

We are currently operating in HPCON BRAVOPLUS -See page 13 for additional details

Don't forget to change your clock Sunday morning!



Have you wondered how the various AFSCs fit together to make up the overall mission?

Join the Chiefs for a Global Vikings AFSC Tour 2021 Saturday, 6 Nov from 1000 - 1300. Additional details can be found on page 11 below.

To sign up, see any Chief on base or visit: https://www.signupgenius.com/go/10c0f4eadac23abf8c34-chiefs

Inside this issue:







External Links: COVID-19 Information Prevention Connection CAT Brochure

OOD & BEVERAGE		LUI 934TH COMMUN	NCH SPECIAL MER ITY ACTIVITY CER HONE 612.713.165	NU NTER BLDG.807		
SUNDAY	MONDAY	TOESDAY	WEDNESDAY	THORSDAY	FRIDAY	SATORDAY
Hours of Operation Monday to Friday Lunch 1100-1300 Holidays Closed	CHICKEN CORDON BLEU	2 BUITTERNUIT SQUASH & BLACK BEAN ENCHILADA	3 COUNTRY STYLE RJB	² CORNED BEEF	5 FRED FISH UTA BAR & GRILL 1530-2130	6 UTA BAR & GRILL 1530-2130 KARAOKE NIGHT
Z. Fall UTAPosk	8 CHEPS CHOICE SPECIAL	9 SESAME CHICKEN	10 FALL SAUSAGE & PUMPKIN LASAGNA	Veterans Day	12 CREAMY PAPRIKA PORK	13 CLOSED
7 7 CLOSED	15 CHEPS CHOICE SPECIAL	16 GINGER-HONEY GLAZED PORK TENDERLOIN	17 SPINACH & ARTICHOKE STUFFED CHICKEN	78 PORK CURRY STEW	79 BAKED FISH	20 CLOSED
27 CLOSED	22 BUIFFALO CHICKEN SLIDER	23 OPEN-FACE BEEF ROAST SANDWICH	24 TURKEY DAY SPECIAL	25 CLOSED thank	26 CLOSED (Sgiving	27 CLOSED
28 CLOSED	29 HARVEST CHICKEN	30 HAM & SWISS BAKED PENNE	NIC		OUTDOOR R FALL 20 DIPIEN	



November UTA Professional Development Opportunities

*See future courses on page 11 below





934AW Development Team@us.af.mi

HOLIDAY SPENDING

DATE Sunday, 7 November TIME 1130 - 1230 LOCATION CATM Classicom SES Building

How to Survive the Holidays Trancially is designed to help service members plan for the added presence of holidays and special word overspending and socumiating excessive dekt. The noney management tips in this course apply year-sound to all holidays and to sepecial occasions.

Fiscal Year 2022 UTA Schedule

November 2021	6-7	20-21
December 2021	4-5	18-19
January 2022	8-9	22-23
February 2022	5-6	12-13
March 2022	5-6	19-20
April 2022	2-3	23-24
May 2022	7-8	21-22
June 2022	4-5	18-19
July 2022	9-10	N/A
August 2022	6-7	20-21
September 2022	10-11	24-25

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF

Wednesday at 1400 and Primary UTA Saturdays at 1400.

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

Held in Building 852 Rm 215. No registration required. Contact the Force Development Office for more information at 612-713-1600 or <u>934.base.training@us.af.mil</u> *Attendance Mandatory Prior to using Tuition Assistance

Customer Service Hours:

Testing hours:

Fridays testing will be @ 0800 Saturday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

Finance Customer Service hours:

- FM customer service will be provided from 0700-1100 and 1200-1600 on Saturdays for the remaining FY 21 UTAs. Customer service will be provided from 1130-1530 on Sundays of the UTAs. Sundays 0700-1130 will be closed for unit training (white space).
- Org boxes for MilPay and Travel Pay are:
 a. 934AW.FM.MILITARY_PAY@US.AF.MIL
 b. 934AW.FM.TRAVEL_PAY@US.AF.MIL
- 3. POCs for MilPay and Travel Pay customer service inquiries for the remaining FY 21 UTAS are David Cox at 612-713-1411 and Tami Nelson AT 612-713-1404.

MPF & ID Section hours:

Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: <u>https://idco.dmdc.osd.mil/idco/#/</u>

PIN resets/CAC Unblocks will be "Walk-Ins".

DFAC Food hours:

Breakfast 0600-0700 Lunch 1100-1230

AAFES Shoppette Customer Service hours:

0900-1500 on Sat & Sun of the UTAs

Royal Hot Plate hours:

0700-1400 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

The AFI Explore App is Available

AFI Explorer for iOS and Android allows you to browse and search updated Air Force Instruction publications quickly and efficiently.

Use the advanced search function to find the specific AFI you are looking for. Favorite your most frequently referenced publications and manuals.

By syncing with the e-publishing website for the latest version of each publication, AFI Explorer provides the most recent guidance updates as soon as they become available. This application currently provides access to all departmental publications for the Air Force and to all publicly releasable MAJCOM supplements.

As I continue to update the application with additional features, please use the built-in feedback option in the app to share you thoughts, suggestions, and concerns

You can also email me at: w_walker@icloud.com

Built in partnership with William Walker

Android Download Link

iOS Download Link

934th AW SQ Mission Videos are live!

Would you like to know more about other units within the 934th Airlift Wing?

Check out the AMXS Mission Video <u>here</u>! Check out the 27APS Mission Video <u>here</u>! Check out the CES Mission Video <u>here</u>! Check out the MXS Mission Video <u>here</u>!

*Links work off-network

Scholarship Resources Megalink!

Are you or a famliy member going back to school?

<u>Click here</u> to check out this amazing list of scholarship opportunities for active duty, reservists and veterans!

Community Resources Megalink!

Looking for military resources in your community?

<u>Click here</u> to check out this amazing list of resources for active duty, reservists and veterans!

Top 3 Meeting

All members (and SNCOs wishing to join) will meet at the AES building large classroom Sun, Nov 7 from 11-12.

*There will not be a Top 3 meeting in Dec.

Important Forms:

Air Force Physical Fitness Screening Questionnaire (FSQ) available <u>here</u>.

Military Ball 2022

Do you love planning events? Are you great with advertisements? Do you have skills in photography or videography? Are you a musician? Then we need you! Join the Military Ball Committee and let your talents shine. Meetings are held Saturday of each UTA 0900-1000 in the Wing Training Room.



(Above) Welcome to our new 934th Operations Group Commander, Col. Samuel Kraemer who assumed command on Sunday, 10 October.

2021 Enlisted Promotions

November

SMSgt – LAMIA, ANDREW – 934 AMXS SMSgt – LASIEWICZ, KELLEY – 934 AMXS

MSGT – CONAT, ZACHARY – 934 MXS MSGT – COOPER, GARY – 934 LRS MSGT – GILLETTE, AMY – 934 AW MSGT – JORGE, EMILIO – 934 MXS MSGT – LOUDON, SARAH – 934 AES MSGT – MILLER, JAMES – 934 ASTS MSGT – PANOWICZ, DAVID – 27 APS MSGT – SCHMITZ, ANDREW – 934 FSS MSGT – STONE, SUZAN – 934 LRS TSgt – JACKSON, REMINGTON - 934 CS TSgt – JOHNSTON, ERIC – 934 CES TSgt – MILLER, BRADLEY – 934 LRS TSgt – QUINTERO, JACOB – 934 MXS TSgt – TRUSTY MILLER, AARON – 934 AMXS TSgt – WOODFORD, JUSTIN – 934 MXS TSgt – ZYWICKI, EMILY – 934 ASTS

SrA – FLORES, ADAM – 934 SFS SrA – GUSTAFSON, ADAM – 27 APS SrA – HAIRSTON, VANESSA – 934 LRS SrA – KAMARA, TERRANCE – 934 LRS SrA – SAMPLES, DORAN – 934 CES

A1C – BARRY, YAMAMA – 934 CES A1C – ROSENBERGER, SAMANTHA – 934 FSS A1C – TESSNESS, COLTON – 934 AW

Welcome Newcomers!

November

1Lt LEE, BOBBY - AES MSgt FRANKLIN, BENJAMIN - ASTS MSgt WILSON, JAMES - OSS TSgt ROBERTS, MELISSA - OSS SSgt DIETZENBACH, JOSHUA - AMXS SSgt ORTEGA, ANDRES - FM SSgt YANG, LAFU - ASTS SrA FISHER, JEREMIAH - AES SrA FLIPPO, PATRICK - CES SrA IRVIN, TARA - CS SrA PERRY, ESTHER - MXS A1C KERKELA, ERIKA - CS A1C KIM, KYOUNG HEON - ASTS A1C MUEHLHAUSER, BLAIR - CES Amn ROACH, DANIEL - SFS Amn TILLERY, AVERY - SFS

Award Winners!

2nd Quarter Winners

AMN: SrA Evan Strand – MXS NCO: SSgt Matthew Grates – LRS SNCO: MSgt Kyle Sunne – CES CGO: Capt Paul Underwood – CES FGO: Maj Christine Schrader – OSS Innovation: 27 APS ARA 21

Air Force Association Winners

SrA Paul Heiman – SFS TSgt Gildardo Allende – SFS SMSgt David Peterson – AW/CP MSgt Kelley Lasiewicz – AMXS Capt John Kupka – APS

Talk to me, Airman: 934th Airmen learn to shoot, move and communicate

By Christopher Farley

MINNEAPOLIS-ST PAUL AIR RESERVE STATION, Minn. -- Two rounds to the chest and one round to the head.

934th Aeromedical Staging Squadron Airmen engaged their targets using this direction while working in two-person teams with M4 carbines at the new Shoot, Move and Communicate course here in the middle of October.

This close-quarter shooting method is called the Failure Drill. This technique isn't a critique of a shooter's performance or a countermeasure to succumb from a weapons malfunction. Instead, it is more of a failure on the engaging target's ability to return fire after receiving two rounds to the chest and one round to the head. Furthermore, adversaries are now wearing body armor, therefore, the final round is needed to permanently neutralize the danger.

Tech. Sgt. Charles Foster, 934 ASTS section chief of medical records, was invited to run through the new course with other ASTS Airmen. The lane structure and design were a complete mystery to him. "From word of mouth, what they had set-up here, I knew that it was out in the woods and they had a bunch of different targets with contact areas." After going through the course five times, Foster said, "I didn't know they had this amazing of a set-up." Additionally, Foster said this opportunity and experience can serve as a retention tool for other wing Airmen.

*The above story can be continued here (https://www.minneapolis.afrc.af.mil/News/Article-Display/Article/2832426/talk-to-me-airman-934th-airlift-wing-airmen-learn-to-shoot-move-and-communicate/).



(Right) Tech. Sgt. Julia Matthews, 934th Aeromedical Staging Squadron, engages multiple targets with her M4 carbine during a shoot, move and communicate exercise in October. (U.S. Air Force photo by Chris Farley)

(Left) Capt. Burl Holland, 934th Airlift Wing Yellow Ribbon representative, provides suppressive fire with his M4 carbine as Lt. Col. Charles Trovarello, 934th Security Forces Squadron, advances forward to engage a target during a shoot, move and communicate exercise in October (U.S. Air Force photo by Chris Farley)





Tuesday, November 16th 5:30pm-7:00pm

Star Bank 250 Prairie Center Drive., Eden Prairie

Register at MyOperationHomefront.org



RELATIONSHIP WELLNESS SUMMIT

Tuesday, Nov. 16 - Wednesday, Nov. 17, 2021

Tune in to our free two-day virtual summit. Get expert tips and tactics to 🎔 at your best.

Whether you're **single**, **dating**, **married** or **parenting**, sign up and choose from more than 20 sessions designed to help you reconnect with your best you, reinvigorate romantic relationships and reinforce parent/child connections.

Sign up starting today. Save your space and learn more by visiting https://www.eventsguid.com/event.cfm?id=14730.





Who: Military Families with youth in 1st-8th Grade What: Party Crashers RC Racing will provide trucks and

> tracks. Youth will learn more about RC Cars and then get to race them around a track. A light supper will be provided.

Where: Drill Hall Floor, Hamline Building, Arden Hills Armory 4761 Hamline Ave N, Arden Hills, MN 55112

When: Thursday December, 2nd 5pm-7pm

POC: Laura Groeneweg 651-268-8695 Laura.l.Groeneweg.ctr@mail.mil



Sign Up today! https://www.signupgenius.com/go/4090A4AAEAA28A5F58-party1



(Above) On 13 October the morning sky presented and amazing skyline with our C-130s! Thank you Chief Pierce for sharing this photo with us.



(Left) During the Oct UTA, several members participated in CBRN training to satisfy readiness requirements. (U.S. Air Force photo by Master Sgt. Trevor Saylor)

(Below) During the Oct UTA, the 934th Security Forces Squadron conducted firing training in order to maintain readiness and proficiency. (U.S. Air Force photos by Master Sgt. Trevor Saylor)



New Health Promotion Courses

By Eric Neal, Wing Exercise Physiologist

Do you struggle with weight management? If you do, I understand your pain. My struggle with weight management is the reason I obtained degrees in Exercise Physiology and Human Nutrition and Foods.

I have developed 6 videos and provided a library of information to assist you with your goals for a healthier life at <u>https://afrc.eim.us.af.</u> <u>mil/sites/934aw/934AWG/ Fitness/SitePages/Home.aspx</u> or by visiting Air Force Connect App with 934 AW as your favorites within the Fitness Folder.

The videos Exercise 101, Nutrition 101, Sleep Optimization, and the trilogy of videos for Advanced Nutrition & Exercise 601: Calories In, Calories Out; Diets; and Exercise, Sleep, Hormones, and Homeostasis

Recipe of the Month

M&M Protein Cookies

Submitted by Eric Neil Ingredients

- 3 Cups of Old Fashioned Oats
- 1 Cup Oat Flour
- 8 Scoops Vanilla Muscle Tech Pure Series 100% Whey Protein
- 48 TBSP or 735 grams Egg Beaters
- ¹/₂ Cup Extra Virgin Olive Oil
- 15.9 oz Plain Greek Yogurt
- 1.5 Cups Brown Sugar Stevia Blend
- 1 TBSP Cinnamon
- 1 TBSP Vanilla
- 2 Cups Plain M & M's

Add dry ingredients to mixing bowl and stir. Add the liquid ingredients to the dry ingredients and stir. Finally add M & M's and stir. Preheat oven to 350 F and coat pans with olive spray. Place pans in oven and cook until they appear to be halfway done. If you bake until completely done, the cookies will be very dry and taste horrible. After cooking halfway, place in the refrigerator to gel. Healthier alternatives to consider is replacing M & M's with craisins.

Yields 36 servingsCalories 185, Protein 11 grams, Carbohydrates 23.8 grams, Fat 6.5 grams

The M & M protein cookie makes for a pretty tasty pre-workout meal. 2 cookies about an hour before work out is going to yield about 370 calories at 22 grams of protein, 48 grams of carbohydrates, and 13 grams of fat. If you do the math, you might wonder why there is only 185 calories per cookie if you multiply 4 calories per gram of protein and carbohydrate and 9 calories per gram of fat would give you 198 calories, but the fiber reduces the amount by about 13 calories. This makes for a meal that is about 24% protein, 45% carbohydrate, and 31% fat, which is a good range for pre-workout meal. I hope you give this a try and enjoy it.

934th Development Team News:

934 Airlift Wing now has a Development Team that will be coordinating numerous types of learning opportunities.

If you want to lead a discussion or if there is something you are interested in learning please contact:

MSgt Daphnee Powellbills - daphnee.powellbills@us.af.mil

SSgt Mathew Chalupa - mathew.chalupa@us.af.mil

SSgt Phillip Hanson - phillip.hanson.3@us.af.mil

SSgt Casey Lindsey - casey.lindsey.1@us.af.mil

assessment is provided that can be used as a virtual tool to send me for Functional Movement Screening with follow up on spreadsheets that are also provided to improve muscle imbalances.

can be found within Multimedia or Fitness Folders of 934 AW on Air

The app also provides a library of information to include workouts,

diets, and research articles. In addition a handout for overhead squat

Force Connect App.

To take advantage of a functional movement screening or if you have any questions in regards to any of the videos, please contact eric. neal.4@us.af.mil

Cardiovascular intervention is now available at <u>https://eric-s-be-well.</u> <u>thinkific.com/courses/cardiovascular-intervention</u> and more courses will be added in the future.

A Message from Rita Shedd, DPH

Rita Shedd, LICSW, Director of Psychological Health

Office Phone: 612-713-1224 Air Force Cell Phone: 612-919-2683 Email: rita.shedd@us.af.mil.

Rita is available full time and all UTA days, to provide individual confidential counseling, stress management and referral for all Airmen and their spouses. Rita provides crisis intervention, command consultation and training for all psychological health issues. <u>DPH Overview Video</u>

Lodging During UTA Weekends

DISCUSSION: Unit POCs will need to ensure we have Automated Lodging Reservation System (ALRS)compliance by all 934th members that require lodging while preforming Military Duty. Effective immediately North Country Lodging staff are no longer allowed to make any off base lodging reservations. All calls to schedule or cancel lodging rooms on or off base will be referred to use the ALRS phone line or APP. There should not be any scheduling calls to the lodging front desk as the member will just be referred to use ALRS. Those members who fail to make their lodging reservations in time will be essentially on their own to find lodging for the UTA at their own expense. Lodging reservations can be made three months in advance. All UTA lodging reservations must be made via ALRS (use the App for IDT status only and the phone numbers for mixed statuses) NLT 2200 the Sunday prior to the primary or alternate UTA. All cancellations are the responsibility of the member, and if they do not cancel they are responsible for all charges incurred. See below for some vof the language that is in the approved 934th Airlift Wing Instruction dated 6 August 2019. The POC for UTA lodging related issues will be SMSgt Joshua Jarchow.

1.4. Lodging reservations are required to be made no later than 2200 hours the Sunday before each Unit Training Assembly (UTA). If the reservist has not made lodging reservations by that time/day, they will not get lodging provided at government expense. Extenuating circumstances will be reviewed on a case-by-case basis by 934 AW/FMC and 934th Force Support Squadron (FSS) Sustainment Services Flight Chief. Any specific questions regarding entitlements associated with the local commuting area should be referred to 934 AW/FMC.

2. Responsibility. It is each member's responsibility to make and cancel reservations using ALRS

2.3. Reservist will: 2.3.1. Contact their unit lodging monitor requesting approval for lodging (initial time only). If approved, reservist will make, change and cancel all lodging reservations using ALRS by calling (612)713-5631/5632/5633/5634 or 800-872-3235 and follow instructions.

2.3.3. Know the status they will be in prior to making the reservation.

2.3.3.1. Inactive Duty for Training (IDT): 934 AW will pay lodging cost. This consists of presenting an AF Form 40A, Record of Individual Inactive Duty, when performing a rescheduled UTA/Readiness Management Period (RMP) or a 934 AW Form 2, AFTP/AGTP Lodging Certification when performing Additional Flying Training Period (AFTP) or Additional Ground Training Period (AGTP). For RMPs, AFTPs and AGTPs, the reservist is authorized lodging only if their report/release time requires them to travel between 2400-0600 hours

2.3.3.2. Active Duty for Training (ADT): Reservist on orders will pay and be reimbursed via a travel voucher.

4. Off-Base Quarters. Reservists lodged in off-base quarters will: 4.1. Be directed to off-base lodging by ALRS when making their reservation if on-base lodging is full. Reservists may go directly to the commercial hotel. Coming to base lodging is not required for either arriving or departing.

4.2. Present military ID card at check-in. 4.3. Be lodged one person per room. 4.4. Present payment for any deposits required by the hotel. A credit card is required to cover any miscellaneous costs incurred by the reservist (i.e. movie rental, room service, etc.) 4.5. Checkout and return key to hotel desk by posted hotel checkout time. Sign all forms at the hotel desk. Untimely checkout may incur additional expenses paid at time of checkout.

5. Walk-In Policy. Per AFI 34-135, Air Force Lodging Program, reservists are required to make advanced reservations. Reservists who walk-in without making reservations may still utilize government quarters, however, the unit of assignment will not pay for lodging of reservists who fail to comply with this directive. (EXCEPTIONS: New recruits, reservists returning from long deployments, etc.) It is the unit lodging monitor's responsibility to ensure that all reservists are aware of and in compliance with this policy.

Global Vikings AFSC Tour 2021



Have you wondered how the various AFSC's fit together to make up the overall mission?

This consists of a base tour that will include the Mission Support Group, Maintenance and Operations Groups and their various squadrons.

This is a great opportunity to meet other Airmen from around the base, build connections and learn about the mission.

WHEN: Saturday, November 6, 2021 TIME: 1000 - 1300 STARTING POINT: Wing Head Quarters | Building 760

OPEN TO ALL RANKS Lunch will be provided

SIGN UP OPTIONS: https://www.signupgenius.com/go/10C0F4EADAC23ABF8C34-chiefs • Find any Chief on base to signup

*NOTE: Prior to signup ensure you have supervisor approval

Upcoming Professional Development Events!

November February May August Sat, 6 Nov – Military One Source 1200-1300 Wing Training Room Sun, 7 Nov – Holiday Spending 1130-1230 CATM Classroom

Sat, 5 Feb – TBD 1200-1300 Wing Training Room Sun, 6 Feb – Financial Briefing TBD 1130-1230 CATM Classroom

Sat, 7 May – TBD 1200-1300 Wing Training Room Sun, 8 May – Financial Briefing TBD 1130-1230 CATM Classroom

Sat, 6 Aug – TBD 1200-1300 Wing Training Room Sun, 7 Aug – Financial Briefing TBD 1130-1230 CATM Classroom Sat, 8 Jan – Starting a Business 1200-1300 Wing Training Room January Sun, 9 Jan – Paying for College 1130-1230 CATM Classroom Sat, 5 Mar – Unclassified Intel Briefing 1200-1300 Wing Training Room March Sun, 6 Mar – Financial Briefing TBD 1130-1230 CATM Classroom Sat, 4 Jun – Practical Leadership 1200-1300 Wing Training Room June Sun, 5 Jun – Financial Briefing TBD 1130-1230 CATM Classroom Sat, 10 Sep - 4 Lenses Course 1200-1300 Wing Training Room September

Sun, 11 Sep – Financial Briefing TBD 1130-1230 CATM Classroom

No Classes December, April or July. Mark your Calendars for a Professional Development 2-day event! June 6 -7 2022



THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES. Apr. 2021

MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL AIRLIFT AND COMBAT SUPPORT

VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

PRIORITIZE TRAINING FOCUS ON AFSC MODERNIZE & REFORM TRAINING & COMBAT SKILLS ADDRESS LOCAL PREPARE FOR FUTURE COMBAT TRAINING UNIT MANPOWER PROCESS PROVIDE **ALIGN TRAINING** PROFESSIONAL **DEVELOP UNIT REQUIREMENTS FOR DEVELOPMENT & MISSION BRIEFS** FUTURE EDUCATION CONFLICTS **OPPORTUNITIES** MAXIMIZE WING **STORAGE & SPACE** PROVIDED **DEVELOP OPPORTUNITIES** WING-WIDE **STREAMLINE UNIT TO EXERCISE FOR** SPONSORSHIP ADMINISTRATIVE TOMORROW'S FIGHT PROGRAM PROCESS ALIGN ALL MASTER TRAINING PLANS

TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS BE PROFICIENT IN YOUR SKILLS BE DEPLOYABLE IN YOUR MISSION SET BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



28 SEP 2021

MEMORANDUM FOR RECORD

FROM: 934 AW/CC

SUBJECT: HPCON BRAVOPLUS Additional Measures for the Minn-St Paul ARS

1. Effective 28 Sep 2021, I am updating the installation Health Protection Condition (HPCON) BRAVO-PLUS measures IAW AFI 10-2519, *Public Health Emergencies and Incidents of Public Health Concern*. This is due to a recent increase in local transmission rates caused by spread of the Delta variant of the COVID-19 virus. This variant has increased transmissibility among both unvaccinated and vaccinated persons. The following instructions will be followed by 934th Airlift Wing service members, DoD civilians, contractors, families, and other individuals while on base.

2. Personal Precautions

- a) IAW SECDEF guidance *Updated Mask Guidelines for ALL DoD Installations and Other Facilities* (28 Jul 2021), **all personnel, regardless of vaccination status, must wear a mask indoors around others**, as community rates exceed substantial (50 cases per week per 100k population). When rates drop below substantial, persons who have been fully vaccinated against COVID-19 (14 or more days from final dose of approved vaccine) are not required to wear a mask around others and are not required to maintain social/physical distance when working with others. All personnel will comply with DAF Guidance on Use of Masks, date 28 Jul 2021, or subsequent published guidance.
- b) All personnel must maintain social/physical distancing of 6 feet between others to the maximum extent possible regardless of vaccination status.
- c) All personnel will continue to practice good respiratory etiquette and hand hygiene practices. Hand sanitizer stations will be utilized at entrances to buildings. Units may choose to sanitize commonly touched surfaces following the US Center for Disease Control (CDC) guidance.
- d) Customer facing facilities may continue to install/utilize physical barriers between staff and customers.
- e) Units will continue to use CDC recommended personal protective equipment where applicable.
- 3. Base Access and Attendance
 - a) Base access is not restricted due to HPCON measures, except during UTAs. Base access during UTAs is limited to personnel on-duty.
 - b) Common areas and shared base facilities will remain open, but must ensure social distancing of all occupants.
 - c) Gym facilities will remain open. When masks are required on the installation, personal indoor fitness may be conducted without a mask with appropriate distancing of >6 feet. Indoor team fitness is not permitted. Outdoor personal or team fitness may be conducted without a mask.
 - d) Food facilities will be open for indoor or outdoor dining with 6 ft physical distancing and takeout. Personnel should eat in areas on base where 6 ft of distance can be maintained between others.
 - e) UTAs will occur in-person, but social distancing should be maintained by all present. Commanders are strongly encouraged to divide their personnel and utilize telework as required to maintain social/physical distancing of personnel in crowded areas.
 - f) Personnel will complete the pre-UTA screening questionnaire prior to arriving for a UTA.

- g) Group events/meetings are limited to less than 50 persons without Grp/CC approval and will not exceed 100 persons without Wing/CC approval. All present must adhere to social/physical distancing regardless of vaccination status. Commander's Call may occur for groups up to 100 persons that can maintain social distancing. Larger social events may occur with Wing/CC approval.
- h) Commanders are highly encouraged to use modified shift schedules to limit crowding of personnel.
- i) Telework may be allowed by Commanders when there is no degradation to training or mission requirements.
- j) Unvaccinated vulnerable individuals and those living with unvaccinated vulnerable individuals as defined by the CDC may be at increased risk during a UTA. Commanders are encouraged to explore alternative options that meet mission requirements (telework, rescheduled UTA, etc.).
- 4. Illness reporting and COVID-19 exposures
 - a) 934 AW personnel must report an acute COVID-19 illness to Public Health at 612-713-1608/1609 or ASTS at 612-713-1676.
 - b) Individuals diagnosed with COVID-19, whether vaccinated or unvaccinated, will not present to the installation until isolation is completed IAW recommendations from Public Health or their local health department.
 - c) Individuals with an influenza-like illness will not come to the installation unless they have a negative COVID-19 test, whether vaccinated or unvaccinated, and will contact Public Health or ASTS.
 - d) Unvaccinated individuals who have a known exposure to someone with COVID-19 or an influenza-like illness within 10 days will contact Public Health or ASTS prior to coming to the installation.

5. Installation partners may follow their Major Command's (MAJCOM) HPCON guidance for operations within their facilities as required, but are encouraged to align with 934th Airlift Wing guidance.

6. The installation Public Health Emergency Officer (PHEO) Maj William Wilson can be contacted at 612-713-1691 (office), <u>william.wilson.76@us.af.mil</u> (email), or during emergencies at 513-253-7542 (cell).

7. The installation Public Health Officer (PHO) Ms. Chayo Smith can be contacted at 612-713-1608 (office) or chayo.smith.1@us.af.mil.

8. The health and safety of installation personnel is my top priority. Public Health will continue to monitor disease trends, to include new COVID-19 variants, and will continue to make recommendations to change HPCON levels as required throughout the duration of the pandemic.

CHRISTOPHER T. LAY, Col, USAF Commander, 934th Airlift Wing