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VIKING FLYER

934th Airlift Wing, Air Force Reserve Command, Minneapolis-St. Paul International Airport Air Reserve Station, Minn.



Tech. Sgt. Janet Byerly

Air Force honor

► See Page 14

Col. Michael Gjede,
wing commander
Maj. Steven Hatcher,
public affairs director
Mark Davidson,
chief of PA
Cherie Huntington,
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Senior Master Sgt. Mark Davidson,
superintendent
Master Sgt. Darrell Habisch,
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On the cover

Staff Sgt. Scott Terpening, SFS, earned Air Force honors as top reserve component combat arms training and maintenance airman. For more on his achievement, see Page 14.



Tech. Sgt. Janet Byerly

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UTA schedule

Dec. 6-7	July 11-12
1998:	August 1-2
Jan. 10-11	Sept. 12-13
Feb. 7-8*	
March 7-8	▶ UTA pay
April 4-5	should be
May 2-3	deposited by:
June 6-7	Nov. 12.

*22nd Air Force Staff Assistance Visit

Commentary

Under the microscope

'Inspection ready' by February remains wing goal

Col. Michael Gjede
wing commander

As another winter approaches, I realize I've been at the 934th Airlift Wing for five years. More significantly, this will be my sixth winter. Doesn't really seem that long, but it is said, "Time flies when you're having fun."

Along with the fun comes the work. Work at the 934th comes in many forms. It looks like our daily office work, it looks like the flying mission and it looks like keeping our facilities in proper condition.

It also looks like preparing for inspections. Yes, it's time to get ready for the new – and hopefully, improved – Unit Compliance Inspection, affectionately dubbed, "Yucci."

We're currently scheduled for August 1998, which means a 22nd Air Force Staff Assistance Visit during the February Unit Training Assembly. The

scope of the inspection has changed significantly in an effort to reduce the total number of days annually we're under somebody's microscope. Attention will be focused on programs, processes and "go to jail" items – and not necessarily in the detail we've seen in the past.

Once again, the 934th will shine; but to do that, we must prepare NOW. As in the past, our goal is to be inspection ready for the February SAV. This will be a bit of a challenge, because the criteria will be fairly new. But as in the past, a tight, honest self-inspection program is the key to success.

Information in the form of checklists is now available on the Web. Capt. Doug Kveene, wing executive officer, can show you the way. Preparing now will make it easier to once again show Air Force Reserve Command what a first-class wing really looks like. □

Military Families Appreciation Week

William Cohen
secretary of defense

I am pleased to designate the week of Nov. 23 as "Military Families Appreciation Week" in the Department of Defense. It is fitting, during the week of Thanksgiving, we give special tribute and thanks to our military families. We take great pride in the support of the spouses, children, parents and other family members of our married and single active and reserve forces. The significant contributions and personal sacrifices they make every day of the year are invaluable to the mission and to the morale of our armed forces.

Frequent moves and extended family separations make military and family life unique and challenging. In recognition of that, we are continuously working to improve the

Thanksgiving reminds us to thank Reserve families, too

quality of life for the military community. I encourage our military members and their families to take full advantage of the many local community and family support programs we have developed over the years.

These programs, ranging from excellent recreational activities to outstanding parenting programs, are designed to enrich the unique lifestyle of our military members and their loved ones.

As we celebrate Military Family Appreciation Week, I would like to thank each member of our military family for their superb contributions to support of our national defense. Jan and I wish you and your family a happy and safe Thanksgiving. □

World

New chief of staff sworn in

Gen. Michael Ryan was sworn in Oct. 6 as the Air Force's 16th chief of staff.

Ryan, formerly commander of U.S. Air Forces in Europe and commander of Allied Air Forces Central Europe, also becomes the first son to follow in his father's footsteps as senior military leader of any U.S. military service. **Gen. John Ryan** served as Air Force chief of staff from 1969 to 1973.

Ryan takes the place of retired **Gen. Ronald Fogleman** as the senior military leader in the Air Force and becomes the service's representative on the Joint Chiefs of Staff. The general and his wife, **Jan**, have four children: **Michael, Mary Kathleen, Sean and Colleen.** (*Air Force News Service*)

GI Bill benefits payback required for quitting Reserve

Reservists who receive Montgomery GI Bill-Selected Reserve benefits and fail to complete their six-year service obligation now have to pay back to the government a portion of the benefits they received.

Under a new law effective Oct. 1, 1998, all reserve components will begin recouping benefits from those people who drop out of the Selective Reserve after Oct. 1, 1997. The law does not affect people who are medically disabled or who leave under the Reserve Transition Assistance Program. Names of former Selected Reserve members who have received benefits will be identified in the Personnel Data System and forwarded to the Defense Finance and Accounting System for collection action. (*Air Force Reserve Command News Service*)

Gulf War bonus approved in Minnesota

Minnesota veterans of the Persian Gulf War may now claim a service bonus approved by state voters.

The Minnesota Department of Veterans Affairs announced bonus applications are available at county courthouses and government centers through the veterans service offices.

Military veterans who were on active duty between Aug. 2, 1990, and July 31, 1991, can receive \$600 if they served in the combat zone and earned the Southwest Asia Service Medal. They can receive \$300 if they were stationed any place but Minnesota. The bonus provisions also apply to Reserve and Guard members who were activated and were Minnesota residents at the time.

Veterans must include honorable discharge papers with their application, and reserve component members who were activated need their service records. Officials estimate applicants should receive their bonus approximately two months after documentation is received and verified by the state.

For information, contact your county veterans service office or the state VA, St. Paul: 612-296-2952. (*Minnesota Dept. of Veterans Affairs*)

Inspection 'gameplan' changes

Air Mobility Command recently provided details of their new Operational Readiness Inspection program:

- ▶ The inspection cycle has changed to every 36 months for active duty and every five years for air reserve components.
- ▶ AMC will train the Ability to Train/Survive Operations. This will be graded on the final day of the inspection.
- ▶ The employment grade will be extracted from metrics, with credit being given for real-world operations.
- ▶ Redeployment will not be graded.
- ▶ The four graded areas will be initial response, mission support, employment and ATSO.
- ▶ For the active duty, the inspection will be 10 days long; for reserve components, eight days. (*"Air Guard Log Planner"*)

Local

Historian needs photos

The 934th Historian's Office needs historical photographs, black-and-white or color, of the 934th Airlift Wing from 1963 to the present. Photos will be used in Air Force Reserve Command 50th anniversary and AFRC web page projects.

Anyone with photos to share should call the historian, **Master Sgt. David Hammer**, at Ext. 1240, or e-mail him before sending the photos.

Overhead slides now recycled

The 934th now collects transparency film, also called overhead slides, for recycling. Send used overhead slides to **Douglas Yocum**, addressed to 934SPTG/CEVP.

Anyone with questions should e-mail or call Yocum, Ext. 1909.

Brief briefs ...

The base chapel plans a holiday sing-along on Sunday, Dec. 7, at 1 p.m. in the chapel. Dec. 6-7 services include: Catholic, 3:45 p.m. on Saturday and 8 a.m. on Sunday; and Protestant, 9 a.m. on Sunday ... **A free family party** is set for Dec. 7, 1-2 p.m., at the National Guard Training and Community Center in Rosemount, Minn., to celebrate National Military Family Appreciation Week. All 934th families are invited. Free transportation will depart Bldg. 752 at 11:50 a.m. For more information, call the 934th Family Readiness Program, Ext. 1516 ... **The 934th Services Squadron**, with the office symbol 934SVS, is no longer a flight ... **KD Steward of Base Supply** thanked everyone who donated school supplies to the children of the Rice Marion Residents' Association, St. Paul, Minn. There is continuing need for school supplies ... **The October "Viking Flyer,"** featuring Family Day coverage, could not be mailed as planned because of an Army Reserve data system breakdown preventing timely production of address labels. □

Surfin' the VF

- 7-8** Operation Joint Guard action
- 9** Reserve senior enlisted advisor visit
- 10-11** Chicago reservists feature

Technology explosion

Air Force information superiority remains key warfighting weapon

(This is the eighth installment of a nine-part series on core values/competencies.)

The technological explosion in computers and communications is transforming every area of the military by providing commanders with unprecedented amounts of information. Rather than be overwhelmed by these changes, the Air Force is taking steps so it can retain the ability to use and protect the information spectrum well into the next century through the core competency of information superiority.

"As the executive agent for battle management and command and control, the Air Force has the charter to be the integrators for the joint force," said now-retired **Gen. Ronald Fogleman**, former Air Force chief of staff. "This requires an aggressive effort at exploiting information sources and defending our increasingly intensive information operations."

He said the ability of the future joint team to achieve dominant battlefield awareness will depend heavily on the Air Force's air- and space-based assets providing global awareness, intelligence, communications, weather and

navigation support.

"While information superiority is not the Air Force's sole domain, it is — and will remain — an Air Force core competency," said former Secretary of the Air Force **Sheila Widnall**. "The strategic perspective and the flexibility gained from operating in the air-space continuum make airmen uniquely suited for information operations."

Providing full spectrum dominance, Widnall said, "Requires a truly interactive, common battlespace picture. The Air Force is committed to providing the integrated global and theater air, space and surface picture of the battlespace to the 21st century joint force commander. Connectivity and compatibility are key."

Fogleman explained that future battle-management and command-and-control systems will enable real-time control and execution of all air and space missions. The Air Force, he said, "will also ensure that its information systems will be fully interoperable for seamless integrated battlespace management."

He said the Air Force is also seeking new ideas to support information

superiority. "We are open for new techniques, procedures and alternative means to help us provide this core capability," Fogleman said. "Among the tools we will exploit are unmanned aerial vehicles for surveillance and communications. In the future, we will look at using them for other missions."

"This whole area of information superiority must include an aggressive effort to defend our increasing intensive information capabilities," Widnall said, noting this area will grow in importance during the 21st century.

Already, the Air Force is active in the garrison defense of computer systems and formed the 609th Information Warfare Squadron last year. Widnall said the Air Force will continue to invest in defensive information warfare to defend its forward-deployed assets, particularly in battle management and command and control.

On the offensive side of information superiority, the Air Force will emphasize operational and tactical information warfare. Along with other federal agencies, it will also continue to support strategic information operations. *(Air Force News Service, "Must Run")* □

Viking Victors:



Maj. Cam LeBlanc

New position: 934th Airlift Wing Logistics Group commander.

Previous position: 439th Logistics Support Squadron commander, Westover Air Reserve Base, Mass.

Education: Working on master's in defense management; bachelor's in aviation management, Wilmington College, Wilmington, Del.; two associate's, flight engineer and aircraft maintenance, Community College of the Air Force.

Hobbies: Hockey/goaltender, carpentry.

Professional organizations: Reserve

Officers Association, Bay State Sharks Youth Hockey Association/head coach.

Goals: Serve at Headquarters Air Force Reserve Command, Logistics.

Family: Wife, **Pamela**; sons, **Chris** (19), college student in Massachusetts, and **Scott** (15); live in Lakeville, Minn.

Comments: "This is a great opportunity and location for me and my family. I can't wait to become involved in activities on base and in our new community." □

Countdown to inspection

December's semiannual self inspection calls for 'brutal honesty'

Cherie Huntington
public affairs

Though exact dates for the August 1998 Unit Compliance Inspection have not been set, a 22nd Air Force Staff Assistance Visit will take place Feb. 4-8.

According to **Capt. Doug Kveene**, wing executive officer, formal notification of the UCI should arrive either this month or next. The inspection will be conducted by Headquarters Air Force Reserve Command.

"We expect regulatory guidance in December," Kveene said. "That will define what our August inspection will look like."

December also marks the month for the next semiannual self inspection.

"It's imperative that we give this self inspection the most attention ever," said Kveene. "Then in January, we'll be getting deeply involved in updating the

Unit Self Assessment, which needs to be done by May."

For anything identified as a shortfall in the December self inspection, he said, only two months will remain before the SAV. Then June's semiannual self inspection "should be as close to picture-perfect as possible," he said.

Many functional area checklists are available on the command web page under "IG," Kveene pointed out. Included are inspection guides, reports and crosstell information. Anyone failing to find the appropriate checklist on the website should contact their functional counterpart at command headquarters.

"We should be brutally honest in December," he said, "going as in-depth as we can. My rule of thumb is that any unit who says they have no open discrepancies is either a perfect unit or is 'pencil whipping' the inspection."

The UCI is now a new animal as a result of the Air Force Blue Ribbon

Commission study completed earlier this year. The study reviewed the role of the Inspector General in inspections, assessments, evaluations and awards. Concerned with the increasing inspection demands on bases and units, the commission recommended a reduction in the "footprint" of the IG. The reduction program has been dubbed, "Gatekeeper."

"A 25 percent reduction has been mandated for fiscal year 1998," said Kveene, "with a 50 percent reduction by fiscal 1999. We've already started quarterly reporting procedures."

The Gatekeeper report reflects visits from any inspecting or assessing authority, including the Aircrew Standardization and Evaluation Visit concluding Nov. 7, audits and SAVs.

(Editor's note: Stories for future issues are underway on wing units with notable self-inspection programs.) □



Tech. Sgt. Greg Krajewski

Visiting 'deployed' troops

Chief Master Sgt. Carol Smits, senior enlisted advisor for Air Force Reserve Command, visited 934th Airlift Wing members during October's bivouac in Rosemount, Minn. Smits, left, shakes hands with Staff Sgt. Jody Knight as Staff Sgt. Martha Grimes, center, looks on. Knight and Grimes are members of the 27th Aerial Port Squadron. Read an interview with the chief, Page 9.

Korea: 'Great refresher training'

Security forces members hone skills while backfilling for active-duty

Master Sgt. Tim Turner
public affairs

Most 934th reservists jump at the chance to pull their annual tour in another part of the country. Three 934th Security Forces Squadron members went a step further. They took the giant leap of fulfilling their AT requirement overseas – at Osan Air Base, Korea, Sept. 3-16.

"We were 'backfilling' [substituting] for Osan's active duty security force, who were involved in a major training exercise in Japan," explained **Staff Sgt. Doug Blair**.

While there, Blair and fellow security forces specialists **Staff Sergeants Barry Haukoos** and **John Peterson** mainly handled flightline security duties.

"At the 934th, we normally train for basic ground security of a base – watching the perimeter and things like that," Blair explained. "In Korea, we were guarding the F-16 and A-10 jets assigned to Osan. That sort of security is great refresher training for us."

The three SFS members also handled security at



Haukoos

Osan's main gate and the gate used by base civilian contractors, which turned out to be a particular challenge for Haukoos.

"When I was guarding the contractor's gate, the English interpreter for the civilian workers was on leave," he said. "It was frustrating because the contractors were trying to decipher my English and I was trying to interpret their Korean.

It was interesting."

The Korean culture is also interesting, according to Blair. "The older Korean generation treats American military members well," he said. "The younger generation tends to resent us because they seem to think we're over there to prevent a unification of North and South Korea."

The 934th SFS is no stranger to Korea, according to Blair.

"We've sent people there for the last three years in a row," he said. "The security people at Osan appreciate our hard work, and we appreciate the chance to get additional training and learn a different culture." □



Blair

Medical skills lab: open for business

Staff Sgt. Larry Dean
public affairs

For members of the 934th Aero-medical Staging and Aeromedical Evacuation Squadrons, training can mean the difference between life and death. Thanks to a little ingenuity and some retouching to an old building, both squadrons now benefit from a new skills lab to help meet their critical training needs.

The skills lab, or training room, was designed so the two squadrons could share both physical and knowledge resources. The units had asked the wing commander for more space, and at the suggestion of **David Swanburg**, base civil engineer, the decision was made to remodel Bldg. 853. Base civilian and Reserve civil engineers worked the project jointly.

While the lab itself is new, the building it occupies is not. Formerly an electrical equipment facility built in 1942 behind Bldg. 852, Bldg. 853 was remodeled into the skills lab. This enables crews from both squadrons to remain proficient in their required sustainment training and allows more hands-on training.

The first training sessions in the skills lab were held

Tiny, old building takes on new life as training center for medical specialties

during the October Unit Training Assembly. Classes practiced moving gurneys, stretchers and cots for flight. The lab is set up with fold-up tables secured to the outside walls, as well as the floor stanchions one would find in the C-130 to load patient litters for flight.

1st Lt. Gordon Sigl, AES, was among those from the two units to devise plans for facility use and also drew the floor

plan civil engineers followed in remodeling the building.

"We can hold from two to 10 classes per UTA, with class sizes ranging from five to 20 people," Sigl said. "The skills lab is a great addition. It gives us further options to our current training, allowing more one-on-one training to meet our recurring two-year proficiency certification. It's a great supplement to the training we currently take part in.

"For example," he added, "we rotate to work with the patients at the Veterans Affairs Medical Center. The skills lab lets us train on each other and mannequins to prepare ourselves before working on those patients.

"Overall it's a great opportunity for both squadrons to work together, pool our resources and expertise, and address training needs in a quality way," Sigl said. □



Lt. Col. Larry Snider

A 934th Airlift Wing C-130 loads up at Ramstein Air Base, Germany.

Operation Joint Guard

Four-month tasking for reserve forces flows to smooth conclusion

Mark Davidson
public affairs

The last group of 934th Airlift Wing members participating in Operation Joint Guard returned Oct. 25.

"Eight of the 13 934th units sent a total of 130 people to Europe since July 21," said **Master Sgt. Larry Schyma**, logistics plans technician. "The aeromedical evacuation squadron will be sending over a couple of their people later this fall."

Wing members supported U.S. military peacekeepers, according to **Lt. Col. Larry Snider**, 96th Airlift Squadron navigation officer and Joint Guard operational scheduler.

"We flew six lines a day out of Ramstein Air Base, Germany, using four C-130Es and four C-130Hs," said Snider. "One aircraft during the rotation were from five Air Force Reserve units and

seven Air National Guard units, with Minnesota's 133rd Airlift Wing serving as lead unit."

The two 934th C-130s flew a total of 366 flying hours in support of Joint Guard, which includes flying time going to and coming back from Germany. Wing aircraft airlifted 242 tons of cargo from Germany to the U.S. military peacekeeping forces in Bosnia.

"Our two aircraft transported relief supplies and some troops into Tuzla and Sarajevo," said Snider. "I got a strong feeling from the 934th people that they felt good about helping out the U.S. military peacekeepers in Bosnia."

Getting the supplies to U.S. peacekeepers required C-130s that were always ready, according to **Chief Master Sgt. Gary Smith**, 934th Maintenance Squadron flightline chief.

"Tail numbers 62835 and 62844 were really pounded over there from Aug. 21 to Sep. 27," said Smith. "We

flew all of our assigned missions working on a maintenance schedule that ran 24 hours a day, seven days a week."

Wing maintenance people worked on other unit's C-130Es models there to keep them flying, said Smith. "The maintenance troops, support people and aircrew members went above and beyond their jobs to get the mission done," he said.

From beginning to end, the 934th wing plans office was involved in the Joint Guard process, said **Maj. Bob Hibbard**, director of wing plans.

"This deployment proved that if units and people follow their deployment checklists, they will be ready for exercise or real-world contingencies," said Hibbard. "The only minor glitch was people keeping their immunizations current, but we solved that problem in a hurry." □

(OJG coverage continued, next page) ▶

Back-shop boogie

Aircraft maintenance specialists remained in high demand throughout Operation Joint Guard

Master Sgt. Tim Turner
public affairs

For every maintenance person working on the flightline here, there's a big group of professionals behind the scenes, ensuring wing C-130s are combat-ready.

Reservists in these so-called "back shops" handle anything from in-shop repair to fixing cracks in the fuselage to fine-tuning navigational systems.

The 934th's back shops moved to the head of the class for Operation Joint Guard, with 20

maintenance members there with back-shop taskings. They worked alongside the active-duty 86th Structural Maintenance Squadron, Ramstein Air Base, Germany.

"They were working exclusively on planes assigned to Ramstein, not our planes that were

over there," said **Chief Master Sgt. Mike Zurn**, 934th Maintenance Squadron superintendent.

The importance of 934th maintenance people working on another unit's planes and augmenting the active duty can't be overstated, according to **Tech. Sgt. Jeffrey Dentz**, technician in the aerospace ground equipment shop. He spent two weeks in August working in Ramstein's AGE shop with a half-dozen of his counterparts in Guard and Reserve units.

"It's important to work hand-in-hand with other active-duty, Guard and Reserve units in peacetime, when things aren't as stressful as when you're working together in a war zone," Dentz said. "That way, if you ever work together

during a war, personality issues or different methods for fixing the planes have, hopefully, already been ironed out."

For **Master Sgt. Dan Pekel**, structural repair shop foreman, working in back-shop status during Joint Guard gave him the chance to observe a different approach to fixing planes.

"Ramstein's maintenance shops run around-the-clock, every day of the week," he said. "They have more planes than we do, and a much larger mission. Of course, they also have more resources and people."

Pekel was impressed with the attitude his active-duty counterparts had towards the 934th back-shop people. "They treated us like their own," he said. "Our billeting was all set up for us; we had vehicles to take us to and from work; and we had time off to sightsee. They even gave us a tour of the base and their maintenance shops before we even started to work."

Staff Sgt. Scott Ruona, structural maintenance specialist, indicated that Ramstein's people were "very impressed with the 934th's knowledge and skills in fixing C-130s. I know they picked up a couple of better ways to run their shop from us, and vice versa," he said. "Everyone there also was open to suggestions on how to improve their shop from the first sergeant all the way up to the maintenance officer."

"I always look for opportunities to hone my skills when I deploy in back-shop status," Dentz said. "The active duty always does some things a little different than the Reserve — different procedures for getting the work done, different parts and tools, things like that. I picked up several valuable tips and suggestions from the active-duty AGE unit at Ramstein and shared them with my shop when I got back."

Ruona said the Germany deployment gave him the chance to make some repairs to Ramstein's C-130s he had never performed before. "I replaced a 'slopping longeron,' which is a major structural part on the plane's ramp alongside the fuselage," he said. "It was corroded beyond limits, so I took it off and put on a new one. It was a great learning experience."

Joint Guard presented a terrific learning experience for all who deployed from back shops, Zurn said.

"This was by far the largest contingent of back-shop people to ever deploy from this base," he said. "We sent a fair amount of back-shop folks to Saudi Arabia for Desert Storm, but nothing compared to Joint Guard. The training we received will benefit us for a long, long time." □



Lt. Col. Rich Huntington

A 934th Airlift Wing C-130 taxis in the early-morning fog at Ramstein Air Base, Germany.

Enlisted force vision

Reserve's senior enlisted advisor focuses on people initiatives

Master Sgt. Darrell Habisch

public affairs

Editor's Note: Air Force Reserve Command Senior Enlisted Advisor **Chief Master Sgt. Carol Smits** visited the 934th, Oct. 3-5.

What's the message of your tour as AFRC senior enlisted advisor?

It's simple. MRE: Mentoring, Recognition and Evaluation. I'd like that to be everybody's goal — and not just when you put on the uniform, but in your everyday affairs. We've talked a lot about mentoring. Course work for officers will begin next year and that will cascade to the enlisted side. I don't know that it's necessary to give a formal course to the enlisted side. We've been doing mentoring for a long time. All we need to do is find the time.



Smits

Mentoring also needs a two-way street. Walking up to a person and announcing that you want to be their mentor just doesn't work. Offering advice, information and recognition is the first step. Where's the person that you look up to with one more stripe? Perhaps that's the person you may want to ask to be your mentor. Others need to take care of the person with one less stripe. If we don't, we're not preparing this "company" properly to go into the next millennium.

Recognition in the form of awards and decorations are very important and I encourage people to use them. But sometimes, a pat on the back is more effective. People respond to a simple, "Job well done." When I was a senior airman, I still remember a chief leaving a note on my desk calendar for me to see the next day. He wrote, "Carol, thanks for taking care of us and getting us safely through this inspection." I laminated that because that signed note from the chief meant more to me than many of the other awards I've received throughout the years. He took two minutes before he left for the airport to say thanks. People are willing to go the extra mile if they know their actions are appreciated. How much does it take to give a person a pat on the back?

Evaluation is the toughest one. Every morning before I leave home I ask myself, "Am I ready for today? Do I know what I'm supposed to be going out there to do?" You must self-

evaluate before you can evaluate others. Then and only then is it fair for you to evaluate others. You shouldn't expect more of them than you do of yourself. I hope that the MRE's will be a part of the Year of the Enlisted, a part of the anniversary year and that we will use them in our everyday life.

What is the legacy that you would like to leave?

A portion of what I would like to be remembered by is the MRE's, but not all. I'm a strong supporter of Professional Military Education. If we don't give our folks the tools to be good leaders, we can't expect them to take us into the twenty-first century. One aspect of PME is the formal schooling: Airman Leadership School, Noncommissioned Officers Academy, Senior NCO Academy. We've added the NCO Leadership Development Program and the Senior NCO Leadership School Program. These are designed to first be offered to staff and technical sergeants over the course of two weeks, with a Unit Training Assembly in between. The new two-day course for senior NCOs has been a long time coming. It will be offered at March Air Force Base, Calif.; Lackland AFB, Texas; and Robins AFB, Ga., beginning in January 1998.

A driving reason for the senior NCO class is that staffs and techs were left holding the bag when they returned from NCO classes. They wondered why they had all this new knowledge and the senior NCOs had no clue. This class will cover fundamentals of leadership as well as tuning up their skills in everyday tasks, such as completing the new Enlisted Performance Reports. The classes will be advertised, and first sergeants and the senior enlisted advisor can help with enrollment. Airman Leadership School is now open to our airmen to attend in-residence. It's difficult for our airman to attend a five-week course. How do you get that much time off from your civilian job? But statistics have proven that attending in-residence is much more rewarding than completing the course through correspondence. The same is true of the NCO and Senior NCO Academy. If you can attend, do.

I want to be remembered for my belief in PME, as well as education in general. Get your Community College of the Air Force degree, bachelor's degree and certificates of course completion. They will help in your military life as well as improve your chances of success in the civilian world.

Do you think you're a role model?

I'm humbled by the question. I aspire to be. I've openly extended my hand to folks to help guide them to strive for whatever they want. One of the most difficult statements I hear from our junior enlisted is, "Chief, I can't think 10 years out. That's too far." I ask them to write down their goals for the next five years and then let's work on attaining them. As a junior enlisted, I had role models and mentors. I may not have been willing to think about 10 years down the line, but they helped me. If being a role model can help prepare tomorrow's leaders for the challenges they'll face, then I want to be the best role model I can. □

Doin' the Chicago shuttle

Base closure brings valuable talents, skills of displaced reservists to Minneapolis

Master Sgt. Darrell Habisch
public affairs

Rabbits nibble grass fearlessly near the runways of the 928th Airlift Wing in Chicago where once the roar of aircraft sent them scattering.

Times change, and today it's the reservists scattering to distant runways. With the demise of the 928th, some Chicago-area reservists separated, some retired and many now commute to bases in Pittsburgh, Penn.; Youngstown, Ohio; Montgomery, Ala.; and the Twin Cities.

BRAC closes Chicago wing

As part of the Base Realignment and Closure Commission process, the 928th was closed. Base facilities were transferred to the 128th Air Refueling Wing, Illinois Air National Guard, until new facilities are completed for them at Scott Air Force Base, Ill., in 1999. The entire area, including the base, will then be transferred to the city of Chicago for use by O'Hare International Airport.

This congressional decision forced approximately 1,500 reservists to consider three options: find a position at another base and commute, retire, or leave the Air Force Reserve. Many chose the last two paths.

"I believe the Air Force Reserve has a commitment to try to do the right thing for its members," said **Col. Michael Gjede**, 934th AW commander. "We wanted to find a way to keep those people in the Reserve and capitalize on all that talent, so we looked at shuttle flights."

Studies begin

Base committees began to look at the feasibility of shuttle flights in January 1996. Operating instructions were borrowed and modified from the 440th AW in Milwaukee, Wis., which has operated shuttle flights throughout

Wisconsin for a number of years, according to **Maj. Tom Hueg**, 934th Operations Support Flight operations officer.

"We used the quality process to identify all the intricacies of shuttle flights," he said. "It actually worked."

Other committees examined which units would most benefit from the influx of talent, where the extra reservists would be lodged and at what level the 934th would commit to flying the shuttles. Working against a BRAC-induced deadline, the decision was made.

Shuttles begin

After three months of preparation and with little fanfare, the first C-130 shuttle began in March 1996. Thirty-three people left Chicago and visited the 934th to decide if they wanted to transfer.

Most did. Today, an average of 27 reservists, primarily medical unit members, take advantage of the shuttle each month. Other former 928th reservists drive or fly commercially. Feedback and suggestion forms are used to improve the service, according to Hueg.

"We experienced some growing pains," he said, "but today, everyone is treated like any other commuting reservist."

I'm personally grateful the 934th picked me up. I have 12 years in, and I want to retire. There are lots of positive things in the 934th to keep us going.



Heneghan

— **Staff Sgt. Colm Heneghan**,
934th Aeromedical Staging Squadron

Chicago reservists pleased

"I was a happy camper!" said **Staff Sgt. Paul Chadha**, 934th Mission Support Flight orderly room technician and prelaw student at DePaul University. "It's been a bonus to me; I can stay in the Reserve and still live in Lincoln Park, Ill. And the 934th flyers don't mess around. They fly in, get us on board and we're out of there."

Another appreciative reservist is **2nd Lt. Garrison Miller**, 934th Aeromedical Staging Squadron, a resident of Hillside, Ill.

"At first, a lot of us were hoping to go to the 440th AW in Milwaukee, but they're so crowded it wouldn't have worked," Miller said. "I was the last enlisted person to be commissioned at O'Hare in October of '96 and I needed a base to call home. This has been great for me. Everyone at ASTS made us feel like part of the unit from the beginning. And the flight crews really take care of us."

Shuttle flights provide training

The quick hops into Chicago are valuable training missions, according to **Lt. Col. John Rudin**, OSF commander. Minnesota C-130 crews must be ready

fly into almost any environment, from war-torn areas to some of the most congested airspace on Earth — O'Hare IAP.

Each situation produces its own type of stress and crew members must be "ready for all situations," said Rudin. Off-station training flights usually practice airport approaches but don't normally land. "We get a pretty good bang for the buck," he said.

Shuttle flights are also used by the 934th Aeromedical Evacuation Squadron for aeromedical training. Minneapolis reservists train to Chicago and are joined by the inbound members on the flight back.

Work force integration succeeds

Introducing a large number of new people into a work area can cause stress, friction and misunderstandings, but according to **Tech. Sgt. Sherry Lada**, who lives in Cicero, Ill., and is noncommissioned officer in charge of ASTS education and training, "Everyone's working together well.

We're definitely part of the unit and we almost feel like we've been here for years," she said. "Each unit has its own personality and we've become part of this one. We like it here."



Lada

Competition for the 928th reservists became fierce between bases that have chronic shortages of trained people, according to **Senior Master Sgt. Mike Dressen**, air transportation superintendent for the 27th Aerial Port Squadron. Attracting four reservists, he said the 27th has accepted them as "no different than any other member."

Stressing that integrating trained, experienced reservists is much more effective than recruiting and training a new member off the street, Dressen commented, "I wish we could have gotten 20 people from Chicago." Learning the personalities and the technical proficiencies of each new member "took a few months, but today, everyone's found their niche," he said.

The big winner was Maxwell AFB, Ala., according to Dressen, with 40 reservists who opted to fly south instead of north.

"They may be able to golf in the winter there, but it sure makes for a longer day flying between Chicago and Montgomery," Dressen commented.

Shuttle brings back tradition

Shuttle flights were a familiar part of reserve training in the late '70s, according to **Chief Master Sgt. Richard Grewe**, 934th senior enlisted advisor.

Minnesota reservists flew to the 442nd Tactical Airlift Wing, Richards-Gebaur AFB, Kansas City, Mo. At that time, the 934th fell under the command of the 442nd.

"They had a recruiting problem there and we had people climbing over the fence to get in here," Grewe said. Each UTA for at least three years, a C-130 left the 934th with volunteers ready to fill in the necessary positions in Kansas City.

Meanwhile, Richards-Gebaur began converting from C-130s to A10s, leaving a number of flight crew members without positions, according to **Senior Master Sgt. Tom Foss**, 96th Airlift Squadron chief loadmaster. They flew via the shuttle back to the 934th to fill positions here.

According to **Senior Master Sgt. Mark Gilbertson**, chief flight engineer, this scenario lasted until the 934th transferred from the 442nd to the 433rd TAW, Kelly AFB, Texas, Oct. 1, 1981.

Shuttle's future remains bright

No time limit has been set on the life of the shuttle, according to **Col. Ron Weight**, wing vice commander. "As long as we feel it's effective, we'll fly the missions," he said.

Those sentiments were summed up by Gjede. "By running a shuttle flight, the 934th receives a great influx of experienced, dedicated folks," he said. "The Air Force Reserve wins all around. As long as a training requirement exists and there's a need to take care of our people, we'll fly the shuttle." □

The three days spent getting to and working in Minneapolis are a burden on our families and employers. The 934th has made us feel welcome and appreciated. Picking up the qualified people from Chicago shows the Air Force Reserve takes care of its people.



Lipczynski

— 2nd Lt. Joe Lipczynski, 934th Aeromedical Staging Squadron

Viking Victors:



Senior Master Sgt. Kaye Martin

New position: Senior recruiter, 934th Airlift Wing.

Previous positions: Chief, Recruiting Personnel Programs and Manpower, Headquarters, Air Force Reserve Command, Robins Air Force Base, Ga. Previously served as in-service recruiter, Whiteman AFB, Mo., and line recruiter, Peterson AFB, Colo. Formerly a reservist at Mather AFB, Calif.; Peterson AFB; and originally, the 934th as the first female in aerial port.

Education: Currently working on degree in English.

Hobbies: "I enjoy writing, biking, cross-stitch, reading, walking and Lake Minnetonka."

Goals: "I hope to lead the 934th recruiting team, successfully meeting both wing and

recruiting requirements and expectations."

Family: "I live near Excelsior, Minn., with my son, **Steve**, who is currently a radiology technician in the 133rd Airlift Wing [Air Guard]; two dogs and a cat. My daughter, **Christine**, and grandsons, **Alex** (3) and **Taylor** (4 months), live in Georgia."

Comments: "Having begun my Air Force Reserve career here, it seems a bit unreal to find myself back where I started. The 934th has already given me a very warm welcome. The people are friendly and helpful — I couldn't have wished for a better base, because I don't believe there is one in the Air Force Reserve! I'm very happy to be back in the beautiful state of Minnesota and very proud to be a representative of the 934th." □

Enlistee rights: no room for harassment

Air Force combats public concerns after recent high-profile cases

Q I have a teenage daughter who is considering enlisting in the Air Force. With all the headlines lately, I'm concerned about possible sexual harassment she may encounter. What is the Air Force doing to ensure female trainees and technical school students do not experience sexual harassment?

A The Air Force has reemphasized its policy of "zero tolerance" for sexual harassment to all of its people. The service's proactive approach is a combination of many initiatives, including a clear policy on sexual harassment, an aggressive preventive education program and open channels of communication to address the problem if it occurs.

Hand-in-hand with the Air Force zero tolerance policy is an emphasis on accountability for commanders and supervisors. Not only must they ensure their own actions are proper, but they must also ensure the proper behavior of the people they supervise.

The Air Force's best defense against sexual harassment has been an aggressive preventive education program. In 1982, the Air Force became the first service to conduct sexual harassment training for all military and civilian employees. That training has evolved over time and is now incorporated into all aspects of Air Force life. This includes: accession programs; technical training schools; officer and enlisted professional military education; periodic awareness training; general officer and senior executive service

training programs; and event-oriented training such as occurs following a permanent change-of-station move.

In cases where sexual harassment occurs, there are a variety of well-publicized ways for people to file complaints. These include through the chain of command, social actions, security police and the inspector general, or by calling a special hotline at 1-800-558-1404 or DSN 487-7849.

A recent Air Force initiative specifically developed for basic trainees and technical school students is the Student Bill of Rights card, a billfold-size card given to each student. The card states that trainees and students are valued members of the Air Force team and have the right to:

- ▶ Be informed about rules and regulations affecting their training and daily living;
- ▶ Receive top quality skill and military training;
- ▶ Work and live in an environment free from racial discrimination or sexual harassment;
- ▶ Reject improper or immoral "orders," suggestions or requests from anyone — officer, enlisted or civilian instructor, staff or student;
- ▶ Be treated fairly with dignity and respect; and
- ▶ Report improper or immoral behavior to the proper authorities without fear of reprisal.

The back of the card provides phone numbers for people in the trainees' or students' chain of command, along with numbers for other grievance channels. (*Air Force News Service, "Must Run"*) □

Trimming training burden

Faced with more training requirements than time to perform them, Air Force Reserve Command is taking a close look at what is and is not needed, and trimming the burden where possible.

"So far, we've managed to reduce training requirements approximately 34 hours a year for our reservists," said **Brig. Gen. Dave Sibley**, AFRC assistant vice commander. "And we've just hit the tip of the iceberg. We're still working on reducing ancillary training and are hoping to capture another 25-30 hours per year."

Maj. Gen. Robert

McIntosh, AFRC commander, directed Sibley to head up an effort to scale back on the training requirements placed on reservists. In the summer of 1996, Sibley established a cross-functional working group that began looking for ways to curb those requirements.

"Our group determined we could make the most immediate impact by looking at the training requirements not related to combat readiness first," Sibley said, adding that the problem of excessive training requirements is not new and has been building.

"For years, we've been

adding training requirements without giving much thought to how much time our people have available," he explained. "At the same time, our operations tempo has been going through the roof. We're at a point now where something has to give, and there's no relief in sight on ops tempo requirements."

Command officials estimate there are 50-70 annual ancillary requirements taking up reservists' limited duty time. After trimming those requirements, Sibley said the group

Command chops reservists' training requirements — and the blade's poised for more

plans to look at Air Force Specialty Code-related training for additional time savings.

A Reserve training clearinghouse will ensure no new requirements are added to the list without something being deleted first.

"It's a time-consuming process but it's not going to dissuade us from pressing on," said Sibley. (*Air Force Reserve Command News Service*) □

Viking Search:

Aeromedical evacuation technician

Clip this for a friend, colleague or family member and assist recruiters in their search for new 934th Airlift Wing members.

Air Force Specialty Code/unit:
X4NOX1, 934th Aeromedical Evacuation Squadron.

Job description: Provide in-flight emergency care in peacetime and wartime environments. In wartime, "aeromed techs" transfer casualties from a forward operating location to an aerovac hub for further treatment or evacuation from the theater of operations for care. In peacetime, they fly aeromedical readiness missions for proficiency training and augment the active duty on various alert tours and military operations.

Testing:

▶ "Class III" flying physical, requiring higher standards than normal.

Training:

▶ Phase I: 13 weeks and two days, medical service apprentice course,

Sheppard Air Force Base, Texas.

▶ Phase II: Seven weeks and four days, on-the-job clinical training at a major Air Force medical facility.

▶ Five weeks and two days, aeromedical evacuation technician course/flight school, Brooks AFB, Texas.

▶ Clinical phase/5-skill level upgrade: 90-120 days, depending on civilian experience; on-the-job training at a major Air Force medical facility.

▶ Ongoing professional testing and training throughout career includes maintaining emergency medical technician certification and cardiopulmonary resuscitation training every two years.

Commitment: Must participate in flights during the month in the evenings and up to 48 Additional Flying Training Periods per fiscal year, to maintain proficiency/currency.

Contact: 934th Recruiting Office, 612-713-1456. □



Staff Sgt. Mike Thrasher,
aeromedical evacuation technician

Air Force honor

Wing combat arms instructor earns A+ for career enthusiasm

Award winners always have nomination packages that make it sound like they walk on water. But when that award winner seems to cheerfully do the work of three people and accepts additional duties besides, you have to wonder how they do it.

Staff Sgt. Scott Terpening doesn't walk on water, but he did just win his second award in the last six months. Even though he doesn't recall the exact title of the award he's won, anyone in the 934th Security Forces Squadron will tell you he's one of those award winners who truly deserves recognition.

Terpening was selected the Air Force's Outstanding Reserve Component Combat Arms Training and Maintenance Airman, after winning at the Reserve level earlier this year.

"He has been really good about taking extra duties, following through and getting things done so I don't have to worry about it," said **Master Sgt. Robert Kahl**, superintendent of combat arms, and one of Terpening's supervisors who nominated him for the award. "He has organized the armory procedures, put a lot of extra time in



Terpening



Courtesy photo

The Terpening family, from left: Katherine; Scott, holding Emily; Kelly, holding Jamie; and Kimberly.

at the range since the renovations, and he has come in on some short-notice training events."

For Terpening, responding to unit needs comes naturally.

"I think it comes from initiative — if you see things need doing, you just take care of them," he said. "If you take it upon yourself to do things and keep people informed, they'll let you run with it."

A large part of Terpening's job as a combat arms trainer involves teaching at the range and in the classroom. His enthusiasm and energy are evident there, too.

"We ask for class critiques, and he had more than any other instructor," said Kahl. "The students had positive things to say about him, including the fact that he would take extra time to help someone one-on-one if they were having trouble."

"I really enjoy this," said Terpening. "If I could do this every day, I would. Being a teacher is great. Knowing you've taught someone — that's a great feeling."

"It's not so much the material, but how you present it," he said. "My whole goal is to keep the class involved and make it fun, yet safe."

With his busy life as a corporate leader, dad and husband, however, Terpening's military career sometimes presents tough challenges.

"Being in the Reserve, with a full-time civilian career and four kids, isn't easy for anyone," he said. "That's a pretty busy schedule, but I always try to improvise and juggle things to be here if I'm needed. I want Sergeant Kahl to know he can count on me."

In addition to school and annual tour days, Terpening estimates he put in 60 extra days of duty last year — not to mention countless hours spent on various Reserve-related projects at home.

"In my garage, I'm building a few more shelves and cabinets for the range," he said.

That may be the only indication Terpening doesn't walk on water: he, like most reservists, finds there aren't enough hours in the day sometimes. □

Staff Sgt. Scott Terpening

Unit: 934th Security Police Squadron.

Education: Associate's in electronics, Technical Careers Institute, Conn.; associate's in aircraft electrical, Community College of the Air Force; working toward associate's in combat arms, CCAF.

Hobbies: Woodworking, shooting, spending time with the kids.

Civilian occupation: Director of quality, Amcom Corporation, Eden Prairie, Minn.

Family: Wife, **Kelly**; daughters, **Katherine** (5), **Kimberly** (3); twins **Emily** and **Jamie** (7 months); live in Elk River, Minn. Born and raised in Newburgh, N.Y. □

Family readiness selects volunteer of the quarter

Patricia Botkins
family readiness program director

Our 934th Family Readiness Program volunteer of the quarter is our "first lady," **Jerlynn Gjede**, wife of **Col. Michael Gjede**, 934th Airlift Wing commander.

Jeri started volunteering for the 934th Family Readiness Program a few months after she became the bride of our wing commander. She wanted to know what family readiness was all about, and in the process, she helped establish the first volunteer program here two years ago.

Jeri took time off from her full-time career to attend headquarters workshops, become the first wing volunteer advisor and support all the wing's family functions. During last year's Operational Readiness Inspection, she was at the hangar at 2 a.m. to start greeting the returning troops with hot meals of chili, coffee and homemade apple pie.

"I enjoy serving as a family readiness volunteer because I believe in the mission of the 934th and am convinced a strong family unit can provide the support our reservists need to fulfill their commitment," Jeri said. "Volunteering also allows me to encourage my husband as he serves and to contribute in a small way to the 934th's humanitarian efforts around the world."

Jeri encouraged all who are interested in volunteering to call the FRP at 713-1516. "Whether you give an hour or a day, you'll find the experience rewarding," she said.

Thank you, Jeri. We sincerely appreciate all you do for our families. □



Jeri Gjede

Medals

Meritorious Service Medal

Capt. Paul Gilbertson (Retired), AW
Lt. Col. Thomas Linster (1 Oak Leaf Cluster), LG

PEP promotions

The following individuals have earned promotions under the Promotion Enhancement Program. PEP offers the opportunity for accelerated promotion based on outstanding performance.

Master Sgt. Peter DeSanctis, MXS
Tech. Sgt. Steven Hanson, MXS
Tech. Sgt. Alan McCann, MXS
Tech. Sgt. Troy Puckett, AS
Master Sgt. Clarence Super Jr., CES

Promotions

Dr. (Lt. Col.) Jorge Llambes, ASTS
Lt. Col. Craig Peters, SVS
Lt. Col. John Rudin, OSF

The following members were selected for promotion to lieutenant colonel:

Maj. James Alexander, AS
Maj. Deborah Asselanis, OSF
Maj. Marilyn Chambers, AES

Honors

The following individuals have earned associate degrees from CCAF.

Tech. Sgt. Robert Jacobson, MSF, Fitness, Recreation and Services Management

Staff Sgt. Thomas Olson, SFS, Criminal Justice

► The following individuals earned flying time awards for 3,500 hours. Listings for 2,500 and 1,500 hours will be included in a future issue.

3,500 hours

Maj. Jim Alexander, AS
Lt. Col. Mark Arnold, AS
Maj. Howard Bell, AS
Master Sgt. Brad Binion, OG
Maj. Mike Bladel, AS
Capt. Mark Blalock, AS
Maj. Gary Bray, AS
Maj. Jim Carlen, AS
Maj. Steve Chapman, AS
Lt. Col. Rich Curry, AS
Lt. Col. John Floersch, OSF
Senior Master Sgt. Tom Foss, AS
Maj. Dick Gabe, OSF
Master Sgt. Mark Hartnett, AS
Chief Master Sgt. Don Hohn, AES

Maj. Mike Huttner, AS
Maj. Steve Merriam, AS
Maj. Toby Nichols, AS

Master Sgt. John Nutting, AS
Capt. John O'Connor, AS
Tech. Sgt. John Otremba, APS
Maj. Larry Roberts, OSF
Maj. Robert Ross, AS
Master Sgt. John Skarhus, AS
Maj. Stan Smith, AW
Maj. Doug Trogstad, AW
Tech. Sgt. John Watts, AS
Maj. Grelon Williams, OG

► The Federal Executive Board of the Twin Cities has awarded the **934th Contracting Office** the 1997 Excellence in Federal Contracting Award. The honor recognizes the division's "continued conscientious effort to support and promote small and disadvantaged businesses at every opportunity." Only three of 120 federal agencies in the area earned this award. The division previously won this award in 1995.

► In the recent club membership drive, two local club employees won prizes for recruiting the most members. **William Wierson**, Fort Snelling Officers Club, won a television satellite dish. **Maria Prize**, NCO Club, won a two-line, portable phone system.

Newcomers

Airman 1st Class Jessica Alioto, APS
Senior Airman Anthony Brandt, CES
Senior Airman Erick Chaisson, MSF
Senior Airman Mandy DeForrest, ASTS
Airman 1st Class Deborah Edwall, ASTS
Staff Sgt. Jodie Eversman, AW
Senior Airman Kim Frankfourth, MXS
Senior Airman Johnette Frazier, ASTS
Senior Airman Raymond Gelhouse, LSS
Staff Sgt. Lonnie Gillespie, MXS
Senior Airman Christina Jordan, MXS
Senior Airman Keeton Lawson, ASTS
Senior Airman James Mills, MXS
Senior Airman Brian Quiroga, AW
Staff Sgt. Dennis Swanson, AES

Air reserve technicians

Maj. Cam LeBlanc, LG
Capt. Bonnie Tremblett, QI

Civilians

Elvira Burley, SV
Bobby Crews, SF
Scott Garrett, SF
Marian Hetherington, CC
Joseph Jensen, SV
Sheri Olson, CAP
Janice Wills, SF

Retirements

Capt. Paul Gilbertson, AW

Huffing

It's no fairy tale — this 'big, bad' drug high destroys brain

Tech. Sgt. Janet Byerly
public affairs

When most people think of huffing they think of the three pigs and blowing a house down. The modern-day version of huffing involves inhaling solvents such as aerosols, only it's the brain cells of young users that get blown out.

Huffing is a dangerous practice most people have never heard of, yet it is present in communities such as Kadena Air Base, Japan, as well as right here in Minneapolis.

Senior Master Sgt. Bob Hanley, a security policeman for the 934th Security Forces Squadron and a patrolman for the University of Minnesota Police Department, has seen the effects of huffing first hand.

"They take a paper bag and spray it with their sniff of choice — usually it's gold paint— and they inhale the fumes," he said, noting that under the Interstate 94 bridges is a popular spot for huffers. "We find them totally incoherent and babbling, often wandering down the interstate, their faces covered with gold paint. We take them to detox, but the effects are permanent. Their minds are definitely

damaged; they become easily confused, their speech is affected, and some are even institutionalized with permanent brain damage."

At Kadena there are eight or nine places where evidence of huffing — numerous empty bottles of heel and edge dressing and empty plastic bags — were found, according to **Staff Sgt. James Black**, the Kadena Drug Abuse Resistance Education program manager.

"The worst thing about huffing is that it's a brain killer," said Black. "It kills brain cells quicker than any other drug. One thing people don't realize is that the user can die the very first time they try it.

"Everyone thinks we live in a perfect world, but you still have (drug abuse) all over," said Black.

There are two distinct groups of huffers, according to Hanley. The habitual drunks who no longer get a high from alcohol and the middle school and high school kids who try it because it's a cheap high.

"If a parent were to catch their middle school or high school age student after an episode of huffing, the first thing to do would be to get them checked out by medical personnel," said Hanley. "Even if they say they feel fine, get them checked out. That sludge is in their bloodstream and will effect their heart, mind, and kidneys.

"Then I would suggest counselling," he said. "If you caught them once, they probably did it 10 times. It's time for a professional to see why they're doing it. They're experimenting and they've probably experimented with other substances."

At home, be on the look out for household products, nearly any strong-smelling substance such as cleaning solutions, paint thinner and nail polish remover, among others, that turn up missing or are empty and

you don't recall using them, said Hanley. Bags covered with aerosol spray or paint, or any container such as a pop can with aerosol or paint fumes, can also be evidence of huffing.

"Huffing is starting to be a pretty hard core problem," said Hanley. "It's not necessarily something to be dealt with through law enforcement or the court system, it's more that a helping hand needs to be extended to these young people, and that can be done through counseling." (Some information courtesy Air Force News Service) □

Services Briefs

Toys for Tots

Collection boxes for Toys for Tots will be out this Unit Training Assembly and next in many locations, including the family readiness/Omega Travel building.

Snow sports

▶ Welch Village ski tickets are available, including Opski II coupons.

▶ Recreation services has new winter sport rental equipment, including cross-country skis (no boots) and ice-fishing items such as clams, tip-ups and augers.

Upcoming events

▶ Pig Out Cardio Challenge, Nov. 24-Dec. 24. Each time a participant burns 500 calories on each of the fitness center's cardio machines, he/she takes a pig out of the pen. Awards go to those with the most released pigs. See the pig pen board in the fitness center, Bldg. 802.

▶ Bowling tournament, February UTA, sign-up November and December UTAs.

▶ Super Bowl party, January UTA.

▶ Eight-ball billiards tournament, March UTA. □

☎ **934th Recreation Services, Bldg. 802, Ext. 1128 or 1665**

Ask for help

☎ Call the 934th Family Readiness Program at 713-1516 for information on agencies in your area offering help for drug/toxic substance abusers and their families, friends or concerned individuals. □