

Global Viking Flyer December 2022



On Sunday, Nov. 20, nearly 50 members of the 934th Airlift Wing participated in a large flag detail during the National Anthem as the Minnesota Vikings hosted the Dallas Cowboys at U.S. Bank Stadium.

External Links:

[COVID-19 Information](#)

[Prevention Connection](#)

[CAT Brochure](#)

WHERE THE “BLEEP” DO I PARK ON UTAs???

As most of you were aware over the October UTA, vehicle parking was..... interesting. There have been several concerns brought to our attention. Attached is a slide of the APPROVED additional parking areas established by the Wing Traffic Safety Coordination Group.

NOTES from Wing Safety:

- The additional parking along Military Hwy creates some congestion and visibility issues. Additional signage should be in place at crosswalks.
- Please pay attention (MOTORISTS and PEDESTRIANS) especially during the darker morning hours. One may not see the other, don't ASSUME.
- Additional parking along side streets has not been authorized. Most side streets are far too narrow and unable to maintain proper traffic flow when this occurs.
- There are, or at least were, unused parking spaces around the installation last UTA. Please utilize these approved parking spaces and realize that they may be further away from your usual habit patterns.
- PLEASE BE PATIENT AND COURTEOUS!

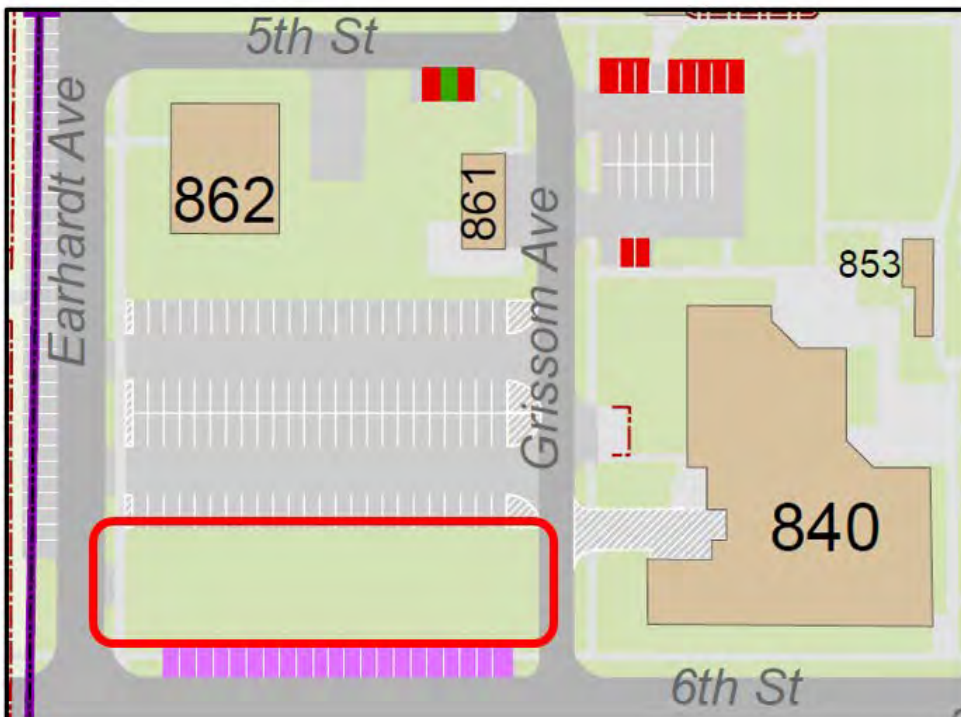
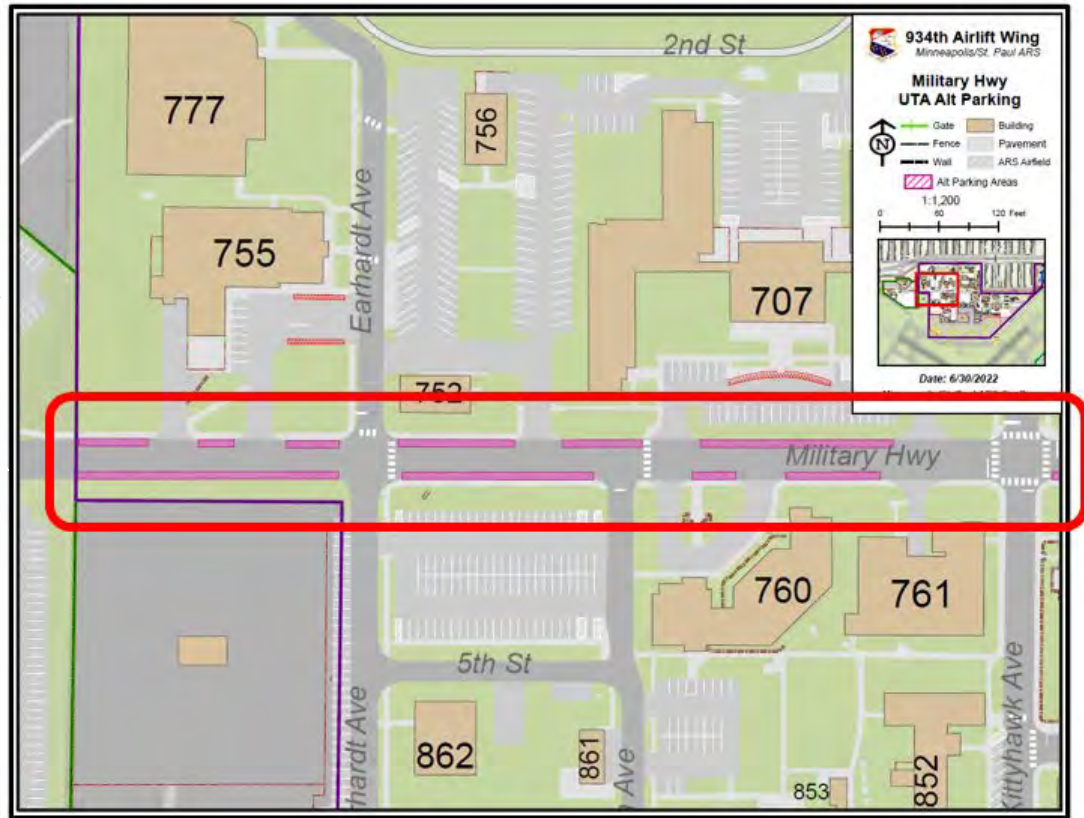
Happy parking!!

934th Airlift Wing Safety Office

See further below for more details

"UTA ONLY" street side parking is approved along Military HWY.

This zone stops at each end of Military HWY where the road narrows.



An additional dirt parking lot surrounded by barricades is available behind ASTS.



A O U C E M E T S

- As of Monday, 28 November the ID Card office returned to regular duty hours. We will be Appointment Only with an exception for CAC unlocks or emergency ID issues. Our customer service hours will be:
 - M-F 0800-1500 with an appointment
 - To schedule an appointment, visit: <https://idco.dmdc.osd.mil/idco/>
 - For questions, please reach out via phone or email to the Military Personnel Flight Chief
 - SMSgt Carcieri at (612)713-1501 or danielle.carcieri.1@us.af.mil.
- Are you a Veteran who is also an entrepreneur? Do you want to meet up with like-minded veteran and military spouse entrepreneurs in the Twin Cities? If so, check out this free event for Twin Cities veteran entrepreneurs on Wednesday, December 7th
 - Registration: https://www.eventbrite.com/e/minneapolis-veterans-in-residence-showcase-tickets-449748388537?utm-campaign_social&utm-content_attendeeshare&utm-medium_discovery&utm-term_listing&utm-source_cp_aff_escb
 - This is a free event where Veterans from the most recent cohort members and leaders will be showcasing their businesses (including at least one member from the 934th AW!)
 - Also, there are opportunities to network with other veterans and business leaders that want to support veteran-owned businesses.
- Interested in the Bivalent COVID Vaccine Booster? See page 7 for more details
- The Professional Development Team would like your input. We can provide professional development courses to assist you in your professional and personal lives.
 - We have created a brief 2-minute questionnaire for you to provide input on the types of courses you would like to attend and when you would like to have them scheduled. Now is your opportunity to provide input for our team. Once we know what it is you want and need, we will make those opportunities available.
 - To complete this questionnaire and provide input, please go to
 - https://www.surveymonkey.com/r/X72_XFF

The 934th Airlift Wing hosts its first Celebration of Nations event

By Airman First Class Colten Tessness

MINNEAPOLIS - ST. PAUL AIR RESERVE STATION -- The 934th Airlift Wing hosted its first Celebration of Nations event during the November unit training assembly. The event was centered around the Air Force's diversity and inclusion initiative.

"This is our first time trying something like this, and we have coupled it with our diversity and inclusion sessions that are held by our Air Force Reserve Command with Mr. Lee Floyd and Senior Master Sgt. Erik Chennault," said Chief Master Sgt. Kristen Maloney, 934th Mission Support Group senior enlisted leader.

Airmen listened to the diversity sessions before the event started to get a better understanding of why events like this are so important for readiness in the Air Force. After listening in on the inclusion sessions, Airmen were invited to enjoy the Celebration of Nations event.

"There are booths set up with different items used to share information about the culture," said Maloney. "These things range from things like music to clothing and different types of food."

The importance of this event has different effects on many 934th Airmen. It can remind people about how their culture has impacted them throughout their lives and bring back fond memories of past experiences.

"Ever since I was a kid our school would take trips down to the Festival of Nations and I would visit my grandmother at the Lebanese booth where she would make Lebanese flatbread. My friends and I would sneak behind the booth to eat freshly baked bread right out of the oven," said Maloney.

The reason events like this are held is because of the value they have, bringing Airmen together by showing the similarities and differences in the places that we come from. This helps to develop an Air Force centered around inclusion and equality.

"This will help us grow and make us stronger as a force so when it comes a time, we are unified," said Maloney.

The 934 AW is excelling in many of the Air Force's initiatives with diversity and inclusion. Hosting events with the Air Force's core values as the center of focus only reinforces the importance of inclusion and equality to the Airmen that work on base every day.



Combined Federal Campaign

Total Pledges for October 2022

Department of the Army: \$1,830.00

Department of the Air Force: \$1,440.00

Department of the Navy: \$1,000.00



Thank You to all who have pledged so far!

Learn more about the Combined Federal Campaign at www.opm.gov/combined-federal-campaign

If you have questions, or are interested in a volunteer opportunity please contact:

Hannah Mercer

hannah.mercer@us.af.mil

| 612.713.1305

Andrew Brinza

andrew.brinza.1@us.af.mil

| 612.713.1901

A message from the 934 ASTS regarding medical profile

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We **CANNOT ACCEPT "To Whom It May Concern" letters or after visit summaries.** Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the ASTS **MUST** receive the medical records **by the Monday prior to the UTA** in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness.

ASTS Fax # 612-713-1149

Please share this information with all of your members!

Fiscal Year 2022 UTA Schedule

	Primary	Alt
December 2022	3-4	17-18
January 2023	7-8	21-22
February 2023	*2-5	N/A
March 2023	4-5	18-19

*Fiscal Year 2023 UTA Schedule is available on the last page or by clicking here.

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

**Held in Building 852 Rm 215. No registration required.
Contact the Force Development Office for more information at 612-713-1600 or 934.base.training@us.af.mil**

**Attendance Mandatory Prior to using Tuition Assistance*

Customer Service Hours:

Testing hours:

Fridays testing will be @ 0800

Sunday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

Finance Customer Service Hours:

Primary UTA only

Sat 0800-1100 & 1200-1500

Sun 1200-1500

Military Pay: 612-713-1407, 1411

Travel Pay: 612-713-1404, 1405, 1406

Check out our new Comptroller Services Portal (CSP)!
Submit orders, vouchers, questions, etc., with this easy to use system:

<https://usaf.dps.mil/teams/SAFFMCSP/portal/SitePages/Home.aspx>

Finance ANNOUNCEMENTS:

-Please make sure you check the Unpaid Orders (UOO) list!
If you're owed money, we want to get it to you!
-BAH Recertification will take place starting 1 January 2023.
At that time we will need a new AF 594 and supporting documentation for dependents (marriage certificate, birth certificate, etc.).

MPF & ID Section hours:

Primary UTA only

Sat 0800-1100 & 1200-1500

Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment:
<https://idco.dmdc.osd.mil/idco/#/>

PIN resets/CAC Unblocks will be "Walk-Ins"

DFAC Food hours:

Breakfast 0600-0700

Lunch 1100-1230

AAFES Shoppette Customer Service hours:

0800-1500 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

The AFI Explore App is Available

AFI Explorer for iOS and Android allows you to browse and search updated Air Force Instruction publications quickly and efficiently.

Use the advanced search function to find the specific AFI you are looking for. Favorite your most frequently referenced publications and manuals.

By syncing with the e-publishing website for the latest version of each publication, AFI Explorer provides the most recent guidance updates as soon as they become available. This application currently provides access to all departmental publications for the Air Force and to all publicly releasable MAJCOM supplements.

As I continue to update the application with additional features, please use the built-in feedback option in the app to share your thoughts, suggestions, and concerns.

You can also email me at: w_walker@icloud.com

Built in partnership with William Walker

[Android Download Link](#)

[iOS Download Link](#)

Top 3 Meeting

*Meetings are scheduled on Sundays of the UTAs from 1100-1200 in the AES building.

Important Forms:

Air Force Physical Fitness Screening Questionnaire (FSQ) available [here](#).

934th AW SQ Mission Videos are live!

Would you like to know more about other units within the 934th Airlift Wing?

Check out the AMXS Mission Video [here!](#)

Check out the 27APS Mission Video [here!](#)

Check out the CES Mission Video [here!](#)

Check out the MXS Mission Video [here!](#)

*Links work off-network

Scholarship Resources Megalink!

Are you or a family member going back to school?

[Click here](#) to check out this amazing list of scholarship opportunities for active duty, reservists and veterans!

Community Resources Megalink!

Looking for military resources in your community?

[Click here](#) to check out this amazing list of resources for active duty, reservists and veterans!

COVID VACCINE BOOSTER DOSES

The Bivalent COVID Vaccine Booster will be available on a first come first served basis Sunday from 1000-1100 at ASTS in the immunizations section.

NOTE: If possible, please bring your original vaccination card with you to ASTS so we can add the booster dose. If receiving a vaccine/booster from the community, Airmen must report vaccinations to ASTS ASTS. Bring your vaccination card to ASTS or send a copy to the ASTS Org Box. If you have any questions please contact the ASTS Medical Org Box at 934.ast.medical@us.af.mil

2022 Enlisted Promotions

December

CMSgt – JENSEN, MICHELLE – 934 ASTS

MSgt – GOTTWALDT, NICOLE – 27 APS

MSgt – HAMILTON, ZACHARY – 27 APS

TSgt – LEIF, ROBERT – 934 AMXS

TSgt – MASON, TYRUS – 934 AMXS

TSgt – MCNAMARA, JEFFREY – 934 AMXS

SSgt – CHAULKLIN, BLAINE – 27 APS

SSgt – GETZ, GRIFFIN – 27 APS

SSgt – KOSMATKA, SCOTT – 934 ASTS

SSgt – LARSEN, SAMUEL – 934 CS

SSgt – SCHMIT, MAXWELL – 934 AMXS

SSgt – WOLFGRAM, MICHAEL – 96 AS

SSgt – YANG, JOHN – 27 APS

SrA – CARNEY, PIERCE – 934 AMXS

SrA – COLLOVA, ROBERT – 934 ASTS

SrA – MAKANA, JOSHUA – 934 AW

SrA – WALKER, JASMINE – 934 ASTS

A1C – JEFFRIES, JAXON – 934 MXS

Amn – ADOMAYI, GLORY – 934 ASTS

Amn – ELAM, TRAVIS – 934 SFS

Amn – GOMEZ, SARA – 934 ASTS

Amn – NEAL, ANDRES – 934 AMXS

Amn – PRICE, ALINA – 934 SFS

December

COL – MCMANUS, JAMES – AES

1LT – PARADEE, LEVI – AW

MSG – PROCTOR, AKILI – MSG

TSG – HOCUTT, ELISHEBA – FSS

SSG – KOBAL, CHARLES – CES

SRA – FIRLE, SAMANTHA – SFS

A1C – BERRY, LAURENASHLEY – SFS

A1C – COLLOVA, ROBERT – ASTS

A1C – WALKER, JASMINE – ASTS

AMN – MARTINEZ ARIAS, JESSICA – ASTS

AMN – NGWA, AKONGNWI – ASTS

3rd Quarter 2022 Winners

Amn: SrA Zachary Thompson / AMXS

NCO: SSgt Laura Sachwitz / AMXS

SNCO: SMSgt Catherine Lammers / APS

CGO: Capt Alexander Hennen / APS

FGO: N/A

Civ Sup: N/A

Civ Non-Sup: N/A

Military & Family Readiness Center
Building 729, Room 202

Director:

Kelly Wilkinson
612-713-1567

Office Hours:

M-F: 0900-1500

December UTA: Sat: 0730-1300
Sun: 1300-1530

Out-Processing call 1567 to set up appointment

All separating, retiring, transferring

Bundles for Babies!

Are you a new parent?

Stop by the Airman & Family Readiness Center to
pick up a hand knit baby blanket and supplies!

Bldg. 729, Saturdays: 1300-1400

Are you looking for employment?

Visit or download:

934th Airlift Wing, AF Connect App

Select Employment Opportunities!

Multiple Companies hiring Military and Veterans

Are you retiring/separating soon?

Contact the M&FR Director for information on
Transition Assistance and Veterans Resources!

Holiday Toys Available!!!!

Community Activity Center (CAC, Bldg. 807)
3-4 December 2022



First Duty Station Financial Training
Block 1 of 2

Bldg. 801, Room 206, LRS
3 December 2022, 0900-1100

Block 2 of 2, Saturday, 7 Jan 2023

****Required for all new enlistees,
recommended for anyone
experiencing financial hardships or
wanting to gain financial readiness
education****

Need Financial Help?
Contact the 934th Personal Financial
Counselors
FREE

Jay Brunkhorst, CFP®
Minneapolis St Paul ARS
Personal Financial Counselor (PFC)
Cell Phone: 612.297.2826
E-mail: pfc.mn.usnr@zeiders.com

Craig Hovland, AFC®
Fort Snelling, MN
Personal Financial Counselor (PFC)
Cell Phone: 612.297.0295
Email: pfc.fortsnelling.usar@zeiders.com
[m](#)



934th Military & Family Readiness Center will have **FREE TOYS!**

Sponsored by Operation HomeFront and Dollar Tree Store Customers! Stop by and pick up some stocking stuffers at the Community Activity Center (CAC), Building 807.



2 December- 4 December

Military Spouses, are you looking to connect with other military spouses? Here is an opportunity for you.

- What: USO is hosting a Coffee Connections for military spouses to network and connect
- Who: All spouses of currently-serving military are welcome!
- Where: Common Roots Café, 2558 Lyndale Ave S, Minneapolis
- When: Dec 9 at 10:30 am
- Register here : <https://midwest.uso.org/events/143>
- POC: Mona Hammill mhamill@uso.org or Cell: 904-472-4584

December UTA Menu



Saturday

Breakfast (0600 – 0700)

- French Toast
- Scrambled
- Hard Boiled Eggs
- Hashbrowns
- Creamed Beef / Biscuits
- Bacon / Turkey Sausage

Lunch (1100 – 1230)

- Roast Beef or Baked Ham
- Mashed Potatoes or Corn Bread Dressing
- Green Bean Casserole
- Glazed Sweet Potatoes
- Spinach Apple Salad
- Assorted Pies

Sunday

Breakfast (0600 – 0700)

- Scrambled Eggs
- Hard Boiled Eggs
- Creamed Beef Gravy / Biscuits
- Bacon
- Hashbrowns
- Assorted Cereal

Boxed Lunch (1100 – 1200)

- Roast Beef or Ham Sandwich or Spinach Apple Salad
- Chips
- Apple
- Rice Kristy
- Chocolate or Vanilla Pudding
- Bottled Water



December 2022



LUNCH Special MENU
934th Community Activity Center Bldg. 807
Phone 612.713.1655

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hours of Operations Monday–Friday 1100-1300 Closed on Holidays UTA Weekends ONLY Bar & Grill Open Friday & Saturday				1 SWISS STEAK	2 TACO BUFFET BAR & GRILL OPEN 1530-2100	3 UTA WKND BAR & GRILL OPEN 1530-2100
4 UTA WKND	5 CHEF'S CHOICE	6 BOURBON CHICKEN	7 ROAST PORK LOIN	8 CORDON BLEU	9 COCONUT SHRIMP	10
11	12 FRIED CHICKEN & WAFFLE	13	14 GRILLED PORK CHOP	15 PASTA BAR	16 FRIED CATFISH	17
18	19 LIMITED MENU	20 LIMITED MENU	21 LIMITED MENU	22 LIMITED MENU	23 CLOSED CLOSED	24
25 Happy Holidays	26 CLOSED CLOSED	27 LIMITED MENU	28 LIMITED MENU	29 LIMITED MENU	30 CLOSED CLOSED	31

Calories In Calories Out Review

By Eric Neal, Wing Exercise Physiologist

Throughout the year I've been sharing factors that play a role in calories in vs calories out. We've determined that calories in pretty much comes down to how many calories you are consuming and getting a precise number of the calories can be off by up to 20% on the label and from estimating incorrectly if we are not measuring amount of food consumed. Calories out has so many determining factors ranging from basal metabolic rate, thermic effect of food, exercise activity calories, and non-exercise activity calories and these numbers can become to differ over time based on adaptive thermogenesis and body-fat set point theory.

We've discussed methods to stay on top of tracking and off-set situations that might lead to weight gain. The best method for tracking caloric intake is to understand the calories could be off by 20% on the label, but to still make an effort to measure food using food scales, measuring cups, and measuring spoons and tracking it to MyFitnessPal or something similar. We are also fortunate to have wearables to track our caloric expenditure, must also understand they might not be perfect. You might ask, why should I do all this tracking if there is a chance it might not be accurate? My answer is if you have been tracking what you have been doing for a while you can make some changes by adjusting what you are doing to start meeting your goals. This was the case for me. I was doing what was required based on my caloric intake from what I logged and caloric expenditure determined by Apple Watch to lose 1 pound per week, but I was just maintaining for many weeks. After about 6 months, I adjusted to offset what was around a 500-600 calorie differential per day based on my calories per week on average compared to what I was weighing to be accurate, which could be either error on calories in or error on estimate from Apple Watch for caloric expenditure. I can't precisely determine the cause, but what I can say is the Apple Watch was estimating my calories lower than the treadmill and other devices, which makes me want to think it was more than likely labels not perfect on the food I was eating or I wasn't doing a good enough job ensuring I was always measuring my food, but regardless of the factors, I made changes to decrease my caloric intake and the weight started coming off again.

We have also discussed weight gain following successful weight loss and how to prevent that from happening by applying diets such as Reverse Diet and Minimizing Adaptive Thermogenesis And Deactivating Obesity Rebound diet to restore metabolism rather than falling victim to yo-yo dieting causing the Body-fat Set Point to become higher as a result of increased fat cells. Intermittent fasting was also included as a strategy to prevent weight gain during the holidays by offsetting the high calorie days with no calories to prevent going over the limit of calories needed to lose or maintain weight. In conclusion, if strategies are applied correctly and you can meet goals of calories consumed vs calories expended you will be successful in your weight management goals.

December 2022

GROUP FITNESS CLASSES
 934TH FITNESS CENTER, BLDG 777
 PHONE NUMBER 612-713-1496

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Fitness Hours of Operations 0700–1500 Monday–Friday 24Hour Access Available		WINTER IS COMING!!! GET YOUR 24HR ACCESS NOW Visit the Front Counter and gain ACCESS Today!		1 Hatha Yoga 1130-1230	2 BAR & GRILL OPEN 1530-2100	3 UTA WKND BAR & GRILL OPEN 1530-2100
4 UTA WKND	5	6 Hatha Yoga 1130-1230	7	8 Hatha Yoga 1130-1230	9	10
11	12	13 Hatha Yoga 1130-1230	14	15 Hatha Yoga 1130-1230	16	17
18	19	20 Hatha Yoga 1130-1230	21	22 Hatha Yoga 1130-1230	23 CLOSED CLOSED	24
25 <i>Happy Holidays</i>	26 CLOSED CLOSED	27 Hatha Yoga 1130-1230	28	29 Hatha Yoga 1130-1230	30 CLOSED CLOSED	31



LICENSED FAMILY CHILD CARE PROVIDERS NEEDED FOR AIR FORCE FAMILIES ONE WEEKEND A MONTH

The United States Air Force Home Community Care Program (AF HCC) is accepting new applications from family child care providers.

Take advantage of this exciting opportunity to make additional income!

Participating state licensed providers will receive \$10 an hour per child and NAFCC accredited providers will receive \$12 an hour per child in compensation!

APPLY NOW!

Contact Child Care Aware® of America for eligibility and an application:

Email: afhcc@usa.childcareaware.org

Phone: 1-800-424-2246 extensions 255, 883 or 206

Website: <https://www.childcareaware.org/fee-assistance/airforcehcc/>



COME JOIN US AT
 THE BAR & GRILL
 (CAC Bldg. 807)
 FRIDAY, DECEMBER 2, 2022
 1530-2130



FREE SLICE OF COOKIES N' CREAM PIE FREE
 (With Purchase of ANY Bar Food Menu Item)



Interested in Volunteering?

The Hennepin County Office of Multi Culture is seeking volunteers for events coming up in the near future.

It is the policy of the Minnesota Government Data Practices Act for volunteers to register in the link below (Library Adult Application) to ensure that all those who volunteer for the county are screened for safety measures.

Members interested in volunteering can contact:

- ason Roman
- Office of Multi-Cultural Services/ Migration and Information Services
- Office Phone:612-348-2578/Mobile:763-647-8556
- ason.Roman@hennepin.us

MyImpactPage - Library - Adult Application
(betterimpact.com)



BEAVER FIT™

Located in front of Outdoor Recreation Bldg.
across from Fitness Center

- ✦ External bars may be used at any time.
- ✦ For access to the internal equipment, users will be required to sign out the key at the Fitness Center during normal operating hours: M-F 0700-1500.
- ✦ When user is finished, it is mandatory that equipment used is placed in it's designated space.
- ✦ Those who fail to comply with these rules will be revoked of their privileges.

For more information, contact the
Fitness Center at (612)713-1474

THC IS LEAGAL IN MINNESOTA!?

A new Minnesota law that took effect Friday July 8th 2022 allows people 21 and older to buy edibles and beverages that contain a limited amount of THC, the ingredient in marijuana that creates a high.

What does this mean for Service Members?

No matter where you are stationed, TDY/TAD or visit, possessing, distributing or using CBD or THC (recreational, medical or otherwise) is **prohibited by military regulation**. Violations may result in discharge from service and punishment under applicable codes (federal criminal code, UCMJ) and/or State Codes of Military Justice).



What do Service Members need to know?

Products similar to those pictured will begin to appear in MN stores. When trying new products or purchasing anything, please **READ THE INGREDIENTS**. Most of the time there will be something on the front saying it has either CBD or THC but sometimes you must be thorough. CBD and THC are not FDA regulated meaning the amount of the product listed may not be completely true; there may be more than what is listed.



For additional information on prohibited ingredients, please visit www.opss.org or contact the 934 ASTS medical records room at 612-713-1676.

OPSS



934 ASTS Medical Records Room

(612) 713-1676

IAW DAFMAN 44-197, "the use of products containing or products derived from hemp, including but not limited to delta-8-tetrahydrocannabinol (delta-8-THC) and cannabidiol (CBD), is prohibited. This prohibition applies regardless of the route of administration, ingestion, or use."

If you have any questions please contact the 934 ASTS at 612-713-1676

For additional information on prohibited ingredients, please visit www.opss.org.

TAAT ALTERNATIVE CIGARETTES

There is a new cigarette alternative on the market that claims to be nicotine and tobacco free however, it contains 30mg of CBD and .2% THC.



These cigarettes are being given out as free samples at gas stations when you purchase a regular pack of cigarettes. They are advertised to look, smell, and taste like traditional tobacco cigarettes. **DO NOT** smoke these as they can cause you to test positive on a urinalysis.

When trying new products or purchasing anything, please **READ THE INGREDIENTS**. These products can trick you in many ways, but they must list that CBD and or THC is in their product. Most of the time there will be something on the front saying it has either CBD or THC but sometimes you must be thorough. CBD and THC are not FDA regulated meaning the amount of the product listed may not be completely true; there may be more than what is listed.





934TH AIRLIFT WING STRATEGIC PRIORITIES

THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES.

Apr. 2021


MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL
AIRLIFT AND COMBAT SUPPORT

VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

PRIORITIZE TRAINING

 FOCUS ON AFSC
TRAINING &
COMBAT
SKILLS
TRAINING

 PROVIDE
PROFESSIONAL
DEVELOPMENT &
EDUCATION
OPPORTUNITIES

 DEVELOP
WING-WIDE
SPONSORSHIP
PROGRAM

1

MODERNIZE & REFORM

 ADDRESS LOCAL
UNIT MANPOWER
PROCESS

 DEVELOP UNIT
MISSION BRIEFS


 MAXIMIZE WING
STORAGE & SPACE

 STREAMLINE UNIT
ADMINISTRATIVE
PROCESS

2

PREPARE FOR FUTURE COMBAT

 ALIGN TRAINING
REQUIREMENTS FOR
FUTURE
CONFLICTS

 PROVIDED
OPPORTUNITIES
TO EXERCISE FOR
TOMORROW'S FIGHT

 ALIGN ALL MASTER
TRAINING PLANS

3

TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS
BE PROFICIENT IN YOUR SKILLS
BE DEPLOYABLE IN YOUR MISSION SET
BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



**DEPARTMENT OF THE AIR FORCE
AIR FORCE RESERVE COMMAND**

1 May 2022

MEMORANDUM FOR ALL 934TH AIRLIFT WING PERSONNEL

FROM: 934 AW/CC

SUBJECT: FY23 UTA Schedule, 934th Airlift Wing

1. In accordance with AFMAN 36-2136, the FY23 Unit Training Assembly schedule for all assigned units of the 934 AW is provided below. Any rescheduled UTAs will provide the same type and quality of training as the originally scheduled UTA.

<u>MONTH</u>	<u>PRIMARY</u>	<u>ALTERNATE</u>
Oct-22	15-16	1-2
Nov-22	5-6	19-20
Dec-22	3-4	17-18
Jan-23	7-8	21-22
Feb-23	2-5*	NA
Mar-23	4-5	18-19
Apr-23	1-2	22-23
May-23	6-7	20-21
Jun-23	3-4	24-25
Jul-23	N/A	15-16
Aug-23	5-6	19-20
Sep-23	9-10	23-24

2. Please contact SMSgt Danielle Carcieri at DSN 783-1501, with any questions regarding this schedule.

LAY.CHRISTOPHE
R.T.1133232105

Digitally signed by
LAY.CHRISTOPHER.T.113323210
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CHRISTOPHER T. LAY, Colonel, USAF
Commander