

Global Viking Flyer July 2020



A Message From Col. Lay

“In light of the COVID-19 pandemic, we have a difficult challenge ahead of us. How do we maintain mission readiness, while ensuring the health and safety of our Airmen and their families?”

This pandemic has affected all of us, and I know that many of you have already lost friends and family to this disease. As we resume operations, my number one priority is your safety.

First, I ask you to be Wingmen.

Protect each other and make sure that everyone in your unit is taking steps to reduce the spread of this virus. I also encourage you to innovate. Explore, and develop new ways to complete your mission that incorporate recommended safety measures.

I have no doubt that you will rise to the challenge, exceed expectations, and become a stronger Air Force.”

Christopher Lay, Col, USAF
Commander, 934 AW

[Return to Base & Strategic Manning Guide \(Civilian\)](#)

[Return to Base & Strategic Manning Guide \(Military\)](#)

Inside this issue:



COVID-19



UTA



Useful Resources:

Air Force COVID-19 Resources

CAT Brochure

July Prevention Connection



934TH AIRLIFT WING STRATEGIC PRIORITIES

THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES.

MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL
AIRLIFT AND COMBAT SUPPORT

VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

PRIORITY 1

PRIORITIZE TRAINING AND DEVELOPMENT

-  FOCUS ON AFSC TRAINING
-  PROVIDE PROFESSIONAL DEVELOPMENT EDUCATION ON STATION
-  DEVELOP WING-WIDE AIRMAN SPONSORSHIP PROGRAM

PRIORITY 2

MODERNIZE AND REFORM THE ORGANIZATION

-  REVAMP LOCAL INTER-AGENCY HIRING PROCESSES
-  DEVELOP UNIT MISSION BRIEFS/SCHEDULE ROADSHOW
-  MAXIMIZE WING STORAGE/SPACE

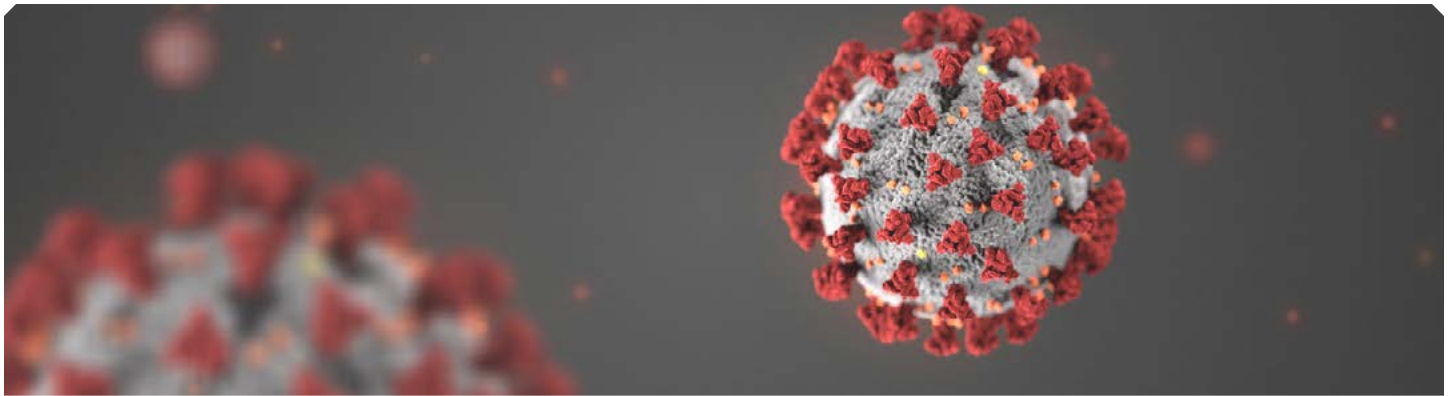
PRIORITY 3

PREPARE FOR FUTURE COMBAT CAPABILITIES/REQUIREMENTS

-  ALIGN TRAINING REQUIREMENTS WITH FUTURE/NEAR PEER CONFLICTS
-  PROVIDE VENUES FOR COMBAT CAPABILITIES SKILLS ENHANCEMENT IN CONTESTED ENVIRONMENTS
-  REVIEW ALL MASTER TRAINING PLANS

TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS
BE PROFICIENT IN YOUR SKILLS
BE DEPLOYABLE IN YOUR MISSION SET
BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



934th Airlift Wing COVID-19 Resources

Exercise and Physical Health

Need assistance with physical fitness ideas and nutrition?
Or needing resources regarding online classes?

Exercise Physiologist: 612-713-1472

Financial

Request financial assistance and/or counseling.

Airman & Family Readiness: 612-713-1516 or
Personal Financial Counselor: 612-297-2826

Mental Health

Anything related to mental well-being, such as anxiety
and depression.

Director of Psychological Health: 612-713-1224
Veterans Center: 877-WAR-VETS (927-8387)

Sexual Assault Prevention and Response

For questions regarding sexual violence and sexual assault,
or reporting options.

Sexual Assault Response Coordinator: 612-713-1315
934 SAPR Hotline: 612-386-8128
DOD Safe Helpline: 1-877-995-5247

Spiritual Well-Being

Have questions about spirituality and what does this mean
on a spiritual level? Or maybe questions about religion?
Or moral injury?

Chaplain Corps: 612-300-7064 or 612-713-1227

Violence Prevention

Concerns regarding any form of personal violence (i.e.
domestic violence, sexual violence, workplace violence,
stalking, suicide (violence towards oneself)).

Violence Prevention Integrator: 612-713-1159

General Information for Military and Family

24/7 support for military personnel, spouses, family
members and survivors on a variety of topics.

Military One Source: 1-800-342-9647

Emergency and Crisis Hotlines

Suicide Prevention Lifeline: 1-800-273-8255
National Domestic Violence Hotline: 1-800-799-7233
National Human Trafficking Resource Center:
1-888-373-7888
Crisis Text Line: 24/7 crisis response via text:
Text HOME to 741741



Helpful Links:

[CDC Covid-19 Website](#)

[Symptoms of Coronavirus](#)

[Testing for COVID-19](#)

[Cloth face coverings](#)

[Social Distancing](#)

[What to do if you are sick](#)



**Resilience Training
Assistant (RTA) Course
14-16 September 2020
Location: Virtual**



This virtual RTA training is a 3-day course that focuses on the Comprehensive Airman Fitness (CAF) resilience modules. The course objective is designed to develop skills pertaining to the CAF resiliency program. Students are taught Air Force platform instructor skills and are assessed on their ability to execute and facilitate resilience training. Upon course completion, members will be certified as an RTA and qualify to attend the Master Resilience Training course from Air University. We look for individuals who have an enthusiasm to develop resiliency in oneself as well as to provide future training to others in this resiliency program. This is a unit funded training.

Topics include:

- Values and Strengths—Gratitude, Values Based Goals, Bring Your Strengths
- Resilient Thinking—Reframe, Balance Your Thinking, Celebrate Good News
- Focus and Attention—Mindfulness, Physical Resilience: Strengthening Attention and Focus

Your RSVP indicates your interest in attending this course using unit funding. Limited spaces are available. You will be notified by the course POC upon selection to attend.

Register at the following:

<https://einvitations.afit.edu/inv/index.cfm?i=561128&k=07674308795F>

Fiscal Year 2020 UTA Schedule Update

1. In accordance with AFMAN 36-2136, the FY20 Unit Training Assembly schedule for all assigned units of the 934 AW is provided below. Any rescheduled UTAs will provide the same type and quality of training as the originally scheduled UTA.
2. April UTA periods 3-4 are allowed to be rescheduled at the discretion of the member and supervisor.
3. Please contact TSgt Christopher Young at DSN 783-1486, with any questions regarding this schedule.

<u>Month</u>	<u>Alpha</u>	<u>Bravo</u>
July 2020	11-12	25-26
August 2020	1-2	15-16
September 2020	12-13	26-27

Fiscal Year 2021 UTA Schedule

<u>Month</u>	<u>Alpha</u>	<u>Bravo</u>
October 2020	10-11	24-25
November 2020	7-8	21-22
December 2020	5-6	12-13
January 2021	9-10	23-24
February 2021	6-7	20-21
March 2021	6-7	20-21
April 2021	17-18	24-25
May 2021	1-2	15-16
June 2021	5-6	26-27
July 2021	15-16 April	10-11
August 2021	7-8	21-22
September 2021	11-12	25-26

2020 Enlisted Promotions

April

Franzoni, Kristin 934 Airlift Wg Senior Master Sergeant
Orourke, Ann 934 Maintenance Gp Master Sergeant
Engler, Mathew 934 Maintenance Sq Technical Sergeant
Fennern, Derek 27 Aerial Port Sq Technical Sergeant
Gingras, Ethan 27 Aerial Port Sq Technical Sergeant
Olson, Michelle 934 Aeromed Stg Sq Technical Sergeant
Anderson, Jake 934 Communications Staff Sergeant
Fitzmaurice, Noelle 27 Aerial Port Sq Staff Sergeant
Loredo, Melissa 934 Aeromed Stg Sq Staff Sergeant
Yoon, Alex 934 Logistics Readines Sq Staff Sergeant
Durodola, Oladapo 934 Aeromed Stg Senior Airman
Harens, Colton 934 Aircraft Maint Sq Senior Airman
Cramer, James 934 Aircraft Maint Sq Airman First Class
Djengue, Mahudjlo 934 Aeromed Stg Sq Airman First Class

June

Kelly, Ryan 934 Maintenance Gp Master Sergeant
Cox, Joshua 934 Civil Engineer Sq Technical Sergeant
Ditomaso, Antonio 934 Civil Engineer Sq Technical Sergeant
Jaspersen, Sara 27 Aerial Port Sq Technical Sergeant
Hambly, David 27 Aerial Port Sq Technical Sergeant
Millsap, Jason 934 Maintenance Sq Technical Sergeant
Oconnor, Levi Erland 934 Communications Sq Technical Sergeant
Rolen, Vincent 934 Maintenance Gp Technical Sergeant
Schaaf, Samuel 96 Airlift Sq Technical Sergeant
Thompson, John 27 Aerial Port Sq Technical Sergeant
Wilbright, Chelsi A. 27 Aerial Port Sq Technical Sergeant
Dahlin, Michael 934 Civil Engineer Sq Staff Sergeant
Stoykovich, Seth 934 Civil Engineer Sq Staff Sergeant
Boutsavath, Alan 934 Security Forces Sq Senior Airman
Burlacu, Daniil 934 Civil Engineer Sq Senior Airman
Milquet, Michael 934 Civil Engineer Sq Senior Airman
Noeldner, Stacey 934 Civil Engineer Sq Senior Airman
Foley, Adrienne 934 Maintenance Sq Airman First Class
Vernon, Crystle 934 Aeromed Stg Sq Airman First Class
Alonso Medel, Rosa 934 Security Forces Sq Airman
Brathol, Kali 934 Security Forces Sq Airman
Corbett, Sarah 934 Security Forces Sq Airman
Cornelius, Walter 934 Maintenance Sq Airman
Titanji, Slim 934 Civil Engineer Sq Senior Airman

May

Himmer, Mark 934 Force Support Sq Chief Master Sergeant
Kessler, Justin 27 Aerial Port Sq Chief Master Sergeant
Weber, Mathew 27 Aerial Port Sq Chief Master Sergeant
Wortman, Jodi 934 Aeromed Stg Sq Senior Master Sergeant
Benson, Jeffrey 934 Aircraft Maint Sq Master Sergeant
Castilla, Richard 934 Operations Support Sq Master Sergeant
Duenow, Joshua 934 Aircraft Maint Sq Master Sergeant
Huseby, Luke 934 Aircraft Maint Sq Master Sergeant
Moldenhauer, Daniel 934 Aircraft Maint Sq Master Sergeant
Boss, Beau 934 Aeromed Stg Sq Technical Sergeant
Laselle, Timothy 934 Maintenance Gp Technical Sergeant
Norbury, Alexander 934 Civil Engineer Sq Technical Sergeant
Woessner, Kaddie 934 Aeromed Evac Sq Technical Sergeant
Wroblewski, Anthony 934 Aeromed Stg Sq Technical Sergeant
Bullock, Robert 934 Maintenance Sq Staff Sergeant
Pryor, James 934 Civil Engineer Sq Staff Sergeant
Schrankler, Benjamin 934 Logistics Readines Sq Staff Sergeant
Strand, Zane 934 Maintenance Sq Staff Sergeant
Andre, Christian 96 Airlift Sq Senior Airman
Hagen, Rachel 934 Civil Engineer Sq Senior Airman
Gapp, Michael 934 Aeromed Evac Sq Senior Airman
Hill, Tamia 934 Aeromed Evac Sq Senior Airman
Laguna, Ismael 934 Aeromed Stg Sq Senior Airman
Mawlid, Zubair 934 Aeromed Evac Sq Senior Airman
Shafer, Veronica 934 Maintenance Sq Senior Airman
Poole, Nancy 934 Aeromed Evac Sq Airman

Welcome back to the 934th Installation.

Here is what you need to know. Space is at a premium, personal space that is! Be sure to keep socially distant, 6 feet or more at all times.

Let's all wash our hands. Twenty seconds of friction with warm, soapy water, and your favorite rock anthem are what you need to be successful in this endeavor. Use a paper towel to turn off the faucet, and open the door to vacate. You can't assume the last person washed their hands, you know what assuming does.

Please wear a mask in common areas. SSgt Simon from the 934th Aeromedical Staging Squadron says, "Mask on or back off." Installation personnel are expected to passively aggressively hound each other. Remember, the masks protect your wingman. AAFES, the Barbershop, the Royal Hot Plate and all public facilities off base require masks. Keep one in your pocket, or better yet on your face.

Clean all frequently touched surfaces in the breakroom and common areas. This is just a good practice in general. You don't know where so-and-so's fingers have been. What if they were digging for gold before they worked on your EPR? If you are digging for nose-gold, please wash your hands.

Clean your workstation once per day, at least, and in between users.

High risk activities include prolonged close contact within six feet of others for greater than fifteen minutes. Exposure to a many different people during the duty day and large gatherings of people in close proximity, close contact in confined spaces, and duties involving shared spaces or equipment are also high risk. Do your best to avoid these activities. If we can all remember to social distance, wear masks, and avoid high risk activities we can protect our Wingmen. More importantly, we can ensure our children can return to school safely in the fall.

Notify your supervisor right away if you are experiencing symptoms of COVID-19 or have close contact with a person who has COVID-19. Buy a good jigsaw puzzle of fuzzy kittens/rainbows and settle in for a fourteen-day quarantine. Of course, if you feel well enough, and you are able to work; you may telework from home.

Pay attention to the Return to Base and Strategic Manning power points. Some of the questions that are running through your mind RIGHT now can be answered.

Good luck.

Your PHEO team

From the Chaplain's Office

The base chapel will be manned each day from 0700-1600 on the UTA weekend. Due to the small confines of the chapel, and social distancing considerations, we will be providing a General Protestant Worship Service on Facebook Live on Sunday at 0900. Go to the Global Viking Facebook page to watch.

You can also see our inspirational and children story videos on Facebook, AF Connect, and SharePoint. As always, if you need to speak with anyone on the chapel team, please contact MSgt Simcox at 612-300-7064. Thanks and may you have a wonderful UTA weekend.

A Message from the Rita Shedd, DPH

Rita Shedd, LICSW, Director of Psychological Health

Office Phone: 612-713-1224

Air Force Cell Phone: 612-919-2683

Email: rita.shedd@us.af.mil.

Rita is available full time and all UTA days, to provide individual confidential counseling, stress management and referral for all Airmen and their spouses. Rita provides crisis intervention, command consultation and training for all psychological health issues.

[DPH Overview Video](#)

A Message About CBD

"In February, Acting Under Secretary of Defense for Personnel and Readiness Matthew Donovan directed the services to issue general orders or regulations by March 1 prohibiting the use of products made from hemp under Article 92 of the Uniform Code of Military Justice."

That means CBD use, in any form, is strictly prohibited by the UCMJ. In other words, even if prescribed by your doctor, CBD can get you into big trouble!

Read more about the announcement [here](#).

Remembering Our Fathers by Ch. Jeff Cooper

During the month in which we celebrate our independence it is only fitting we recall some of the words of our founders. They were of a generation of men and women who risked all they had and through their sacrifices bequeathed to us a nation of unparalleled liberty and prosperity. The quotes which follow are a mixture of inspirations, warnings and good sense spanning the days from our Declaration of Independence to our Constitution.

“We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.” The Declaration of Independence

“The happy Union of these States is a wonder; their Constitution a miracle; their example the hope of Liberty throughout the world.” James Madison

“The greatest part of our happiness depends on our dispositions, not our circumstances.” Martha Washington

“A general Dissolution of Principles & Manners will more surely overthrow the Liberties of America than the whole Force of the Common Enemy.” Samuel Adams

“They who would give up an essential liberty for temporary security, deserve neither liberty or security.” Benjamin Franklin

“There is a certain enthusiasm in liberty that makes human nature rise above itself, in acts of bravery and heroism.” Alexander Hamilton

“A sacred respect for the constitutional law is the vital principle, the sustaining energy of a free government.” Thomas Jefferson

“The price of freedom is eternal vigilance.” Thomas Jefferson

The above is an excerpt from the [July Prevention Connection Newsletter](#)

FREE FSS Marketing Events:

Zip Line at Sand Creek Adventures

August 1st, 2020 @ 1730-2100

For Military Members and Family
(Minimum age is 8 and 70 lbs.)

20 participants

No transportation provided!

\$20 Deposit required to signup, per person.
Money returned at event.

Sand Creek Adventures
3101 220th St W
Jordan, MN 55352

<https://www.sandcreekadventures.com>

Prokart Indoor Racing

September 26th, 2020 @ 1800-2000

For Military Members and Family
No transportation provided!

[Sign up now!](#)

ProKART Racing
14350 Rosemount Dr.
Burnsville, MN

<http://prokartindoor.com>

For more information contact:

Rick Pelzl at 612.713.1119,
rick.pelzl.1@us.af.mil

or

MSgt Crystalrose Heinz at 612.713.1660,
crystalrose.heinz@us.af.mil (UTA only)

Customer Service Hours:

Education and testing hours:

Fridays prior to the UTA testing will be @ 0800 & 1100

(no more than 5 people at a time)

Saturday of the UTA testing will be @ 0800 & 1100

(no more than 12 people at a time)

Sunday of the UTA testing will be @ 0800 & 1100

(no more than 12 people at a time)

See below requirements for testing:

1. Members are required to wear a mask
2. Members are required to wash their hands prior to entering
3. Members are required to bring their own pen to sign in
4. Members are required to use hand sanitizer (provided by the testing room) prior to touching their computer
5. Members are required to wipe down their computers before and after their test (wipes provided by the testing room)

*If you have any questions or concerns please get with SMSgt Amber Knight or Ms. Desiree Felker at ext. 1256

Finance Customer Service hours:

1. FM customer service will be provided from 0800-1100 and 1200-1500 on Saturdays of the Jul, Aug, and Sep UTAs.

Customer service will be provided from 0700-1100 on Sundays of the Jul, Aug, and Sep UTAs. Sundays 1200-1500 will be closed for unit training (white space).

2. Org boxes for MilPay and Travel Pay are:
 - a. 934AW.FM.MILITARY_PAY@US.AF.MIL
 - b. 934AW.FM.TRAVEL_PAY@US.AF.MIL

Force Development hours:

Sat and Sun 0900 – 1400

DFAC Food hours:

Breakfast 0615-0715

Lunch 1030 – 1130

Military Personnel Flight hours:

Sat 0800-1700

Sun 0800-1100

AAFES Shoppette Customer Service hours:

0900-1600 on Sat & Sun of the UTAs

Royal Hot Plate hours:

0700-1400 on Sat & Sun of the UTAs