

We continue to operate in HPCON BRAVOPLUS -See page 13 for additional details

Public Affairs is seeking volunteers with <u>audio editing capabilities</u>. If you are experienced in this area, please contact Maj Mojica at ext 1218 or e-mail the PA org box at 934AW.PA@us.af.mil

Interested in going to the Vikings game on 9 Dec, see page 2 for details.

COVID Vaccine booster doses are available at ASTS for all members and dependents 18+. See page 4 for additional details.

Silent Auction to be held Sunday, 8 January. See page 7 for additional details.

The 2021 Combined Federal Campaign has started. See page 11 for additional details.

During the Dec UTA there NOT be any professional development events. See page 11 for future events that will resume during the Jan UTA.

A Promotion Recognition Ceremony will be taking during the Jan UTA. See page 10 for details.

Inside this issue:







External Links: COVID-19 Information Prevention Connection CAT Brochure



The Commander in Chief, President Joe Biden, visited the Twin Cities on Nov. 30, 2021. (U.S. Air Force photos by Chris Farley)

Thank you to ALL who supported this visit!





The Minnesota Vikings are seeking military volunteers to be part of the large American Flag field detail that will be on display during the National Anthem of the Minnesota Vikings versus the Pittsburgh Steelers game on Thursday, 9 December with a 7:20PM kickoff.

We are looking for 30 volunteers at this time (more may become available so we will create an alternate list). If you participated in the Flag Detail on 21 Nov, you are eligible to sign up as an alternate.

Requirements:

*Volunteers will need to be in full uniform (OCPs or Flight Suits)

*Vaccination Requirement: all volunteers must be fully vaccinated in accordance with the NFL's guidelines (form available via e-mail). *As this is a volunteer opportunity, transportation/parking is at the expense of each volunteer

*A rehearsal is currently scheduled for 2:00PM and volunteers will need to be check-in NLT 1:30PM.

*Volunteers will be provided with a standing room ticket to the game if they choose to stay for the game (this is for the participating member only; no additional tickets will be provided so please do not ask).

*If interested, please reply with your name, cell phone number, personal e-mail address AND your completed vaccination form (attached; please write legibly) to 934AW.PA@US.AF.MIL.

Fiscal Year 2022 UTA Schedule

December 2021	4-5	18-19
January 2022	8-9	22-23
February 2022	5-6	12-13
March 2022	5-6	19-20
April 2022	2-3	23-24
May 2022	7-8	21-22
June 2022	4-5	18-19
July 2022	9-10	N/A
August 2022	6-7	20-21
September 2022	10-11	24-25

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF *CANCELLED for Dec UTA

Wednesday at 1400 and Primary UTA Saturdays at 1400.

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

Held in Building 852 Rm 215. No registration required. Contact the Force Development Office for more information at 612-713-1600 or <u>934.base.training@us.af.mil</u> *Attendance Mandatory Prior to using Tuition Assistance

Customer Service Hours:

Testing hours:

Fridays testing will be @ 0800 Saturday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

Finance Customer Service hours:

- FM customer service will be provided from 0700-1100 and 1200-1600 on Saturdays for the remaining FY 21 UTAs. Customer service will be provided from 1130-1530 on Sundays of the UTAs. Sundays 0700-1130 will be closed for unit training (white space).
- 2. Org boxes for MilPay and Travel Pay are: a. 934AW.FM.MILITARY_PAY@US.AF.MIL b. 934AW.FM.TRAVEL_PAY@US.AF.MIL
- 3. POCs for MilPay and Travel Pay customer service inquiries for the remaining FY 21 UTAS are David Cox at 612-713-1411 and Tami Nelson AT 612-713-1404.

MPF & ID Section hours:

Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: <u>https://idco.dmdc.osd.mil/idco/#/</u>

PIN resets/CAC Unblocks will be "Walk-Ins".

DFAC Food hours:

Breakfast 0600-0700 Lunch 1100-1230

AAFES Shoppette Customer Service hours:

0900-1500 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

The AFI Explore App is Available

AFI Explorer for iOS and Android allows you to browse and search updated Air Force Instruction publications quickly and efficiently.

Use the advanced search function to find the specific AFI you are looking for. Favorite your most frequently referenced publications and manuals.

By syncing with the e-publishing website for the latest version of each publication, AFI Explorer provides the most recent guidance updates as soon as they become available. This application currently provides access to all departmental publications for the Air Force and to all publicly releasable MAJCOM supplements.

As I continue to update the application with additional features, please use the built-in feedback option in the app to share you thoughts, suggestions, and concerns

You can also email me at: w_walker@icloud.com

Built in partnership with William Walker

Android Download Link

iOS Download Link

934th AW SQ Mission Videos are live!

Would you like to know more about other units within the 934th Airlift Wing?

Check out the AMXS Mission Video <u>here</u>! Check out the 27APS Mission Video <u>here</u>! Check out the CES Mission Video <u>here</u>! Check out the MXS Mission Video <u>here</u>!

*Links work off-network

Scholarship Resources Megalink!

Are you or a famliy member going back to school?

<u>Click here</u> to check out this amazing list of scholarship opportunities for active duty, reservists and veterans!

Community Resources Megalink!

Looking for military resources in your community?

<u>Click here</u> to check out this amazing list of resources for active duty, reservists and veterans!

Top 3 Meeting

*There will not be a Top 3 meeting in Dec.

Important Forms:

Air Force Physical Fitness Screening Questionnaire (FSQ) available <u>here</u>.

Military Ball 2022

Do you love planning events? Are you great with advertisements? Do you have skills in photography or videography? Are you a musician? Then we need you! Join the Military Ball Committee and let your talents shine. Meetings are held Saturday of each UTA 0900-1000 in the Wing Training Room.

COVID VACCINE BOOSTER DOSES

COVID Vaccine booster doses are available at ASTS for all members and dependents 18+. Important note: members are authorized to receive either type of mRNA vaccine as the booster dose, regardless of which type was administered as the initial full series.

Due to supply limitations of MODERNA we will move to limited days of walk-in offering until our next shipment comes in. PFIZER will remain available every day.

MODERNA: Available Tuesdays and UTA Saturdays from 0800-1430

PFIZER: Available every weekday and UTA Saturdays from 0800-1430

NOTE: Please bring your original vaccination card with you to the ASTS so we can add the booster dose.

If you have any questions please contact the ASTS Medical Org Box at 934.asts.medical@us.af.mil

2021 Enlisted Promotions

December

MSgt – OBRIEN, EDWARD – 934 OG MSgt – MILLER, JAMES – 934 ASTS MSgt – RUGGLES, MELISSA – 934 AW MSgt – WY, JEROME – 27 APS MSgt – WEESE, JARED – 934 FSS

TSgt – BLIGHTON, KARIS – 934 AES TSgt – CROWLEY, BRYAN – 934 MXS TSgt – POPEK, KARINA – 96 AS TSgt – MILLER, CHAD – 934 AMXS TSgt – BAGGETT, DYLAN – 27 APS TSgt – THOMAS, TROY – 27 APS

SSgt – ARAB, AHMED – 934 CES SSgt – COMBE, JAKE – 934 CES SSgt – MCGILLIVRAY, URIAH – 934 SFS SSgt – HATZENBELLER, RAYMOND – 934 ASTS SSgt – JACKSON, KOLBY – 934 ASTS SSgt – KNIPP, JAKE – 934 AMXS SrA – LEGATT, AVA – 934 CES SrA – SCHEIBE, ETHAN – 934 SFS SrA – LARA, IVAN – 934 SFS SrA – GOWELL, JOHNATHAN – 934 ASTS SrA – WELDE, SELAM – 934 ASTS SrA – SAFO, ALEX – 934 ASTS SrA – CLARIS, WATOH – 934 ASTS SrA – BASTIAN HERNANDEZ, SAMANTHA – 934 ASTS SrA – KERKES, PHILIP – 934 AMXS

> A1C – BLACKMON, JAYMES – 934 SFS A1C – YANG, JULES – 934 SFS

Amn – COOK, DAQUIA – 96 AS

Welcome Newcomers!

December

2LT QUILLEN, CHOLE – AS 2LT PENA, MELENDEZ – CES MSgt FRANKLIN, BENJAMIN – ASTS TSgt MILLER, JOSEPH – CES TSgt WILSON, JAMES – OSS SrA BISHOP, DYLAN – SFS A1C BASTIAN-HERNANDEZ, SAMANTHA – ASTS A1C MACARTHY, BABA – ASTS A1C MILLER, JOSHUA – CES A1C TESSNESS, CHASE – AW Amn STEINER, ABIGAIL – ASTS AB COOK, DAQUIA – AS AB HICKEY, CAMRYN – SFS AB MOTSCHENBACHER, JACK – AW AB YANKEE-EDWARDS, SUSANNA – ASTS

Award Winners!

2nd Quarter Winners

AMN: SrA Evan Strand – MXS NCO: SSgt Matthew Grates – LRS SNCO: MSgt Kyle Sunne – CES CGO: Capt Paul Underwood – CES FGO: Maj Christine Schrader – OSS Innovation: 27 APS ARA 21

Air Force Association Winners

SrA Paul Heiman – SFS TSgt Gildardo Allende – SFS SMSgt David Peterson – AW/CP MSgt Kelley Lasiewicz – AMXS Capt John Kupka – APS

Air Force releases alternate component fitness score charts

By Secretary of the Air Force Public Affairs WASHINGTON (AFNS) --The Air Force will officially add new alternative components to physical fitness assessments beginning Jan. 1, 2022. The updated scoring charts can be found here.

After announcing the components in July, over 9,000 data points were collected to determine the point values for each component by assessing approximately 2,000 Airmen from 23 installations.

Airmen will have the choice to perform these options to meet the strength and cardiovascular requirements:

Cardio -Traditional 1.5-mile Run -High Aerobic Multi-shuttle Run (20M HAMR)

Strength -Traditional Push-ups -Hand Release Push-ups

Sit-ups -Traditional Sit-ups -Cross-Leg Reverse Crunch -Plank

"While testing these components at various installations, we received a large amount of positive feedback," said Lt. Gen. Brian Kelly, Air Force deputy chief of staff for manpower, personnel, and services. "The changes to the physical fitness assessments reflect what we learned and our desire to provide Airmen with additional flexibility in maintaining fitness standards."

*The above story can be continued here (https://www.minneapolis.afrc.af.mil/News/Article-Display/Article/2846307/air-force-releases-alternate-component-fitness-score-charts/).



(Right) President Joe Biden engages with Col. Chris Lay, 934th Airlift Wing commander, and Col. Gregory Berry, 934 AW vice commander, during a visit to the Twin Cities on Nov. 30, 2021 at the Minneapolis-St. Paul Air Reserve Station, Minn. (U.S. Air Force photo by Chris Farley) (Left) Staff Sgt. Nicole Urbain, 27 Aerial Port Squadron air transportation specialist, walks chocks out to Air Force One during President Joe Biden's visit to the Twin Cities on Nov. 30, 2021 at the Minneapolis-St. Paul Air Reserve Station, Minn. (U.S. Air Force photo by Chris Farley)



Military Ball 2022

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Then we need you!

Join the Military Ball Committee and let your talents shine. Meetings are held Saturday of each UTA 0900-1000 in the Wing Training Room.

Silent AUCTION SATURDAY 8 JANUARY

Calling all 934th AW Squadrons!

The 2022 Military Ball Committee is asking each squadron to provide a basket of goods worth \$50-\$100 to help with Military Ball fundraising efforts. You pick the theme! Alcohol and non-perishable items allowed.

Please bring baskets to the dining facility on Saturday 8 January no later than 9am.



Sponsored by Military Ball Committee



CALLING ALL SQUADRONS!

Click or scan QR code below:



Band/DJ applications due January 1, 2022 Photographer, Usher, MC applications due February 1, 2022 Are you an amazing DJ or in an awesome band and want some publicity?

Do you have what it takes to photograph a night of glam?

Are you interested in being an Usher or Master of Ceremonies for a room full of ball gowns, tuxedos, and mess dress?

Reach out to the 2022 Air Force Ball Committee now!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HOURS OF OPERA MONDAY to FRI LUNCH 110	TIONS: Jain US for		1 CHICKEN KIEV	2 BUFFALO OR BB WING	3 FRIDAY FISH Bar & Grill OPEN 1530-2130	4 UTA Bar & Grill 1530-2130 KARAOKE NITT
5 UTA	6 PORK SCHNITZLE	7 HOT TURKEY	8 COCONUT SHRIMP	9 ORIENTAL SPECIAL	10 PORCUPINE MEATBALL	11 CLOSED
12 CLOSED	13 TATER TOT HOTDISH	14 STEAK AND POTATO	15 FRIED CHICKEN	16 BREAKFAST SPECIAL	17 FRIDAY FISH	18 CLOSED
19 CLOSED	20 LIMITED MENU	21 LIMITED MENU	22 LIMITED MENU	23 LIMITED MENU	24 CLOSED	25 CLOSED
26 CLOSED	27 LIMITED MENU	28 LIMITED MENU	29 LIMITED MENU	30 LIMITED MENU	31 CLOSED	



Year in Review and the Way Forward

By Eric Neal, Wing Exercise Physiologist

A lot of change has taken place in 2021. We have went through being exempt on fitness testing, to participating for feasibility of alternative fitness testing components, to removal of abdominal circumference with doubling the points for push-ups and sit-ups, and 5 year score charts for our return to fitness testing while completing the FSQ and making reservation in a new system that replaced AFFMS II named myFitness.

You might ask what is the way forward? Another set of scorecharts was recently published adding hand release push-ups, cross-leg reverse crunch, and forearm planks. These new components begin 1 Jan 22 along with 20 m HAMR no longer being classified as nonattribution. The Rockport 1 mile walk and 3 minute Burpee/Squat Thrust was put in parking lot for future consideration and will not be part of the new fitness assessment. You might also ask how should I prepare for these new components? My answer to this, just like about any type of activity is specificity, progressive overload, balance of training, and maintaining a normal weight. Rather than providing exercise or recipe of the month, I will be shifting gears to start off 2022 with a series of articles for weight management called Calories In vs Calories Out. Although abdominal circumference is no longer a component of the fitness assessment, it indirectly plays a very large role on our fitness score as weighing less will make the aerobic and muscular endurance components much easier to score higher. Calories In vs Calories Out is very misunderstood and can be misleading, but I'll be taking you through a journey next year to help you master this subject and your weight management.

Recipe of the Month

M&M Protein Cookies

Submitted by Eric Neil

Ingredients

- 3 Cups of Old Fashioned Oats
- 1 Cup Oat Flour
- 8 Scoops Vanilla Muscle Tech Pure Series 100% Whey Protein
- 48 TBSP or 735 grams Egg Beaters
- ¹/₂ Cup Extra Virgin Olive Oil
- 15.9 oz Plain Greek Yogurt
- 1.5 Cups Brown Sugar Stevia Blend
- 1 TBSP Cinnamon
- 1 TBSP Vanilla
- 2 Cups Plain M & M's

Add dry ingredients to mixing bowl and stir. Add the liquid ingredients to the dry ingredients and stir. Finally add M & M's and stir. Preheat oven to 350 F and coat pans with olive spray. Place pans in oven and cook until they appear to be halfway done. If you bake until completely done, the cookies will be very dry and taste horrible. After cooking halfway, place in the refrigerator to gel. Healthier alternatives to consider is replacing M & M's with craisins.

Yields 36 servingsCalories 185, Protein 11 grams, Carbohydrates 23.8 grams, Fat 6.5 grams

The M & M protein cookie makes for a pretty tasty pre-workout meal. 2 cookies about an hour before work out is going to yield about 370 calories at 22 grams of protein, 48 grams of carbohydrates, and 13 grams of fat. If you do the math, you might wonder why there is only 185 calories per cookie if you multiply 4 calories per gram of protein and carbohydrate and 9 calories per gram of fat would give you 198 calories, but the fiber reduces the amount by about 13 calories. This makes for a meal that is about 24% protein, 45% carbohydrate, and 31% fat, which is a good range for pre-workout meal. I hope you give this a try and enjoy it.

934th Development Team News:

934 Airlift Wing now has a Development Team that will be coordinating numerous types of learning opportunities.

If you want to lead a discussion or if there is something you are interested in learning please contact:

MSgt Daphnee Powellbills - daphnee.powellbills@us.af.mil

SSgt Mathew Chalupa - mathew.chalupa@us.af.mil

SSgt Phillip Hanson - phillip.hanson.3@us.af.mil

SSgt Casey Lindsey - casey.lindsey.1@us.af.mil

A Message from Rita Shedd, DPH

Rita Shedd, LICSW, Director of Psychological Health

Office Phone: 612-713-1224 Air Force Cell Phone: 612-919-2683 Email: rita.shedd@us.af.mil.

Rita is available full time and all UTA days, to provide individual confidential counseling, stress management and referral for all Airmen and their spouses. Rita provides crisis intervention, command consultation and training for all psychological health issues. <u>DPH Overview Video</u>

Lodging During UTA Weekends

DISCUSSION: Unit POCs will need to ensure we have Automated Lodging Reservation System (ALRS)compliance by all 934th members that require lodging while preforming Military Duty. Effective immediately North Country Lodging staff are no longer allowed to make any off base lodging reservations. All calls to schedule or cancel lodging rooms on or off base will be referred to use the ALRS phone line or APP. There should not be any scheduling calls to the lodging front desk as the member will just be referred to use ALRS. Those members who fail to make their lodging reservations in time will be essentially on their own to find lodging for the UTA at their own expense. Lodging reservations can be made three months in advance. All UTA lodging reservations must be made via ALRS (use the App for IDT status only and the phone numbers for mixed statuses) NLT 2200 the Sunday prior to the primary or alternate UTA. All cancellations are the responsibility of the member, and if they do not cancel they are responsible for all charges incurred. See below for some vof the language that is in the approved 934th Airlift Wing Instruction dated 6 August 2019. The POC for UTA lodging related issues will be SMSgt Joshua Jarchow.

1.4. Lodging reservations are required to be made no later than 2200 hours the Sunday before each Unit Training Assembly (UTA). If the reservist has not made lodging reservations by that time/day, they will not get lodging provided at government expense. Extenuating circumstances will be reviewed on a case-by-case basis by 934 AW/FMC and 934th Force Support Squadron (FSS) Sustainment Services Flight Chief. Any specific questions regarding entitlements associated with the local commuting area should be referred to 934 AW/FMC.

2. Responsibility. It is each member's responsibility to make and cancel reservations using ALRS

2.3. Reservist will: 2.3.1. Contact their unit lodging monitor requesting approval for lodging (initial time only). If approved, reservist will make, change and cancel all lodging reservations using ALRS by calling (612)713-5631/5632/5633/5634 or 800-872-3235 and follow instructions.

2.3.3. Know the status they will be in prior to making the reservation.

2.3.3.1. Inactive Duty for Training (IDT): 934 AW will pay lodging cost. This consists of presenting an AF Form 40A, Record of Individual Inactive Duty, when performing a rescheduled UTA/Readiness Management Period (RMP) or a 934 AW Form 2, AFTP/AGTP Lodging Certification when performing Additional Flying Training Period (AFTP) or Additional Ground Training Period (AGTP). For RMPs, AFTPs and AGTPs, the reservist is authorized lodging only if their report/release time requires them to travel between 2400-0600 hours

2.3.3.2. Active Duty for Training (ADT): Reservist on orders will pay and be reimbursed via a travel voucher.

4. Off-Base Quarters. Reservists lodged in off-base quarters will: 4.1. Be directed to off-base lodging by ALRS when making their reservation if on-base lodging is full. Reservists may go directly to the commercial hotel. Coming to base lodging is not required for either arriving or departing.

4.2. Present military ID card at check-in. 4.3. Be lodged one person per room. 4.4. Present payment for any deposits required by the hotel. A credit card is required to cover any miscellaneous costs incurred by the reservist (i.e. movie rental, room service, etc.) 4.5. Checkout and return key to hotel desk by posted hotel checkout time. Sign all forms at the hotel desk. Untimely checkout may incur additional expenses paid at time of checkout.

5. Walk-In Policy. Per AFI 34-135, Air Force Lodging Program, reservists are required to make advanced reservations. Reservists who walk-in without making reservations may still utilize government quarters, however, the unit of assignment will not pay for lodging of reservists who fail to comply with this directive. (EXCEPTIONS: New recruits, reservists returning from long deployments, etc.) It is the unit lodging monitor's responsibility to ensure that all reservists are aware of and in compliance with this policy.



A Promotion Recognition Ceremony for enlisted members who promoted in May 2021 will be taking place on Saturday January 8th, 2022 @ 1000 in the Navy Auditorium Room.

Please arrive 10 minutes early and be seated for the ceremony to begin at 1000

Refreshments will be available after the ceremony

Please contact your First Sergeant for additional details.

Combined Federal Campaign



It is my pleasure to announce the 2021 CFC and my support to the historic, world-changing campaign –

starting with our 1 December kick-off and running through 15 January.

This year we are teaming with our installation partners to raise \$20,000. To help meet our goal, you can visit GiveCFC.org and utilize our installation code: Q91FYP.

First pick your charity. There's oodles:

Then you can give through reoccurring Payroll Deduction or through a one-time gift donation. Boom. That easy!

Find a cause that YOU love and CFC will help make it easy to donate.

Any questions? Chat with the Shirts or myself—Hannah Mercer ext 1305



Upcoming Professional Development Events!

Sat, 6 Nov – Military One Source 1200-1300 Wing Training Room Sun, 7 Nov – Holiday Spending 1130-1230 CATM Classroom

November

February

May

August

Sat, 5 Feb – TBD 1200-1300 Wing Training Room Sun, 6 Feb – Financial Briefing TBD 1130-1230 CATM Classroom

Sat, 7 May – TBD 1200-1300 Wing Training Room Sun, 8 May – Financial Briefing TBD 1130-1230 CATM Classroom

Sat, 6 Aug – TBD 1200-1300 Wing Training Room Sun, 7 Aug – Financial Briefing TBD 1130-1230 CATM Classroom

Sat, 8 Jan – Starting a Business 1200-1300 Wing Training Room January Sun, 9 Jan – Paying for College 1130-1230 CATM Classroom Sat, 5 Mar – Unclassified Intel Briefing 1200-1300 Wing Training Room March Sun, 6 Mar - Financial Briefing TBD 1130-1230 CATM Classroom Sat, 4 Jun – Practical Leadership 1200-1300 Wing Training Room June Sun, 5 Jun – Financial Briefing TBD 1130-1230 CATM Classroom Sat, 10 Sep – 4 Lenses Course 1200-1300 Wing Training Room September Sun, 11 Sep – Financial Briefing TBD

1130-1230 CATM Classroom

No Classes December, April or July. Mark your Calendars for a Professional Development 2-day event! June 6 -7 2022



THIS PLAN ALIGNS WITH THE DIRECTION OF 22ND AIR FORCE, AIR FORCE RESERVE COMMAND AND SECRETARY OF THE AIR FORCE PRIORITIES. Apr. 2021

MISSION

CITIZEN AIRMEN PROVIDING WORLDWIDE TACTICAL AIRLIFT AND COMBAT SUPPORT

VISION

GLOBAL VIKINGS- PREPARED FOR TOMORROW...READY TODAY

PRIORITIZE TRAINING FOCUS ON AFSC MODERNIZE & REFORM TRAINING & COMBAT SKILLS ADDRESS LOCAL PREPARE FOR FUTURE COMBAT TRAINING UNIT MANPOWER PROCESS PROVIDE **ALIGN TRAINING** PROFESSIONAL **DEVELOP UNIT REQUIREMENTS FOR DEVELOPMENT & MISSION BRIEFS** FUTURE EDUCATION CONFLICTS **OPPORTUNITIES** MAXIMIZE WING **STORAGE & SPACE** PROVIDED **DEVELOP OPPORTUNITIES** WING-WIDE **STREAMLINE UNIT TO EXERCISE FOR** SPONSORSHIP ADMINISTRATIVE TOMORROW'S FIGHT PROGRAM PROCESS ALIGN ALL MASTER TRAINING PLANS

TAKING CARE OF RESILIENT AIRMEN

934TH AIRLIFT WING COMMANDER'S TENETS BE PROFICIENT IN YOUR SKILLS BE DEPLOYABLE IN YOUR MISSION SET BE FLEXIBLE TO RESPOND TO TOMORROW'S FIGHT



28 SEP 2021

MEMORANDUM FOR RECORD

FROM: 934 AW/CC

SUBJECT: HPCON BRAVOPLUS Additional Measures for the Minn-St Paul ARS

1. Effective 28 Sep 2021, I am updating the installation Health Protection Condition (HPCON) BRAVO-PLUS measures IAW AFI 10-2519, *Public Health Emergencies and Incidents of Public Health Concern*. This is due to a recent increase in local transmission rates caused by spread of the Delta variant of the COVID-19 virus. This variant has increased transmissibility among both unvaccinated and vaccinated persons. The following instructions will be followed by 934th Airlift Wing service members, DoD civilians, contractors, families, and other individuals while on base.

2. Personal Precautions

- a) IAW SECDEF guidance *Updated Mask Guidelines for ALL DoD Installations and Other Facilities* (28 Jul 2021), **all personnel, regardless of vaccination status, must wear a mask indoors around others**, as community rates exceed substantial (50 cases per week per 100k population). When rates drop below substantial, persons who have been fully vaccinated against COVID-19 (14 or more days from final dose of approved vaccine) are not required to wear a mask around others and are not required to maintain social/physical distance when working with others. All personnel will comply with DAF Guidance on Use of Masks, date 28 Jul 2021, or subsequent published guidance.
- b) All personnel must maintain social/physical distancing of 6 feet between others to the maximum extent possible regardless of vaccination status.
- c) All personnel will continue to practice good respiratory etiquette and hand hygiene practices. Hand sanitizer stations will be utilized at entrances to buildings. Units may choose to sanitize commonly touched surfaces following the US Center for Disease Control (CDC) guidance.
- d) Customer facing facilities may continue to install/utilize physical barriers between staff and customers.
- e) Units will continue to use CDC recommended personal protective equipment where applicable.
- 3. Base Access and Attendance
 - a) Base access is not restricted due to HPCON measures, except during UTAs. Base access during UTAs is limited to personnel on-duty.
 - b) Common areas and shared base facilities will remain open, but must ensure social distancing of all occupants.
 - c) Gym facilities will remain open. When masks are required on the installation, personal indoor fitness may be conducted without a mask with appropriate distancing of >6 feet. Indoor team fitness is not permitted. Outdoor personal or team fitness may be conducted without a mask.
 - d) Food facilities will be open for indoor or outdoor dining with 6 ft physical distancing and takeout. Personnel should eat in areas on base where 6 ft of distance can be maintained between others.
 - e) UTAs will occur in-person, but social distancing should be maintained by all present. Commanders are strongly encouraged to divide their personnel and utilize telework as required to maintain social/physical distancing of personnel in crowded areas.
 - f) Personnel will complete the pre-UTA screening questionnaire prior to arriving for a UTA.

- g) Group events/meetings are limited to less than 50 persons without Grp/CC approval and will not exceed 100 persons without Wing/CC approval. All present must adhere to social/physical distancing regardless of vaccination status. Commander's Call may occur for groups up to 100 persons that can maintain social distancing. Larger social events may occur with Wing/CC approval.
- h) Commanders are highly encouraged to use modified shift schedules to limit crowding of personnel.
- i) Telework may be allowed by Commanders when there is no degradation to training or mission requirements.
- j) Unvaccinated vulnerable individuals and those living with unvaccinated vulnerable individuals as defined by the CDC may be at increased risk during a UTA. Commanders are encouraged to explore alternative options that meet mission requirements (telework, rescheduled UTA, etc.).
- 4. Illness reporting and COVID-19 exposures
 - a) 934 AW personnel must report an acute COVID-19 illness to Public Health at 612-713-1608/1609 or ASTS at 612-713-1676.
 - b) Individuals diagnosed with COVID-19, whether vaccinated or unvaccinated, will not present to the installation until isolation is completed IAW recommendations from Public Health or their local health department.
 - c) Individuals with an influenza-like illness will not come to the installation unless they have a negative COVID-19 test, whether vaccinated or unvaccinated, and will contact Public Health or ASTS.
 - d) Unvaccinated individuals who have a known exposure to someone with COVID-19 or an influenza-like illness within 10 days will contact Public Health or ASTS prior to coming to the installation.

5. Installation partners may follow their Major Command's (MAJCOM) HPCON guidance for operations within their facilities as required, but are encouraged to align with 934th Airlift Wing guidance.

6. The installation Public Health Emergency Officer (PHEO) Maj William Wilson can be contacted at 612-713-1691 (office), <u>william.wilson.76@us.af.mil</u> (email), or during emergencies at 513-253-7542 (cell).

7. The installation Public Health Officer (PHO) Ms. Chayo Smith can be contacted at 612-713-1608 (office) or chayo.smith.1@us.af.mil.

8. The health and safety of installation personnel is my top priority. Public Health will continue to monitor disease trends, to include new COVID-19 variants, and will continue to make recommendations to change HPCON levels as required throughout the duration of the pandemic.

CHRISTOPHER T. LAY, Col, USAF Commander, 934th Airlift Wing