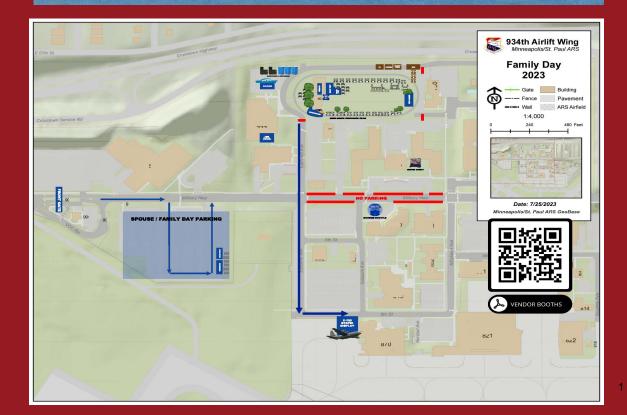
Global Viking Flyer August 2023

934th Airlift Wing **FANILY DAY** Saturday, Aug. 5th

Schedule of Events

0930-1130Shredding / Donation Times1000-1400Booths/ Kids Play Areas1000-1400Car Show1000-1400DJ RICK/Give a way Signups1000-1400United Hero's League - Free Gear1000-1400Free School Supplies @ Fitness Center1000-1400Shuttle Transport to Museum1100-1300LUNCH2080Movie in the Park



July 2023 Enlisted Promotions

CMSgt DANIELLE CARCIERI - 934 FSS SMSgt CASSANDRA CARTER - 27 APS

MSgt RUBY BARKER - 934 FSS MSgt GILDARDO ALLENDE – 934 SFS MSgt DEREK FENNERN - 27 APS MSgt DANIEL RICHARDS - MXS

TSgt ROYCE MYREN - SFS TSgt BLAKE ROBERTS - 27 APS TSgt DANIEL BEAVER - 27 APS TSgt CALEB ANDERSON - 27 APS

SSgt LEOMAR PEREZ - SFS SSgt ANDREW MICHALAK - 96 AS

SSgt KARISSA DANIELSON - 27 APS SSgt CARTER BROOKS - 934 COMM SSgt COLE IVERSON - 934 ASES

August 2023 Enlisted Promotions

MSgt ZACHARY SEEFELD - 27 APS MSgt RUSSELL MCCLENDON - 934 COMM MSgt STEVEN NELSON - 934 MXS MSgt JENNY DELZER - 934 OSS

TSgt. LUKE KRUGER - 96 AS TSgt. LAURA ARTEAGA - AES TSgt. MACKENZIE JAROCKI - AES TSgt IAN CURPHY - AES TSgt AMANDA THAO - AES TSgt BENJAMIN EBY - LRS

SSgt ZACHARY GLANZ - 96 AS SSgt NANCY POOLE - 934 AES SSgt JAXON JEFFRIES - 934 MXS

Airman ANTHONY BOSTIC - 934 OSS

Welcome Newcomers

SrA SCHERBER, COLLIN TSGT RIDENHOUR, JOSHUA A1C NOHAVA, JOSEPH SSGT OLEARY, KELSI SRA SHAH, DARSHAN SRA ROMBAOA, CHRISTIAN SSGT PELLA, AMY SRA SMITH, JARRET SMSGT CLARK, SHAWN LT COL MAZZEY, CHRISTOPHER A1C LEE, DAWON A1C BALESTRIERE, LUKE CMSGT RICHARDS,GEOFFERY CAPT CAPELL, EDWARD AMN BROKENSHIRE, MATTHEW

Fiscal Year 2023 UTA Schedule

	Primary	Alt
August 2023	5-6	19-20
September 2023	9-10	23-24
October 2023	14-15	21-22
November 2023	4-5	18-19

Interested in utilizing Tuition Assistance? Want to learn more about Education Benefits available?

TA 101 BRIEF

Saturdays of the PRIMARY UTA only at 1400

If you have any questions or concerns, please email the Force Development Office at 934.base.training@us.af.mil

Held in Building 852 Rm 215. No registration required. Contact the Force Development Office for more information at 612-713-1600 or 934.base.training@us.af.mil *Attendance Mandatory Prior to using Tuition Assistance Finance Customer Service Hours: Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1200-1500

Military Pay: 612-713-1407, 1411 Travel Pay: 612-713-1404, 1405, 1406

Finance Announcements:

Submit orders, vouchers, questions, etc. to our Comptroller Services Portal (CSP): https://usaf.dps.mil/teams/SAFFMCSP/portal/ SitePages/Home.aspx (gov computer only)

Please visit our SharePoint page for up to date information, announcements, and forms: https:// usaf.dps.mil/sites/934AW/934AWG/FM/SitePages/ default.aspx (gov computer only)

SGLI is being upgraded for all military members staring 1 March. Please update your SGLI coverage after 1 March if you do not want maximum coverage

Customer Service Hours:

Education and Training Testing hours:

Fridays testing will be @ 0800 Sunday of the UTA testing will be @ 0800

*If you have any questions or concerns please get with SMSgt Amber Knight or Mrs. Gina Johnson at ext. 1600

AAFES Shoppette Customer Service hours: 0800-1500 on Sat & Sun of the UTAs

Services Club Bar & Grill hours:

1530-2200 on Fri & Sat of the UTAs

DFAC Food hours:

Breakfast 0600-0700 Lunch 1100-1230

MPF & ID Section hours:

Primary UTA only Sat 0800-1100 & 1200-1500 Sun 1300-1500

Weekdays by appointment only. Click the following link to book your appointment: https://idco.dmdc.osd.mil/idco/#/

PIN resets/CAC Unblocks will be available as "Walk-Ins"

A message from the 934 ASTS regarding medical profile

Due to fitness testing being well under way, we have been contacted by a lot of members needing profiles and wanted to ensure everyone is aware of our policy and the proper procedures in order to obtain a profile.

If a member is in need of a profile, they must be seen by a civilian provider and request to have the medical records from that appt, and all subsequent appts, be faxed to the 934 ASTS. The member may email or hand carry the records to the ASTS as well. We <u>CANNOT ACCEPT "To Whom It May Concern" letters or after</u> <u>visit summaries.</u> Every clinic has a release of information a member can fill out to request to have those records sent to us or the member can contact the ASTS and we can give them our release of information to complete and we will fax to their clinic for them.

If a member is in need of fitness restrictions due to an injury or illness and has a fitness test approaching the <u>ASTS MUST</u> receive the medical records <u>by the Monday prior to the UTA</u> in order to allow our staff time to review the record and put a profile in place. If we do not receive the records by that day then the member must speak to their Commander to receive his/hers acknowledgment they will be going 30 days past due in order to heal or allow time for the ASTS to receive the appropriate records to complete the profile.

Also as a reminder for all members, if you receive care with a civilian provider then you must request to have the records sent to the ASTS as they are required to ensure your medical readiness. ASTS Fax # 612-713-1149

Please share this information with all of your members!

Innovators Wanted! For Twin Cities Spark Cell

Contact: 934AW.CCO.WingCCOInnovation@us.af.mil

Military & Family Readiness Center Building 729, Room 202

Director: Kelly Wilkinson

612-713-1567

Office Hours:

M-F: 0900-1500 August UTA: Closed for Family Day Sun: 1300-1530 *Out-Processing call 1567 to make an Appt.*

All separating, retiring, transferring

Are you retiring/separating soon?

Contact the M&FR Director for information on Transition Assistance and Veterans Resources!

FREE SCHOOL SUPPLIES!!!

Available: August UTA Saturday: 1000-1400 Fitness Center, Bldg. 777

Bundles for Babies! Are you a new parent?

Stop by the M&FR Center to pick up a hand knit baby blanket and supplies! Bldg. 729, Saturdays: 1300-1400

Are you looking for employment?

Visit or download: 934th Airlift Wing, AF Connect App Select Employment Opportunities! Multiple Companies hiring Military and Veterans!!



First Duty Station Financial Training

Block 2 of 2 Sunday, 6 August, 0900-1100 Bldg. 852, Room 235, FSS

Block 1 of 2 Saturday, 9 Sept, 0900-1100 Bldg. 852, Room 235, FSS

Required for all new enlistees, recommended for anyone experiencing financial hardships or wanting to gain financial readiness education



Jay Brunkhorst, CFP® Minneapolis St Paul ARS Personal Financial Counselor (PFC) Cell Phone: 612.297.2826 E-mail: pfc.mn.usnr@zeiders.com

Craig Hovland, AFC[®] Fort Snelling, MN Personal Financial Counselor (PFC) Cell Phone: 612.297.0295 Email: <u>pfc.fortsnelling.usar@zeiders.com</u>





Fruit & Vegetables

- Fruit and vegetable intake is an indicator of total meal quality for resilience, performance, and disease prevention
- Current AF data- only 30.6% of Airmen consume the adequate amount of recommended servings of fruits & vegetables
- Studies have shown- diet high in fruits & vegetables is associated w/decreased risk of many chronic diseases, including heart disease, diabetes and some cancers



Color Your Plate With Fruits & Veggies

JOIN THE CHALLENGE!

Health & Readiness Optimization

EALTH PROMOTIO

weekly newsletters for updates,

recipes and morei

Get simple suggestions to increase fruits and vegetable intake as part of your diet

Resources for event are found on Fitness and Health Promotion SharePoint and Air Force Connect App/ 934 AW/Fitness/Fruit and Vegetable Challenge

Quick tips & activity card will make it easy to earn and track challenge points For more, contact:

Sign-Up Sheet

Take the first step to a healthier life by participating in the Fruits and Vegetables Challenge. The challenge offers quick tips to help you eat more fruits and vegetables and an activity card where you can track your points. Sign up below as a member or team to participate!

The Color Your Plate w/Fruits & Veggies Challenge begins on 1 Sep 23							
:	Sign up by 10 Sep 23	to participate.					
Email roster to eric.neal.4@us.af.mil . A selecting 934 AW as your favorite in the Name			e challenge.				

Color Your Plate w/Fruits & Veggies

AUG 21, 2023

STARTS 10AM- ENDS 3PM



YMCA CAMP MILLER

89382 E Frontage Rd, Sturgeon Lake, MN 55783



ACTIVITIES INCLUDE:

MN NATIONAL GUARD CHILD AND YOUTH PROGRAM

LOW /HIGH ROPES. ARCHERY . ROCK CLIMBING. SLING SHOT.SWIMMING. HATCHET THROWING.FAMILY FUN.FOOD FAMILIES ARE WELCOME TO STAY AND SWIM FROM 3PM-5PM

POC: LAURA GROENEWEG, 651.268.8695

Https://mnarngfamilyprograms.wufoo.com/form s/family-day-camp-camp-miller-ymca/



934 Airlift Wing Professional Development

Calling all Entrepreneurs!

WHO: Anyone interested in starting a business
WHAT: Come join the discussion on entrepreneurship hosted by Lt. Col Jon Stojan, 934 OSS, and Bunker Labs
WHEN: Sunday 10 Sept 2023
WHERE: SFS Auditorium, Building 709
WHY: To learn and make some connections

Bunker Labs supports members from the military community who are interested in starting a business. They provide community, programs, and courses to help members/spouses start and grow successful businesses.

For more information about Bunker Labs go to: https://bunkerlabs.org







The Tactical Games and Team RWB have joined forces to offer 6 outstanding veterans the opportunity of a lifetime!

SELECTED PARTICIPANTS WILL RECEIVE:

- Entry to the Tactical Games Nationals
- Free Access to a 120-Day Online Training Program
- Exclusive In-Person Training
- Up to \$350 Flight/Hotel Reimbursement
- Team RWB Swag Package

There's a new barber on base! Hours of operation are 0900 - 1630 M-F & UTAs





Tee Time 12:00 p.m., Registration 11:00 a.m. Putting and Chipping Contests, 11:00-11:45 Presentation of Colors, Cambridge American Legion Post 290, 11:45

Friday, September 15, 2023, 12:00 p.m. Purple Hawk Country Club

36300 Hwy 65, NE, Cambridge MN

18-hole, shotgun start

\$85.00 per golfer (\$50 for service member or veteran) (Includes, 18 holes of golf, cart, light supper and drawings)

> To register or for more information, please contact Gail Genin, (763) 222-3826, golfwithicbyr@yahoo.com Space is limited. Register early to make sure you have a spot.

Register as a team, an individual or ask a Veteran to play on your team. If you are interested in financially supporting a Veteran, call the above. The deadline to pre-register is **September 07, 2023.**

> Sponsorships are available. If interested, pleace contact Gail Genin, (763) 222-3826 Isanti County Beyond the Yellow Ribbon is a 501(c)(3) non-profit corporation. A portion of your registration fee may be tax deductible.





Awarding Scholarships to Honor the Sacrifices of Military Spouses

Seeking Military & Veteran Spouses Pursuing Your Educational Goals

We are awarding





Apply Here by Aug. 5th, 2023!

- Simple Online Application Easy to Qualify
- <u>Not</u> Income-Based
- For currently serving military spouses or veteran spouses
- Open to spouses from all branches of the Armed Services
- Accepting Applications from around the world
- Minimal Docs: Marriage Certificate/Active Duty Orders or DD214



You will be notified of your status within three weeks! The Think GREAT Foundation was started by a military veteran! ¹³



UTA SUNDAY WORSHIP SERVICE SCHEDULE

0900GENERAL PROTESTANT SERVICE1000ROMAN CATHOLIC MASS
(Confession available upon request)1100LATTER DAY SAINTS SERVICE

*All worship services are located at Base Chapel, Bldg. 725

**Chapel located directly behind C.E., parallel to Perimeter Road



SUNDAY UTA WEEKENDS ONLY

> RALPH K. SIMCOX, MSgt, USAF Superintendent, Religious Affairs ralph.simcox@us.af.mil Comm: 612-713-1227 DSN: 783-1227

PICKLEBALL COURT IS NOW AVAILABLE!



RESERVATIONS MAY BE MADE ON PICKTIME. PADDLES AND BALLS ARE AVAILABLE AT THE FITNESS CENTER FRONT DESK.



FITNESS CENTER Picktime Reservation System



Reservations are Mandatory ior: Group Fitness Sessions -Gym -Track -Small Group Exercise Room -Classroom -Racquetball Court -Pickle Ball Court

Scan The QR Code Above and Follow These Instructions:

- Select "sign up" to create an account or, "login" to sign into an existing account. (We only need a name, phone number and email address when creating an account)
- 2. Select the resource: Classroom, Outdoor Track, Racquetball Court, Pickle Ball Court
- 3. Group X Room
- 4. Gym East/West (specify activity in the booking notes)









Isanti County Beyond the Yellow Ribbon 10th Annual 4-Person Golf « Tournament/Scramble



Friday, September 15, 2023 Tee Time 12:00 p.m., Registration 11:00 a.m. Putting and Chipping Contests, 11:00-11:45 a.m.

Presentation of Colors, Cambridge American Legion Post 290, 11:45

Purple Hawk Country Club 36300 Highway 65 NE, Cambridge MN

To benefit: Isanti County Service Members, Veterans and their families

\$85.00/person includes light supper, green fees, and cart \$50.00 for a service member or veteran

	Name	Address (street name & #, city, state, zip)	Phone #	Vet.? Y/N	Email
Player					
1					
Player					
2					
Player					
3					
Player					
4					

For more information or to register go to <u>www.beyondtheyellowribbonisanti.org</u> or contact: Gail Genin, (763) 222-3826, <u>golfwithicbyr@yahoo.com</u>.

Registration is limited. Teams will be accepted on a first-come, first-served basis. Paid teams will be given first priority. Please mail this form along with your check payable to:

Isanti County Beyond the Yellow Ribbon, PO Box 485, Cambridge MN 55008 Be sure to include \$85.00/team member, and each person's name, address, telephone # and email. The deadline to pre-register is: September 07, 2023. All entry fees paid on the day of the tournament must be cash, check or credit card.

