JUAN, ROGELIO – 934 ASTS

TSgt – ALEXANDER, CORY – 934 MXS  
TSgt – GRATES, MATTHEW – 934 LRS  
TSgt – JOSEPH, BIANCA – 934 FSS  
TSgt – LUNDBORG, MADISON – 934 FSS  
TSgt – RILEY, URIAH – 934 OSS  
TSgt – VANG, GARY – 934 ASTS  
TSgt – WEISS, MATTHEW – 934 SFS  
TSgt – WESTFALL, ZACHARY – 934 LRS

SSgt – FORTMAN, SAMANTHA – 934 AES  
SSgt – LINDEBERG, JODI – 934 ASTS  
SSgt – MILES, TRISTEN – 934 CES  
SSgt – PERRAULT, MICHAEL – 934 MXS  
SSgt – PRZYBYLSKI, JOSHUA – 934 SFS  
SSgt – ZALAVARRIA, KARLA – 934 AW

SrA – CASTILLO, TONATHIU – 934 CS  
SrA – GUENTHER, TYLER – 934 LRS  
SrA – JACKSON, NAKHEERA – 934 OSS  
SrA – KLEINSCHMIDT, ALEX – 934 SFS  
SrA – OLADEINDE, AYODEJI – 934 MXS  
SrA – RIES, ABIGAIL – 934 FSS

A1C – KARNQUEE, KELVIN – 934 LRS

Amn – CARNEY, PIERCE – 934 AMXS  
Amn – MAKANA, JOSHUA – 934 AW

## Welcome Newcomers!

### October

CAPT WIPF, SARA – ASTS  
2LT MYERS, RILEY – AS  
2LT SCHMIT, MARK – AES  
SSGT BOLEN, JOSHUA – MXG  
SSGT BURZYNSKI, ANDREW – MXS  
SSGT CONNELLY, CHRISTOPHER – ASTS  
SSGT PAULUS, ANGELA – APS  
SSGT PETERSON, TYLER – APS  
SSGT REED, CODY – AMXS  
SSGT SCHUETTE, ZACKERY – SFS  
SSGT TWOHIG, GRACE – OSS  
SRA CZYZ, RYAN – CES  
SRA EMERSON-BROWN, ALEXANDRIA – SFS  
SRA FLIPPO, PATRICK – CES  
SRA RANSEEN, KIM – AW-FM  
SRA ZALAVARRIA, KARLA – AW-FM  
A1C FLUETTE, ERNEST – CES  
A1C HUNTLEY, JOHN – SFS  
A1C SCHRODER, DESTIN – MXS  
AMN SMITH, JAQUAYA – LRS  
AMN TILLERY, AVERY – SFS

## Award Winners!

### 1st Quarter Winners

AMN: SrA Zachary Glanz AS  
NCO: TSgt Hayden Lundborg CS  
SNCO: SMSgt Chantell Haider AMXS  
CGO: Capt Daniel Tate AS  
Innovation: COVID POD Team ASTS

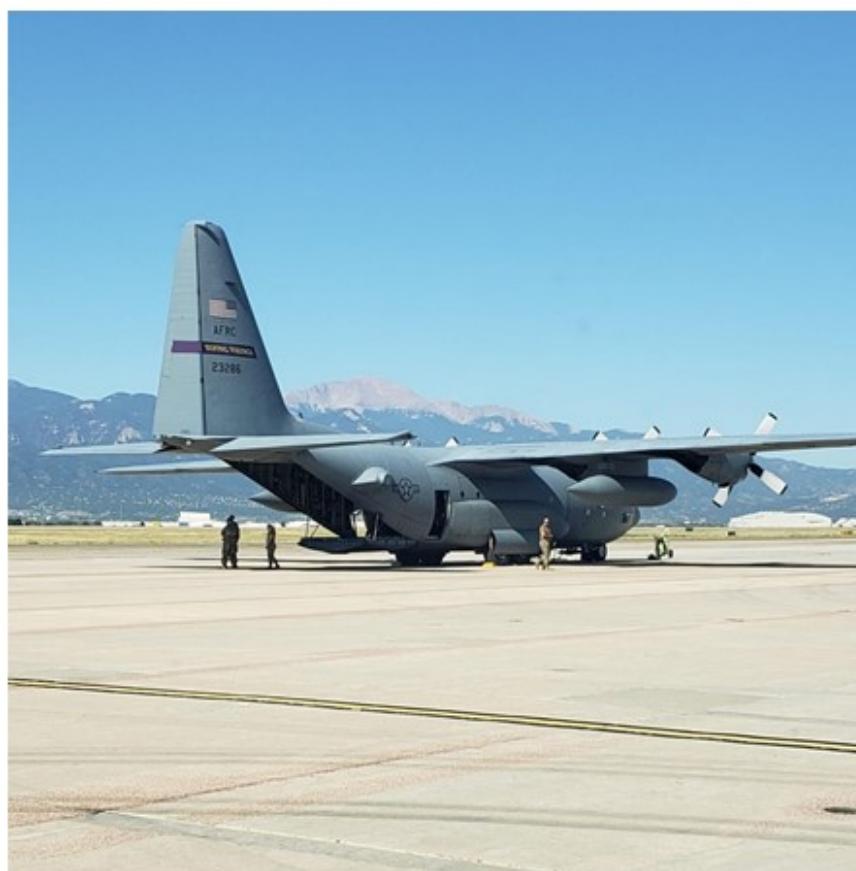
### FEB Civilian Servant of the Year Awards

Customer Service: Tiffany Logan MXG  
Excellence Beyond Expectations: Kirsten O'Brien ASTS  
Unsung Hero: Bradley Mortenson ASTS  
Leadership: Jonathan Polos ASTS  
Innovation: Brent Voss MXS





Congratulations to SrA  
Laura Sachwicz for being  
recognized by the 22  
AF/CCC for outstanding  
contributions during Rally  
in the Rockies



## **New Health Promotion Courses**

By Eric Neal, Wing Exercise Physiologist

Do you struggle with weight management? If you do, I understand your pain. My struggle with weight management is the reason I obtained degrees in Exercise Physiology and Human Nutrition and Foods.

I have developed 6 videos and provided a library of information to assist you with your goals for a healthier life at <https://afrc.eim.us.af.mil/sites/934aw/934AWG/Fitness/SitePages/Home.aspx> or by visiting Air Force Connect App with 934 AW as your favorites within the Fitness Folder.

The videos Exercise 101, Nutrition 101, Sleep Optimization, and the trilogy of videos for Advanced Nutrition & Exercise 601: Calories In, Calories Out; Diets; and Exercise, Sleep, Hormones, and Homeostasis

can be found within Multimedia or Fitness Folders of 934 AW on Air Force Connect App.

The app also provides a library of information to include workouts, diets, and research articles. In addition a handout for overhead squat assessment is provided that can be used as a virtual tool to send me for Functional Movement Screening with follow up on spreadsheets that are also provided to improve muscle imbalances.

To take advantage of a functional movement screening or if you have any questions in regards to any of the videos, please contact eric.neal.4@us.af.mil

Cardiovascular intervention is now available at <https://eric-s-be-well.thinkific.com/courses/cardiovascular-intervention> and more courses will be added in the future.

## **Exercise of the Month**

### ***Rockport 1 Mile Walk***

By Eric Neil

Many of you are aware the Air Force expects to be offering options on what they will be performing for cardiovascular endurance and muscular endurance at some point in time next year. The cardiovascular options that were determined as options are the 1.5 Mile Run, 20 meter High Aerobic Multi-shuttle Run (HAMR), and Rockport 1 Mile Walk.

I would recommend testing out each option to see how many points you would score before making a decision on which option you would choose. I have done this myself at different points in time over the past couple of years. At the time I tested the 1.5 mile run vs 20 meter HAMR, my HAMR score equivalent time was 42 seconds faster than my 1.5 Mile Run. I recently performed two 1 Mile Rockport Walks to compare against 1.5 Mile Run and found while walking at a brisk speed, but not my fastest my estimated VO2 max was about the same between the 1 Mile Rockport Walk and 1.5 Mile Run, but when I walked as fast as I possibly could with a slight forward lean and a lot of arm swing my estimated VO2 for 1 Mile Rockport Walk surpassed my estimated VO2 for 1.5 Mile Run by 4.75 ml/kg/min.

Based on my experience, I learned I score better on the Rockport 1 Mile Walk Test when walking as fast as I can compared to the other options. This might not be the case for everyone and that is why should test it out in advance to see what is best for you. The 1 Rockport 1 Mile Walk Test is based on a formula that uses gender, age, weight, heart rate, and time. Time is the biggest factor in this formula as I learned from my experimentation. To plug in values, do a search for Rockport 1 Mile Walk Test Calculator and choose the calculatorpro.com site to see where you stand. You will also need a heart rate monitor and the heart rate you will plug in to the formula is heart rate displayed at end of 1 Mile Walk. Once you have all the tools you need, start practicing with the correct form ensuring one foot is on the ground at all times and see if your VO2 max is higher on Rockport 1 Mile Walk Test or 1.5 Mile Run.

#### ***Tips I recommend and Key Takeaways***

1. Avoid stimulants such as caffeine and nicotine as a higher heart rate has a negative impact on your score.
2. Lean slightly forward walking as fast as you can with a lot of arm swing.
3. Although heart rate is important for a better score, focus harder on your time as speed has a greater impact on your score.
4. Maintain a healthy weight as it is part of the equation for VO2 max calculation.
5. Preparation for Rockport 1 Mile Walk might be much easier on your body and a preferred choice.
6. You might have a lot of grit and have the ability to run a faster time than your estimated equivalent VO2 max from Rockport 1 Mile Walk.

## **934th Development Team News:**

934 Airlift Wing now has a Development Team that will be coordinating numerous types of learning opportunities.

If you want to lead a discussion or if there is something you are interested in learning please contact:

MSgt Daphnee Powellbills - [daphnee.powellbills@us.af.mil](mailto:daphnee.powellbills@us.af.mil)

SSgt Mathew Chalupa - [mathew.chalupa@us.af.mil](mailto:mathew.chalupa@us.af.mil)

SSgt Phillip Hanson - [phillip.hanson.3@us.af.mil](mailto:phillip.hanson.3@us.af.mil)

SSgt Casey Lindsey - [casey.lindsey.1@us.af.mil](mailto:casey.lindsey.1@us.af.mil)

## **A Message from Rita Shedd, DPH**

Rita Shedd, LICSW, Director of Psychological Health

Office Phone: 612-713-1224

Air Force Cell Phone: 612-919-2683

Email: [rita.shedd@us.af.mil](mailto:rita.shedd@us.af.mil)

Rita is available full time and all UTA days, to provide individual confidential counseling, stress management and referral for all Airmen and their spouses. Rita provides crisis intervention, command consultation and training for all psychological health issues. [DPH Overview Video](#)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Hours of Operation</b> <b>Monday to Friday</b> Lunch 1100-1300 Holidays Closed			<b>UTA WEEKEND BAR &amp; GRILL IS OPEN!!!</b> October 1 & 2 1530-2100		<b>1</b> BAKED FISH BAR & GRILL	<b>2</b> <b>ZOMBIE CANNIBAL ASYLUM</b> BAR & GRILL MURDER MYSTERY
<b>3</b> UTA	<b>4</b> MEATLOAF	<b>5</b> SALISBURY STEAK	<b>6</b> CREAMY CAJUN MAC AND CHEESE	<b>7</b> CHICKEN KIEV	<b>8</b> FRIED FISH	<b>9</b> CLOSED
<b>10</b> CLOSED	<b>11</b> CLOSED	<b>12</b> BEEF STROGANOFF	<b>13</b> CHICKEN KATSU	<b>14</b> GRILLED HAM STEAK	<b>15</b> BAKED FISH	<b>16</b> CLOSED
<b>17</b> CLOSED	<b>18</b> CAJUN ROAST PORK LOIN	<b>19</b> BBQ BRISKET	<b>20</b> GARLIC BROWN SUGAR CHICKEN THIGHS	<b>21</b> TACO SALAD	<b>22</b> FRIED FISH	<b>23</b> CLOSED
<b>24</b> CLOSED	<b>25</b> SWISS STEAK	<b>26</b> ORIENTAL SPECIAL BEEF BULGOGI	<b>27</b> WHITE CHEESE CHICKEN LASAGNA	<b>28</b> BBQ RIBS	<b>29</b> BAKED FISH	<b>30</b> CLOSED
<b>31</b> <b>BOO</b> Happy Halloween	Check Out Our <b>Lunch Menu</b> On-line @ <a href="http://934thservices.com/services-club">http://934thservices.com/services-club</a> All Items Available To Go! Ask For Details or Call Ahead!					<b>JOIN US SATURDAY, OCTOBER 2, 2021 @ 1700</b> <b>MURDER MYSTERY and SCAVENGER HUNT</b> SIGN UP with Junaelyn Lowry 612-713-1660 or email <a href="mailto:junaelyn.lowry@us.af.mil">junaelyn.lowry@us.af.mil</a>
					<b>ZOMBIE CANNIBAL ASYLUM</b> MURDER MYSTERY	

If you are on Title 10 or Title 32 orders, your kids may be eligible for a \$300 grant for extracurricular activities such as swimming, dance, hockey, etc. See below for more information.

Our Military Kids, Inc. (OMK) is a non-profit organization that supports military children (ages 3 - 18) by funding sports, arts, and other extracurricular activities while a parent is deployed overseas with the

National Guard (or Reserve) or recovering from severe injuries sustained in a post-9/11 overseas mission. Participation in these activities helps military children cope with stress and build self-confidence during an

otherwise difficult time in their lives. In coordination with NGB-J1, effective 27 July 2021, Our Military Kids, Inc, has expanded National Guard and Reserve eligibility for activity grants to Title 10 and Title 32

deployments/activations, made the required active duty time for eligibility cumulative within the prior 12 month period, and increased maximum grants awards under their Severely Injured Program. AGR orders, and Title 10/Title 32 orders for active duty training or inactive duty for training (schools, drill, annual training, etc.) are not eligible. See the press release here - <https://www.ourmilitarykids.org/community2021/>

## DEPLOYED AND MOBILIZED NATIONAL GUARD OR RESERVE PROGRAM

OMK is now accepting applications for children of stateside activated National Guard or Reserve service members with Title 10 and/or Title 32 orders. This does not include AGR assignments or active or inactive duty for training.

For overseas or stateside missions of 90-179 days (cumulative within 12 months), each child (ages 3-18) is eligible for ONE (1) grant up to \$300 for one extracurricular activity.

For overseas or stateside missions of 180+ days (cumulative within 12 months), each child (ages 3-18) is eligible for TWO (2) grants up to \$300 each for the same or different activities. Each grant requires a separate application.

## SEVERELY INJURED PROGRAM

Children of severely injured service members and Veterans in treatment are eligible to apply for a \$300 activity grant every six months for a maximum of FIVE (5) grants per eligible child, which includes one FLEX grant that may be used at any point during the military parent's recovery. Each grant may be used for the same or different activities.

For more information, please visit [www.ourmilitarykids.org](http://www.ourmilitarykids.org) or contact Michelle Criqui at [mccriqui@ourmilitarykids.org](mailto:mccriqui@ourmilitarykids.org)

## Lodging During UTA Weekends

DISCUSSION: Unit POCs will need to ensure we have Automated Lodging Reservation System (ALRS) compliance by all 934th members that require lodging while performing Military Duty. Effective immediately North Country Lodging staff are no longer allowed to make any off base lodging reservations. All calls to schedule or cancel lodging rooms on or off base will be referred to use the ALRS phone line or APP. There should not be any scheduling calls to the lodging front desk as the member will just be referred to use ALRS. Those members who fail to make their lodging reservations in time will be essentially on their own to find lodging for the UTA at their own expense. Lodging reservations can be made three months in advance. All UTA lodging reservations must be made via ALRS (use the App for IDT status only and the phone numbers for mixed statuses) NLT 2200 the Sunday prior to the primary or alternate UTA. All cancellations are the responsibility of the member, and if they do not cancel they are responsible for all charges incurred. See below for some of the language that is in the approved 934th Airlift Wing Instruction dated 6 August 2019. The POC for UTA lodging related issues will be SMSgt Joshua Jarchow.

1.4. Lodging reservations are required to be made no later than 2200 hours the Sunday before each Unit Training Assembly (UTA). If the reservist has not made lodging reservations by that time/day, they will not get lodging provided at government expense. Extenuating circumstances will be reviewed on a case-by-case basis by 934 AW/FMC and 934th Force Support Squadron (FSS) Sustainment Services Flight Chief. Any specific questions regarding entitlements associated with the local commuting area should be referred to 934 AW/FMC.

2. Responsibility. It is each member's responsibility to make and cancel reservations using ALRS

2.3. Reservist will: 2.3.1. Contact their unit lodging monitor requesting approval for lodging (initial time only). If approved, reservist will make, change and cancel all lodging reservations using ALRS by calling (612)713-5631/5632/5633/5634 or 800-872-3235 and follow instructions.

2.3.3. Know the status they will be in prior to making the reservation.

2.3.3.1. Inactive Duty for Training (IDT): 934 AW will pay lodging cost. This consists of presenting an AF Form 40A, Record of Individual Inactive Duty, when performing a rescheduled UTA/Readiness Management Period (RMP) or a 934 AW Form 2, AFTP/AGTP Lodging Certification when performing Additional Flying Training Period (AFTP) or Additional Ground Training Period (AGTP). For RMPs, AFTPs and AGTPs, the reservist is authorized lodging only if their report/release time requires them to travel between 2400-0600 hours

2.3.3.2. Active Duty for Training (ADT): Reservist on orders will pay and be reimbursed via a travel voucher.

4. Off-Base Quarters. Reservists lodged in off-base quarters will: 4.1. Be directed to off-base lodging by ALRS when making their reservation if on-base lodging is full. Reservists may go directly to the commercial hotel. Coming to base lodging is not required for either arriving or departing.

4.2. Present military ID card at check-in. 4.3. Be lodged one person per room. 4.4. Present payment for any deposits required by the hotel. A credit card is required to cover any miscellaneous costs incurred by the reservist (i.e. movie rental, room service, etc.) 4.5. Checkout and return key to hotel desk by posted hotel checkout time. Sign all forms at the hotel desk. Untimely checkout may incur additional expenses paid at time of checkout.

5. Walk-In Policy. Per AFI 34-135, Air Force Lodging Program, reservists are required to make advanced reservations. Reservists who walk-in without making reservations may still utilize government quarters, however, the unit of assignment will not pay for lodging of reservists who fail to comply with this directive. (EXCEPTIONS: New recruits, reservists returning from long deployments, etc.) It is the unit lodging monitor's responsibility to ensure that all reservists are aware of and in compliance with this policy.

## Adopt-a-Vet Holiday Program 2021



For 13 Years the 934<sup>th</sup> Airlift Wing has been Adopting-A-Vet for the Holiday.

Do your part, sign-up today by e-mailing: [rick.pelzl.1@us.af.mil](mailto:rick.pelzl.1@us.af.mil), as we need your support for these 120+ Vets (**Sign-up NLT 15 Oct 2021**)

Once you sign-up, you will get your Vets information the first week in November. All you have to do is purchase the gift, wrap it, get a card and drop it off at the 934 FSS, bldg. 852, room 205.

For more Information contact Rick Pelzl at [rick.pelzl.1@us.af.mil](mailto:rick.pelzl.1@us.af.mil).



Let's again take care of these VETS as  
they fought for our Freedom in the Past!

## Global Vikings AFSC Tour 2021



Have you wondered how the various AFSC's fit together to make up the overall mission?

This consists of a base tour that will include the Mission Support Group, Maintenance and Operations Groups and their various squadrons.

This is a great opportunity to meet other Airmen from around the base, build connections and learn about the mission.

**WHEN: Saturday, November 6, 2021**

**TIME: 1000 - 1300**

**STARTING POINT: Wing Head Quarters | Building 760**

**OPEN TO ALL RANKS**  
**Lunch will be provided**

**SIGN UP OPTIONS:**

<https://www.signupgenius.com/go/10C0F4EADAC23ABF8C34-chiefs>

• Find any Chief on base to signup

**\*NOTE: Prior to signup ensure you have supervisor approval**



**OPEN TO ALL CURRENTLY SERVING  
MILITARY & THEIR FAMILIES**

**WHILE SUPPLIES LAST!**

*Holiday*  
**MEALS FROM  
THE HEART  
FOOD BOXES**

**FOOD BOXES ARE AVAILABLE TO ANY RANK AND THERE  
ARE NO FINANCIAL RESTRICTIONS**

**TO REGISTER POINT YOUR SMART PHONE CAMERA AT  
THE BELOW QR CODE**



**Soldier & Family Readiness Specialist (888) 234-1274  
Airman & Family Readiness Program Managers (612) 669-3642  
Reserve Family Support Assistants (612) 467-7708**

*Boxes can be picked up at multiple locations or mailed to individuals*



**MURDER MYSTERY**

**2 OCTOBER 2021 @ 1700 HRS  
AT THE COMMUNITY  
ACTIVITY CENTER**

**SIGN-UP NOW**

**\$10 PER PERSON ~ INCLUDES  
PIZZA, DRINKS (NON-ALCOHOL)  
AND MURDER MYSTERY**

For more information contact

Rick Pelzl at 612.713.1119 , [rick.pelzl.1@us.af.mil](mailto:rick.pelzl.1@us.af.mil) (M-F) or  
MSgt Crystal Rose Heinz at 612.713.1660, [crystalrose.heinz@us.af.mil](mailto:crystalrose.heinz@us.af.mil) (UTAs)

AIR FORCE SERVICES ACTIVITY



RECHARGE FOR RESILIENCY



MINN-ST. PAUL AIR RESERVE STATION





# 934TH AIRLIFT WING STRATEGIC PRIORITIES

THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES.

Apr. 2021

## MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL  
AIRLIFT AND COMBAT SUPPORT

## VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

### PRIORITIZE TRAINING

✈️ FOCUS ON AFSC  
TRAINING &  
COMBAT  
SKILLS  
TRAINING

✈️ PROVIDE  
PROFESSIONAL  
DEVELOPMENT &  
EDUCATION  
OPPORTUNITIES

✈️ DEVELOP  
WING-WIDE  
SPONSORSHIP  
PROGRAM

1

### MODERNIZE & REFORM

✈️ ADDRESS LOCAL  
UNIT MANPOWER  
PROCESS

✈️ DEVELOP UNIT  
MISSION BRIEFS

✈️ MAXIMIZE WING  
STORAGE & SPACE

✈️ STREAMLINE UNIT  
ADMINISTRATIVE  
PROCESS

2

### PREPARE FOR FUTURE COMBAT

✈️ ALIGN TRAINING  
REQUIREMENTS FOR  
FUTURE  
CONFLICTS

✈️ PROVIDED  
OPPORTUNITIES  
TO EXERCISE FOR  
TOMORROW'S FIGHT

✈️ ALIGN ALL MASTER  
TRAINING PLANS

3

## TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS  
BE PROFICIENT IN YOUR SKILLS  
BE DEPLOYABLE IN YOUR MISSION SET  
BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



DEPARTMENT OF THE AIR FORCE  
AIR FORCE RESERVE COMMAND

28 SEP 2021

MEMORANDUM FOR RECORD

FROM: 934 AW/CC

SUBJECT: HPCON BRAVOPLUS Additional Measures for the Minn-St Paul ARS

1. Effective 28 Sep 2021, I am updating the installation Health Protection Condition (HPCON) BRAVOPLUS measures IAW AFI 10-2519, *Public Health Emergencies and Incidents of Public Health Concern*. This is due to a recent increase in local transmission rates caused by spread of the Delta variant of the COVID-19 virus. This variant has increased transmissibility among both unvaccinated and vaccinated persons. The following instructions will be followed by 934th Airlift Wing service members, DoD civilians, contractors, families, and other individuals while on base.

2. Personal Precautions

- a) IAW SECDEF guidance *Updated Mask Guidelines for ALL DoD Installations and Other Facilities* (28 Jul 2021), **all personnel, regardless of vaccination status, must wear a mask indoors around others**, as community rates exceed substantial (50 cases per week per 100k population). When rates drop below substantial, persons who have been fully vaccinated against COVID-19 (14 or more days from final dose of approved vaccine) are not required to wear a mask around others and are not required to maintain social/physical distance when working with others. All personnel will comply with DAF Guidance on Use of Masks, date 28 Jul 2021, or subsequent published guidance.
- b) All personnel must maintain social/physical distancing of 6 feet between others to the maximum extent possible regardless of vaccination status.
- c) All personnel will continue to practice good respiratory etiquette and hand hygiene practices. Hand sanitizer stations will be utilized at entrances to buildings. Units may choose to sanitize commonly touched surfaces following the US Center for Disease Control (CDC) guidance.
- d) Customer facing facilities may continue to install/utilize physical barriers between staff and customers.
- e) Units will continue to use CDC recommended personal protective equipment where applicable.

3. Base Access and Attendance

- a) Base access is not restricted due to HPCON measures, except during UTAs. Base access during UTAs is limited to personnel on-duty.
- b) Common areas and shared base facilities will remain open, but must ensure social distancing of all occupants.
- c) Gym facilities will remain open. When masks are required on the installation, personal indoor fitness may be conducted without a mask with appropriate distancing of >6 feet. Indoor team fitness is not permitted. Outdoor personal or team fitness may be conducted without a mask.
- d) Food facilities will be open for indoor or outdoor dining with 6 ft physical distancing and takeout. Personnel should eat in areas on base where 6 ft of distance can be maintained between others.
- e) UTAs will occur in-person, but social distancing should be maintained by all present. Commanders are strongly encouraged to divide their personnel and utilize telework as required to maintain social/physical distancing of personnel in crowded areas.
- f) Personnel will complete the pre-UTA screening questionnaire prior to arriving for a UTA.

- g) Group events/meetings are limited to less than 50 persons without Grp/CC approval and will not exceed 100 persons without Wing/CC approval. All present must adhere to social/physical distancing regardless of vaccination status. Commander's Call may occur for groups up to 100 persons that can maintain social distancing. Larger social events may occur with Wing/CC approval.
  - h) Commanders are highly encouraged to use modified shift schedules to limit crowding of personnel.
  - i) Telework may be allowed by Commanders when there is no degradation to training or mission requirements.
  - j) Unvaccinated vulnerable individuals and those living with unvaccinated vulnerable individuals as defined by the CDC may be at increased risk during a UTA. Commanders are encouraged to explore alternative options that meet mission requirements (telework, rescheduled UTA, etc.).
4. Illness reporting and COVID-19 exposures
- a) 934 AW personnel must report an acute COVID-19 illness to Public Health at 612-713-1608/1609 or ASTS at 612-713-1676.
  - b) Individuals diagnosed with COVID-19, whether vaccinated or unvaccinated, will not present to the installation until isolation is completed IAW recommendations from Public Health or their local health department.
  - c) Individuals with an influenza-like illness will not come to the installation unless they have a negative COVID-19 test, whether vaccinated or unvaccinated, and will contact Public Health or ASTS.
  - d) Unvaccinated individuals who have a known exposure to someone with COVID-19 or an influenza-like illness within 10 days will contact Public Health or ASTS prior to coming to the installation.
5. Installation partners may follow their Major Command's (MAJCOM) HPCON guidance for operations within their facilities as required, but are encouraged to align with 934th Airlift Wing guidance.
6. The installation Public Health Emergency Officer (PHEO) Maj William Wilson can be contacted at 612-713-1691 (office), [william.wilson.76@us.af.mil](mailto:william.wilson.76@us.af.mil) (email), or during emergencies at 513-253-7542 (cell).
7. The installation Public Health Officer (PHO) Ms. Chayo Smith can be contacted at 612-713-1608 (office) or [chayo.smith.1@us.af.mil](mailto:chayo.smith.1@us.af.mil).
8. The health and safety of installation personnel is my top priority. Public Health will continue to monitor disease trends, to include new COVID-19 variants, and will continue to make recommendations to change HPCON levels as required throughout the duration of the pandemic.

CHRISTOPHER T. LAY, Col, USAF  
Commander, 934th Airlift Wing