

# VIKING FLYER



934th Airlift Wing (AFRC)

Minneapolis-St. Paul IAP Air Reserve Station, Minn.

April 2006 Vol. 28, No. 04

## Balancing careers: One Reservist's story



# Around the Wing



## EDITORIAL STAFF

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The *Viking Flyer* is mailed to reservists' homes. Copies of the *Viking Flyer* are also available at various locations on base.

All photos are Air Force photographs unless otherwise indicated.

The deadline for all submissions is the Sunday of the UTA one month prior to publication.

## Aerial Port Squadron

The 27 APS is pleased to welcome AB William Carlson to his first UTA, March, 2006.

Several 27 APS individuals were recognized for outstanding performance at Rhein Mein AB, Germany, 2004. They include Senior Master Sgt. Jack Pegg, Tech. Sgt. Becky Felix, Tech. Sgt. Scott Wheeler, and Staff Sgt. Eric Fisher. Additionally, several 27 APS individuals were recognized by the 305 APS, McGuire AB, N.J., for outstanding performance. They include Senior Master Sgt. Mark Larson, Tech. Sgt. James Cullum, and Staff Sgt. Lisa Gonsalves.

Sergeant Pegg was recognized for outstanding academic performance with a 99% passing grade for the Management of Aerial Port Operations course given at the Air Mobility Warfare Center, Ft. Dix, N.J.

Staff Sgt. Gerald Frick was given a certificate of appreciation for his contributions for the Habitat for Humanity program.

Staff Sgt Roger Hauch was awarded Aerial Porter of the Annual Tour for his role at Charleston AB, SC. He was selected out of three Aerial Port Squadrons on Annual Tour during that time.

## LRS

Members of the 934th Logistics Readiness Squadron members returned from Nellis AFB, Nev. where they performed their annual tour.

Greg Greseth and Joshua Weston were promoted to senior airmen.

Master Sgt. Steve Orwig completed the Senior NCO Academy.

Senior Airman Michael Thomas passed his 5 level Career Development Course.

Senior Airman John Kupka, Senior Airman Taylor Debel, Senior Airman Nicholas Ferry and Staff Sgt. Russell Mathews deployed to Southwest Asia.

## Services

Services would like to thank everyone who came out to bowl on Saturday of the March UTA. Congratulations to the following Winners: Timothy Tabor, Donald Kom, Daniel

Fitzmaurice, Tony Oswald, Rob Rice, and Scott Novak from CE with the best team average of 869, James Mueller from LRS with Highest men's score of 212, and Nancy Kent with Highest female score of 160.

A special thanks goes out to Master Sgt. Jeffrey Smithers and 1st Lt. Peter Dellert from the Air Force Reserve Command. They spent the March UTA in the Dining Facility observing operations for the Hennessy Trophy Award. The Hennessy Trophy is an annual award presented to Air Force installations with the best food-service programs.

Awards are based on the entire scope of an installation's food-service program. Winners must display excellence in management effectiveness, force-readiness support, food quality, employee and customer relations, resource conservation, training and safety awareness.

2nd Lt. Dennis Davis, Tech. Sgt. Kristen Maloney, Senior Airman Joseph Cervantes, and Senior Airman Robert Schaaf were awarded the Armed Forces Reserve Medal with a mobilization device for their deployment to Dover Air Force Base, Del.

## CES

**Unit Information:** Wayne Stierlen was promoted to SMSgt, Donald Doosey to Tech. Sgt, John Staub to Airman. Lt. Col. Canarr, Master Sgts. John Kline and Mike McNally and Tech. Sgt. KC Crandall completed SORTS training. Master Sgt. Tom Schutz deployed to Malmstrom AFB until June.

Congratulations to Staff Sgt. Tobie Arfstrom and his wife Katherine on the birth of their daughter Honoria.

## On the Cover

**1st Lt. Brian Gornick works towards his goal of becoming an NHL hockey player while serving as an officer in the Air Force Reserve.**

**Courtesy Photo**



# Letter to Airmen

Michael W. Wynne

Secretary of the Air Force

## United States Air Force Core Values

I continue to be honored to serve with you as Secretary of this great Air Force. Whether on the ground, in air or space, or on the new frontier of cyberspace – and whether you wear uniforms or civilian clothes – you respond to daily challenges that embody our core values of *Integrity First*, *Service Before Self*, and *Excellence in All We Do*.

These core values reflect the values we share from the moment we take our oath to support and defend the constitution. We must continue to reflect on these values, linked to that oath. Sharing my thoughts in this note is part of that ongoing process.

**Integrity First** reminds us we must "walk the talk" – our words and actions must be integrated in our lives. It reminds us of Thomas Jefferson's concept of *moral muscles* – that we build and strengthen our character through the daily exercise of words, actions, and decisions. *Integrity first* means not only physical courage, but moral courage as well, so that we sometimes stand up by speaking up. It means being loyal to our friends, to each other – *by being loyal to our oath, our Air Force, and our Nation*.

**Service Before Self** is not the same as "service," a value also claimed by some civilian institutions and corporations. Our Service requires sacrifice and commitment to our Nation. We understand we make decisions in an environment where freedoms are on the line, and lives are at stake. *Service Before Self* begins with duty, but it means more. It means that, in our Air Force, as we fly and fight in war and peace, going *above-and-beyond-the-call-of-duty* is not the exception – it is the rule.

**Excellence in All We Do** reminds us, at the most basic level, of the old "Hometown Newspaper Test" – imagining our parents reading about our actions, and wanting them to be proud. But it also includes the military concept of honor – knowing our actions reflect on all Airmen – and on the Air Force itself. It reminds us that we stand on the shoulders of giants: heroes like Billy Mitchell and Doolittle, Spaatz, and Rickenbacker; heroes who faced and beat incredible odds. We have inherited a history of excellence, courage, and greatness. We must live up to that heritage, become part of it, and pass it on.

All Airmen are men and women of character. Our enduring *Air Force Core Values* provide a touchstone as we rise to meet current and future challenges, threats, and opportunities. As America's Airmen, it is imperative that we maintain the moral high ground – our nation depends on it. I thank all of you for your contributions and sacrifices. *I salute you!*

A handwritten signature of Michael W. Wynne in black ink.

Michael W. Wynne

## Wing Commander's Hotline

The hotline provides wing members with a direct link to the wing commander to relay kudos, concerns or suggestions on wing matters.

To reach the hotline, call (612) 713-4685. Remember to leave your name and telephone number.

Before relaying problems, be sure to use your chain of command or call the responsible agency first so it can have the chance to help you.



# Colonel Tarchick to lead 934 AW

Col. Timothy E. Tarchick will take command of the 934th Airlift Wing in a ceremony on April 1. Colonel Tarchick was previously the commander of the 920th Rescue Wing, Patrick Air Force Base, Fla.

The 920th Airlift Wing is equipped with five HC-130P/N Hercules aircraft and 14 HH-60G Pave Hawk helicopters to support worldwide combat rescue operations, the National Aeronautics and Space Administration's space shuttle program and the 45th Space Wing's range clearing missions. The wing is authorized 1,250 personnel assigned to four groups, 10 squadrons, six flights, a headquarters section and two geographically separated units in Arizona and Oregon.

Colonel Tarchick was born in Warren, Ohio. After enlisting in the Air Force Reserve in 1978, he served as an X-Ray technician and later became a C-130B loadmaster with the 910th Tactical Airlift Group in Youngstown, Ohio. After graduating from Officer Training School in 1984 and Undergraduate Navigator Training, he served in a variety of Air Force Reserve Command units as a squadron training officer, wing plans officer, tactics instructor, flight examiner, chief navigator, 4th Air Force staff officer, director of operations and operations group commander.

### EDUCATION:

1. 1978 Howland High School, Warren, Ohio
2. 1984 Bachelor of science degree in business administration, Youngstown State University, Ohio
3. 1991 Squadron Officer School
4. 1995 Air Command and Staff College
5. 2001 Air War College

**ASSIGNMENTS:** 1. June 1978 - July 1978, Basic Training, Lackland Air Force Base, Texas 2. August 1978 - November 1978, X-Ray Technician School, Sheppard AFB, Texas 3. December 1978 - May 1981, X-Ray technician, 910th Tactical Airlift Group, Youngstown, Ohio 4. June 1981 - August 1984, C-130B loadmaster, 910th Tactical Airlift Group, Youngstown, Ohio 5. September 1984 - November 1984, Officer Training School, Lackland AFB, Texas 6. December 1984 - March 1987, navigator, 910th Tactical Airlift Group, Youngstown, Ohio 7. April 1987 - June 1987, training officer, 927th Tactical Airlift Group, Selfridge Air National Guard Base, Mich. 8. July 1987 - August 1988, navigator, 910th Tactical Airlift Group, Youngstown, Ohio 9. September 1988 - March 1992, training officer, wing plans officer, 440th Airlift Wing, Milwaukee, Wis. 10. April 1992 - September 1993, chief of navigation, flight examiner, 928th Airlift Group, Chicago-O'Hare Air Reserve Station, Ill. 11. October 1993 - October 1996, operations staff officer, Fourth Air Force, McClellan AFB, Calif. 12. October 1996 - May 1999, director of operations, 940th Air Refueling Wing, McClellan-Beale AFB, Calif. 13. June 1999 - September 2001, commander, 914th Operations Group, Niagara Falls ARS, N.Y. 14. October 2001 - April 2003, commander, 920th Rescue Group, Patrick AFB, Fla. 15. April 2003 - Present, commander, 920th Rescue Wing, Patrick



**Col. Timothy E. Tarchick**

AFB, Fla.

**FLIGHT INFORMATION:** 1. Rating: Master Navigator  
2. Flight Hours: More than 5,500 hours  
3. Aircraft Flown: T-37, T-43, C-130A/B/E/H2/H3, KC-135R/E, HC-130P/N and HH-60G

**AWARDS AND DECORATIONS:** Meritorious Service Medal with two oak leaf clusters, Aerial Achievement Medal, Air Force Commendation Medal with oak leaf cluster, Joint Meritorious Unit Award, Air Force Outstanding Unit Award with three oak leaf clusters, Combat Readiness Medal with silver and bronze oak leaf clusters, Air Reserve Forces Meritorious Service Medal with two oak leaf clusters, National Defense Service Medal with bronze star, Southwest Asia Service Medal, Armed Forces Service Medal, Air Force Longevity Service Award Ribbon with five oak leaf clusters, Armed Forces Reserve Medal with oak leaf cluster, Small Arms Expert Marksmanship Ribbon, Air Force Training Ribbon, Kuwaiti Liberation Medal of Kuwait.

**Wing Change of Command  
ceremony Saturday April 1,  
10 AM in the Fuel Cell**



# Moucha method helps master PME

By Staff Sgt. Nicholas Olson  
934 AW Public Affairs

The necessity for pursuing excellence drives many to achievement. But when someone's only need is to set the bar higher, then recognition is merely an afterthought.

In the past few years, Tech. Sgt. Todd Moucha, 27th Aerial Port Squadron element leader, has spent several hours, in his own free time, to redesign a set of pretests for Aerial Port airmen to study for their 5 and 7-level tests.

The idea came to Sergeant Moucha when, after returning from unit activation three years ago, an Airman with the 27th Aerial Port Squadron expressed concern about their lack of studying for their upcoming test because of being deployed.

"I took a look at the pretest we already had and realized that they were from the 1980s and I was not happy with what I saw," said Sergeant Moucha.

Sergeant Moucha also noticed that some people who were taking and passing the old pretest were failing the real test. Unsatisfied with the results, Sergeant Moucha began to look at the Career Development Course books for the 5 and 7 skill level and began the daunting task of recreating the electronic pretest. After purchasing a scanner that could recognize text and interactive educational software that is designed for creating interactive tests, Sergeant Moucha set out to update the pretest.

"I spent over 25 hours just scanning in the CDCs," explained Sergeant Moucha. Because of technical limitations however, he would also have to re-create, by hand, graphics and tables that were used in the CDCs.

His goal was to create a set of pretests that would best suit the needs of the student. For each skill level he created a practice test with the answers incorporated in the test and a test where no answers were shown whether they answered incorrectly or not.

Sergeant Moucha also incorporated different colored backgrounds on different pages to break up the monotony of black and white pages. "If you change things a little bit around the mind becomes more active."

The pretests were also designed with review in mind.

When a test taker gets an answer wrong on the test, the results printout will tell them where to find the correct answer in the CDCs. "Each question has the section and study unit where to find the answer in the CDCs," said Sergeant Moucha.

Once he completed the pretests, it was time to see if they worked. Sergeant Moucha, with approval from his squadron, allowed Airmen to use the program. After using the course, several Airmen were not only passing the test but getting higher scores.

"People say they really like it," said Sergeant Moucha. "A lot of them thanked me for creating it."

"It greatly improved the passing record," said Senior Master Sgt. Mark Larsen, 27th Aerial Port Squadron NCOIC, combat readiness.

The pretests have also been designed to be portable and usable in any location with a computer. Using a CD-ROM, Airmen are able to bring the software along as it does not require internet access.

"I designed it so, even if you are deployed, you can study for the tests," said Sergeant Moucha. "It is designed so that you do not need to be online or on a network to use it."

Sergeant Moucha's efforts have not gone unnoticed. After seeing the improvements in the test scores, the leadership of 27 APS submitted the program to 22d Air Force. From there the program has been distributed for use in Aerial Port Squadrons around the Air Force Reserve Command.

"It is a great reinforcement-type tool," said Chief Master Sgt. Michael Dressen, 27th APS. "Hundreds could be receiving aid in their studies."



# Total Force

By Tech. Sgt. Jeffrey S. Williams  
934 AW Public Affairs

When most people think of hockey, Minnesota often comes to mind. If they think of Minnesota, hockey comes to mind. The United States Hockey Hall of Fame is in Eveleth, Minnesota. The U.S. Olympic hockey roster is filled with Minnesotans each year. Herb Brooks, a South St. Paul-native coached the 1980 U.S. Olympic team to a gold medal victory over Finland. His coaching tenure also included stops at the University of Minnesota and a few professional teams. Minnesota even had two NHL hockey teams during the league's existence.

For 1st Lt. Brian Gornick, 4th Air Force public affairs officer on temporary duty with the 934th Airlift Wing, hockey is his life – literally.

"It's always been my dream to play in the National Hockey League," Lieutenant Gornick said. "To play and get paid for something you love is unique in today's society."

The lieutenant, a 1998 graduate of St. Paul's Cretin-Derham Hall High School, leads a double life – Air Force reservist by day and professional hockey player by night.

As a senior in high school, his team, the Raiders, lost in the section final to Hastings. The next year, while playing for the Air Force Academy team, the Anaheim Mighty Ducks picked him in the ninth round of the 1999 NHL entry draft (258th overall).

It looked as if the power forward might achieve that goal, as he was the first Air Force Academy cadet, and the second service academy cadet ever selected in the NHL draft.

Lieutenant Gornick spent his four year academic career at the Air Force Academy as a two-sport athlete in baseball and hockey, and received his commission in May 2002.

He spent the next two years as an acquisition officer at Wright-Patterson Air Force Base, Ohio, while still playing hockey, this time for the Cincinnati Mighty Ducks of the American Hockey

League.

"The two years active duty and playing hockey professionally was tough. Playing hockey professionally is a



Courtesy photo

**Lieutenant Gornick skates with the Air Force Academy team.**

full time job, so I was working two full time jobs during that time. Now that I'm a reservist, it's a little easier to handle and it works out best for both my hockey team and the Air Force," he said.

His main duties as a reservist include working recruiting events and talking to people in the community. Now that he is currently on the injured reserve list due to a shoulder injury, it will be a little easier in handling his Air Force role.

"Serving your country is an admirable thing to do," he said. "At age 18, it's tough putting something ahead of yourself, but the Air Force has tremendous opportunities, and I take a lot of pride in representing my country."

Another opportunity that came his way was his selection to the U.S. National Team through the Air Force World Class Athlete program, in which he participated from December 2003 through September 2004. He considers himself lucky to be a member of the 2003 U.S. National Team that won the 2003 Deustchland Cup, in Germany.

## Reserve/hockey careers play off each other for success

Last summer he was selected to the 2005 U.S. Joint Military Skills Competition Team, which competed against teams from other NATO countries in pistol marksmanship, rifle marksmanship, land obstacle course, water obstacle course and land navigation.

"It was pretty intense," he said. "We went through an intense training program learning marksmanship from some of the top shooters in the military. They really taught us how to perform under pressure, at an expert level."

He believes the military skills competition experience will not only help him in his future hockey endeavors, but also as an Air Force officer by providing him with the necessary skills to become a better leader and officer.

"Any time you improve hand-to-eye coordination skills, it helps you. It was a different kind of competition and it was the first time I was ever exposed to international competitors. I will also be able to bring the skills I learned back with me to my unit," Lieutenant Gornick said.

He was invited back for more pentathlon training and competition this year until he injured his shoulder.

"My biggest problem right now is staying healthy. I had a cartilage problem in my wrist last year and a shoulder problem this year, but I haven't missed a lot of games. Typically guys in my position take longer to develop. They bring you along slow. My goal is still to play in the NHL," he added.

This summer he will be a free agent, after having spent four seasons playing professionally with the Cincinnati Mighty Ducks, San Diego Gulls, Syracuse Crunch and the Dayton Bombers, all affiliated with NHL teams.

The one thing he knows he has going for him while waiting for the call from another professional team is the same thing he has for life after hockey.

"My number one commitment is to the Air Force. If called to go overseas, I wouldn't hesitate. I understand my obligation to the Air Force. It's been good to me and allowed me to pursue my goals," Lieutenant Gornick said.



## Viking Voices What do you look forward to as Spring approaches?



*"The day it hits 50 degrees I'm going to go running around the lakes."*  
Senior Master Sgt. Diane Johnson,  
96th AS.



*"I'm planning my wedding and getting ready to run outside again."*  
Senior Airman Christie Perrault, 934th  
AES.



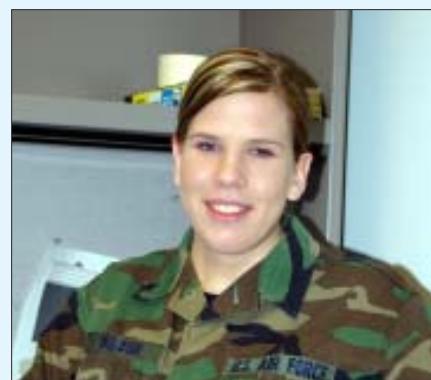
*"Go to the park with the kids. Go to the cabin and go fishing."*  
2<sup>nd</sup> Lieutenant Andrew Severt, 27th  
APS.



*"To play golf as much as I can."*  
Senior Master Sgt. Paul McCann,  
Finance



*"I'm going to play outside with my daughter. We go camping."*  
-Master Sgt. Kelly Engeldinger, 934th  
MXG



*"I'm going out of state to visit friends."*  
-Senior Airman Kara Wilson, 934th  
ASTS

*Photos by Staff Sgt. Nicholas Olson*



The 934th Public Affairs office is looking for a traditional reservist to work in the Public Affairs career field. Public Affairs specialists write stories for the Viking Flyer, take photographs, escort news media, and actively tell the story of

the 934th and Air Force Reserve to the public. Interested members who are not already qualified must be able to complete a 12 week tech. school at Ft. Meade, Md. Call PA at XT 1217 for more information.

### Human Resources Development Council (HRDC) sponsored events for 2006:

League of United Latin American Citizens (LULAC), Milwaukee, WI 26 Jun – 1 Jul 06

Tuskegee Airman International convention, Phoenix, AZ 1-4 Aug 06

HRDC Workshop, Colorado Springs, CO 23-25 Oct 06

The second annual Airmen's panel, March UTA

The second annual NCO panel, May UTA Speaker's Brown Bag lunch, TBD

For more information contact Colonel Rudin at ext 1298. Remember, TDYs are unit funded.



# Eagle Eyes program key to antiterrorism

By Special Agent Nicole Goodwin  
AFOSI

The Air Force Office of Special Investigations (AFOSI) sponsors the Eagle Eyes program, a program Air Force officials consider a key piece in the service's antiterrorism strategy. Activity that should be reported can be classified into seven broad categories: acquiring supplies, dry runs, deploying assets, surveillance, tests of security, suspicious person out of place and elicitation.

Terrorist operations are preceded by precursor events that people need to recognize and report. Terrorist acts don't just happen – they are carefully planned and rehearsed many times in advance. Criminals and criminal organizations operate in much the same way.

Elicitation is simply one more way terrorists attempt to gain exploitable information about us. Terrorists want knowledge about you, your co-workers, the technology we use, military logistics, our communications, potential strengths and weaknesses, military operations and military procedures.

Elicitation is defined as "to draw out or to bring forth." Skilled operatives are good at what they do. They are subtle and highly trained in the art of conversation. They are good at deceiving you into providing information under false pretenses. Conversational elicitation is non-threatening and easy to disguise. Seemingly casual conversations at airports, restaurants, smoking areas, and bus stops may be attempts to draw information from you. Your dilemma is that you never know if your conversation is being used casually to pass the time of day or if it is being used to gather information.

Be aware of some common techniques such as: appealing

to your ego or flattery ("You must have an important job in the military."), expressions of mutual interest ("You work with computers; so do I."), appeals to your patriotism ("You must be so proud to serve the best country in the world. Do your missions take you to other interesting countries?"), deliberate false statements ("Everyone knows that 2,000 U.S. military members work here."), assumed knowledge ("Since you have a mass casualty exercise once a month..."), unsolicited contract offers ("I'm in the supply business and my company wants to put in a bid, but first I need to know..."), and statements of sympathy ("The separation from family caused by deployments must be difficult.").

Technology has brought elicitation to a whole new level. Fax, mail and especially the Internet are all effective ways of conducting mass elicitation operations. The Internet is a vast mechanism that provides almost limitless options for elicitation. Operatives are just as skilled in the virtual world as the real world in gathering information from you. They use chat rooms, e-mail and news groups, just to name a few.

Finally, remember that you are not the only target for elicitation. Operatives know that you may not share the information they want with them, but you do with family and friends and that makes them targets too. They are in a unique position to possess information that is exploitable. No matter whom you are talking to, always keep force protection in mind when the topic is your job or the military.

If you have an incident to report, immediately call the Law Enforcement Desk 24 hours a day at commercial phone number 612-713-1101 or DSN: 783-1101; or contact AFOSI during duty hours at DSN: 783-1077 or at commercial phone number 612-713-1077. Security Forces will contact the resident agent when they are not in the office.



## Meeting in Manta

**Master Sgt. Kevin Harstad, 934th Security Forces Squadron, (center) had a chance to talk with Chief Master Sergeant of the Air Force Gerald R. Murray, and 12th Air Force Command Chief Wade Johnson during their visits to Manta, Ecuador. The chiefs said they were impressed with the way the Reserve, Guard and active duty worked together to accomplish the mission.**

## UTA Schedule

Fiscal Year 2006

**Apr. 1-2**

**May 6-7**

**June 3-4**

**July 15-16**

**Aug. 5-6**

**Sep. 9-10**

### AIR FORCE ONE STOP AT NORTH COUNTRY LODGE

An Air Force One Stop kiosk is available at Lodging to help people who do not have access to a computer to get the information they need. The kiosk allows those who are relocating, deploying, or flying Space-Available to access the Virtual Military Personnel Flight Web site, MyPay and other programs. Some local information links include spouse employment, schools, housing, family support centers, currency conversion calculator, and various other topics for people transitioning in the area.

The machine can also print information, forms and maps for travelers. There is virtually no operation down time for the machine. When the kiosk becomes inoperable, the main computer hub in San Antonio, Texas, stops receiving information from the unit and informs the kiosk manager.

For more information about this Air Force One Stop kiosk at Lodging, call (612) 713-1978.

## Decorations



### Meritorious Service Medal

Lt. Col. John D. Larson	934 MSG
Lt. Col. Robert B. Ross	96 AS
Maj. Robert J. Hockman	96 AS
Chief Master Sgt. Richard P. Hunter	934 AMXS



### Air Force Commendation Medal

Senior Master Sgt. Calvin G. Johnson	27 APS
Tech. Sgt. Joseph A. Mohlis	934 AMXS
Tech. Sgt. John M. Sadlovsy	934 AMXS



### Air Force Achievement Medal

Tech. Sgt. Scott J. Braski	934 SVS
Senior Airman Michael J. Hotter	934 SVS

### SERGEANTS UPP & ADAM



By Senior Master Sgt. Doug Johnson

# 2006 Community Assessment Survey called top priority

## 934 AWMSG

The Integrated Delivery System (IDS) Working Group is sponsoring the 2006 Community Assessment Survey of service members, spouses, reservists, and reserve spouses. A total of approximately 30,000 reservists will be surveyed across 30-40 reserve installations.

An additional 1,000 reserve spouses will be invited to participate in the survey.

Air Force reserve members and their spouses will be randomly selected to participate in the study. A notification letter that includes a link to the brief, Web-based survey will be sent out to the work email address of each reserve service

member selected to participate (reserve spouses will be sent a letter in the mail with the Web link). Participation is crucial to the success of the project, and selected service members are strongly urged to take part.

"The 2006 Community Assessment Survey is a top priority," stated Lt. Col. Selina Petaros, 934th Community Action Information Board chairperson. "It is the best way for us to listen to reserve members and then provide services to help them meet the special needs of reserves and their families. It allows them to express their opinions anonymously so participants can respond openly and honestly to issues that affect them every day."

Survey responses can directly influence family services and related support activities at local bases and throughout the Air Force. In fact, results from previous Air Force Community Assessments have impacted the policies and programs that support families at every level of the Air Force.

"The 2006 Community Assessment Survey provides community members a wonderful opportunity to improve the Air Force Community," said Lt Col Petaros. We hope those selected will do everything they can to respond to the survey as quickly as possible."

If you have any questions regarding the 2006 Community Assessment, please contact Lt Col Petaros at extension 1075.



## Promotions

<b>Master Sgt. Scott Flaherty</b>	<b>934 SFS</b>
<b>Master Sgt. John Sadlovsky</b>	<b>934 AMXS</b>
<b>Tech. Sgt. Heather Carroll</b>	<b>934 ASTS</b>
<b>Tech. Sgt. Donald Doose</b>	<b>934 CES</b>
<b>Tech. Sgt. Aaron Groskruetz</b>	<b>934 SFS</b>
<b>Tech. Sgt. Patrick Haley</b>	<b>96 AS</b>
<b>Staff Sgt. John Calton</b>	<b>934 ASTS</b>
<b>Staff Sgt. Eric Hartinger</b>	<b>934 AW</b>
<b>Staff Sgt. Amanda Hinch</b>	<b>934 MXS</b>
<b>Staff Sgt. Daniel Istan</b>	<b>934 CES</b>
<b>Staff Sgt. Shaun Kleinheksel</b>	<b>934 MXS</b>
<b>Staff Sgt. Lindsay Lande</b>	<b>27 APS</b>
<b>Staff Sgt. Zachary Nelson</b>	<b>934 AMXS</b>
<b>Staff Sgt. Jonathan Patterson</b>	<b>934 CES</b>
<b>Staff Sgt. Jeffrey Peters</b>	<b>934 MXS</b>
<b>Staff Sgt. Sean Sanford</b>	<b>934 ASTS</b>
<b>Staff Sgt. Gordon Szyszko</b>	<b>27 APS</b>
<b>Staff Sgt. Quentin Will</b>	<b>96 AS</b>
<b>Senior Airman Grace Claus</b>	<b>934 SFS</b>
<b>Senior Airman Christian Doggett</b>	<b>96 AS</b>
<b>Senior Airman Gregory Greseth</b>	<b>934 LRS</b>
<b>Senior Airman Kari Kuykendoll</b>	<b>934 MSF</b>
<b>Senior Airman Britton McDaniels</b>	<b>934 AMXS</b>
<b>Senior Airman April Ouellette</b>	<b>934 AW</b>
<b>Senior Airman Garrett Weston</b>	<b>934 LRS</b>
<b>Airman 1<sup>st</sup> Class Brice Gray</b>	<b>934 MXS</b>
<b>Airman 1<sup>st</sup> Class Shanetta Hampton</b>	<b>934 SFS</b>
<b>Airman John Staub</b>	<b>934 CES</b>

# Cell phone users must go hands free

by Staff Sgt. Matthew Rosine  
Air Force Print News

- SAN ANTONIO (AFPN) — The Air Force is implementing a new cell phone restriction for drivers. Effective immediately, drivers are not allowed to talk on their cell phones while driving on Air Force installations without a hands free device.

This policy is part of the Department of Defense's Joint Traffic Guidance. This restriction also applies to all government owned vehicles, or GOVs, at all times. No GOV drivers are permitted to talk on a cell phone while driving without a hands-free device on or off base. "This is really a cooperative effort for everyone from the base populace to the base leaders," said Master Sgt. Gloria Ornelas, the superintendent of law enforcement for Air Force Security Forces.

"I think it is long overdue. The DOD recognized that, and we are now in line with what some states and municipalities are doing to create a safer environment for drivers." Air Force Instruction 31-201 (I), following guidance in DOD Instruction 6055.4 "DOD Traffic Safety Program," will restrict the use of cell phones while driving. Only cell phones with hands-free devices will be allowed for use by drivers. This guidance also allows the Air Force to use portable breath screening devices as long as they conform to National Highway Traffic Safety Administration standards. The Defense Department's joint traffic document states: "Vehicle operators on a DOD Installation and operators of Government owned vehicles shall not use cell phones unless the vehicle is safely parked or unless they are using a hands-free device."

"The wearing of any other portable headphones, earphones or other listening devices (except for hand-free cellular phones) while operating a motor vehicle is prohibited. Use of those devices impairs driving and masks or prevents recognition of emergency signals, alarms, announcements, the



*Illustration by Senior Airman Brian Ferguson*

**SAN ANTONIO (AFPN) — Beginning Feb. 27, drivers are not allowed to talk on their cell phones while driving on Air Force installations without a hands-free device.**

approach of vehicles, and human speech. DOD component safety guidance should note the potential for driver distractions such as eating and drinking, operating radios, CD players, global positioning equipment, etc.

Whenever possible this should only be done when the vehicle is safely parked." Using a cell phone while driving without a hands-free device will be considered a "primary offense." This means violators will be able to be stopped solely for this offense. Drivers who violate this cell phone driving

restriction will be given three assessment points against their driving records or an appropriate fine. Drivers should be aware that if two or more violations are committed, even on a single occasion, a ticket may be given to the driver for each violation.

"It was recognized at the DOD level that we needed some changes," Sergeant Ornelas said. "The winner here is the base populace. They will have more mobility while driving, a greater range of view — in short, a safer driving environment for all."

## Transition assistance

The web address for the Transition Assistance Workshop is:  
<http://www.deed.state.mn.us/veterans/tap.htm>. The website offers locations and a description of the class, as well as contact and registration information.

# Good Conduct Medal elimination explained

by Master Sgt. Mitch Gettle  
Air Force Print News

WASHINGTON (AFPN) — The Air Force Uniform Board announced Feb. 6 that the Good Conduct Medal will no longer be awarded.

The Air Force director of Airmen development and sustainment recently explained the reasons behind this decision.

"The quality of our enlisted personnel today is so high, we expect good conduct from our Airmen," said Brig. Gen Robert R. Allardice. "It begged the question, 'Why do we have a Good Conduct Medal?'"

"Having a medal for good conduct is almost to say we don't expect Airmen to do well, but if they're good we will give them a medal," he said. "It's kind of insulting in our Air Force today."

One must look at the history of why the medal was created in the 1960s.

The military was using the draft and involved in the Vietnam War. The Air Force didn't have any other method to recognize Airmen. Today, the Air Force Achievement Medal recognizes outstanding Airmanship.

"When we looked at that history it was clear that the Good Conduct Medal has outlived its usefulness," said Chief Master Sgt. of the Air Force Gerald R. Murray. "Today's all-volunteer force is committed to serving honorably, and good conduct is what we expect from every Airman — officer and enlisted."

"We live by our core values," Chief Murray said. "When members of our service stray from those values, they do themselves and all

Airmen a disservice.

When that happens, commanders have the tools they need to evaluate the situation and the individual's worthiness for continued service.

"If a commander deems their conduct does not warrant discharge, then they remain a valuable Airman to our Air Force, and we expect them to continue to serve honorably," he said.

General Allardice said that it is the uniform, not the Good Conduct Medal, that represents what Airmen are all about.

"In today's Air Force, Airmen understand the uniform they wear represents good conduct," he said.

Airmen who have previously earned the Good Conduct Medal are still authorized to wear it in the order previously authorized.

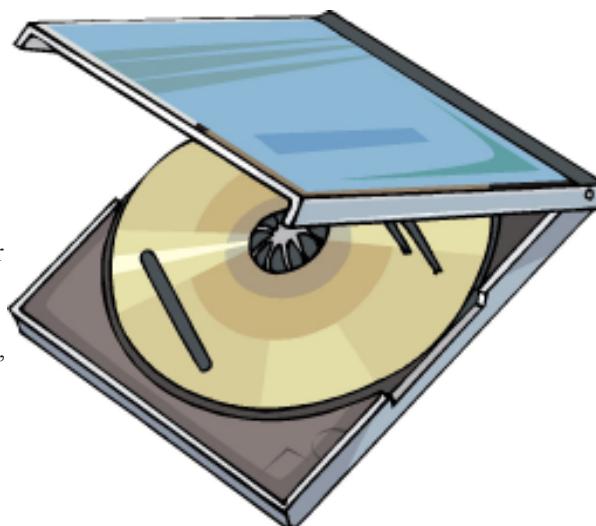
## Free SAT/ACT software for military families

In association with the Department of Defense (DoD), eKnowledge LLC announces that a group of NFL, NFL Europe, AFL and CFL football players, represented through the Victory Sports Group Agency, is donating several million dollars worth of SAT and ACT test prep programs valued at \$199 each to families in the Army, Navy, Marine Corps, Air Force and Coast Guard for the school year 2005-2006.

Through this sponsorship, active duty, National Guard, Reserve, and retired military personnel can obtain eKnowledge's \$199 SAT/ACT Standard Power Prep program(s) and the \$199 fee is waived. Families who request the program(s) pay only shipping & handling costs associated with the request. Service members may request as many programs as they

need for the students in their lives.

To facilitate ordering, DoD has created a secure website through



its Military Homefront site (<http://www.militaryhomefront.dod.mil/>) to quickly verify a person's military status before linking them to the

software ordering site. You may access the verification and order pages by clicking [here](#).

Programs ship to domestic U.S. addresses and APO addresses. The sponsorship covers the regular purchase price of \$199 and the family pays only the shipping and handling.

The programs have a one-year license and are intended for the sole individual use of students on their personal home or laptop computer and are not intended for group or classroom instruction through the schools.

NMFA applauds this donation and the support shown by the players and the Victory Sports Group Agency for military families.

Do you have questions or comments about this program? E-mail us at [families@nmfa.org](mailto:families@nmfa.org)



# VIKING VIBES



## Month of the Military Child

In honor of Month of the Military Child, military children ages 12 and under can eat anything from the children's menu at the Officers' Club for half price throughout April.

They can also enter a drawing contest. The theme is "What I Love About Being a Military Child." Drawings must be submitted to the Officers' or Services Club by April 30. One entry per child. All entries must have the entrant's full name and contact information. Prizes will be awarded to the first, second and third place winners.

## Administrative Professionals' Day is April 26

Bosses, take your hard working admin to the club for lunch. FREE dessert for admins at the Officers' Club and Services Club.

## New menu

Check out the new Officers' Club menu! Prime rib now served Fridays and Saturdays. Filet mignon is also on the menu. Or try the new items on the Officers' Club Lounge menu! Enjoy beer-battered walleye fingers, soft tacos with shredded beef and home-made salsa, a chicken nacho platter and melt-in-your-mouth barbecue ribs.

## Fish for Lent

The Services Club will have fish sandwich available during lunch throughout Lent.

## Tax break

Enjoy a Pre-Tax Day FREE dessert during lunch April 14 at the Services

and Officers' Club.

## Chill Out Lounge & Pizzeria at the Services Club

The lounge and pizzeria's new hours are Wednesday through Friday 11 a.m. to 1 p.m. for lunch and Wednesday through Friday 4 to 9 p.m. for dinner. The pizzeria is open until 10 p.m. during Friday and Saturday UTAs. For more details, call (612) 713-1672.

## Club winner

Congratulations to Membership Drive winner, Marvin Souba, who won \$1,000! The club welcomed 36 new members during the recent membership drive. For club membership information, call Karen Putnam at (612) 713-1680.

## Style Show

The Officers' Spouses' Club will host its annual Style Show April 20 at the Officers' Club. The cost is \$25. Proceeds benefit military families of deployed military personnel. Prepayment is required. Space is limited. Guests are welcome. For reservations, call Roberta Gronemann at (763) 494-3517 or Jan Olson at (952) 831-2438.

Club bars

The **Services Club bar** is open 11:30 a.m. Wednesdays.

The **Officers' Club bar** is open 11:30 a.m. Fridays.

## Mug Nights

Starts 4 p.m. Tuesdays at the Officers' Club and 4 p.m. Thursdays at the Services Club.

Order a custom-made mug from the bartender. Choose from a wide variety of designs. Until it arrives, bring in a mug of your choice.

Enjoy tap beer for \$1.75 (up to 20 oz.) and brat, sauerkraut and potato

salad for \$3.50. Lounge menu also available.

## Play bingo at the Services Club every Friday starting at 5:15 p.m.

Social hour is from 4 to 6 p.m. Enjoy free appetizers.

For more information, call (612) 713-3670.

Fitness center temporarily relocates

Due to construction, the fitness center will be relocated temporarily to Bldg. 507, at the 88th RSC Army Reserve Center starting April 3. The hours of operation will be Monday to Friday 6 a.m. to 6 p.m. It will be closed for preparation for moving March 24 to April 2. For more information, call (612) 713-1496 or (612) 919-5134.

The Outdoor Recreation Center in Bldg. 778 will be open and area attraction tickets and coupons will be available in that building. The hours of operation will be Monday through Friday 10 a.m. to 3 p.m. or by appointment. Call (612) 713-1496 or (612) 919-5134.

## North Country Lodging

Check out the new DVD vending machine at the Lodging facility available 24 hours a day, seven days a week. Only \$1.49 per movie per night! It is an easy and convenient way to rent movies. Stop by during a lunch break or on the way home. You don't have to be a Lodging guest to use the machine. For more information, call (612) 713-1984.

## America's Kids' Run/Walk

The event will be held May 20 at

## Activities



# VIKING VIBES



Lake Nokomis. Check-in 10 a.m. Start time is 10:30 a.m. The course is 2.7 miles around the lake's paved perimeter. Age division prizes will be presented. Parents must be present. Register at fitness center by April 3. For more information, call (612) 713-1496.

### Way to go!

Congratulations to the fitness center's 2006 Pig Out Challenge winners! The top six winners were: Jeff Pinger, Nate Schloos, Stan Sheley, Gerald Fuhrmann, Kevin Alban and Jim Donahue. Great job!

### Bocce Ball League

The league starts April 13. Two-player teams compete in this round-robin league for eight weeks. Games will be held Thursdays at 4 p.m. and

4:30 p.m. For more details, call Tech. Sgt. John Brown at (612) 713-1777.

### Outdoor Recreation rentals

Check out all the great things you can rent from Outdoor Recreation. Choose from a wide variety of sports equipment, lawn games, camping gear, party supplies, and more! Call (612) 713-1496.

### Youth camps

Air Force Reserve Command youth are eligible to attend several summer residential camps.

The following are the scheduled dates for camps:

**Space Camp** - July 31 to Aug. 4

**Missoula Performing Arts Camp** - July 16 to 21 and July 23 to 28

These camps are funded by

Headquarters Air Force Services and Family Member Programs, and are free to youth who are selected to attend.

### Operation Purple Camp

OPC is a free program for children who have a family member deployed, recently deployed or scheduled to deploy. Camp sites are located at multiple organizations around the country, including military installations and 4-H sites. Information is available at [www.nmfa.org](http://www.nmfa.org).

For more details about these camps, call Margo Leslie, 934th Services Squadron director, at (612) 713-1119.



### Egg-strordinary

**Senior Master Sgts. Calvin Johnson (left) and Dale Place, 27th Aerial Port Squadron, display the Team of the Month award the unit earned at Manas Air Base, Kyrgyzstan where they are on Temporary Duty. The flight is run completely by 58 reservists. Twenty-four of those aerial porters are from 27 APS in Minneapolis.**

*Courtesy photo*

## Calendar

Time	Activity	Location	POC
<b>SATURDAY</b>			
0730 to 1600	Newcomers Flight	Per schedule	MSgt Besser, x1755
0800 to 1030	E-Testing, Appt Only	Bldg 852, room 206	MSgt Lunde, x1501
0800 to 1430	MPF ID Cards Open	Bldg 852, room 105	TSgt Wollak, x1085
0845 to 1130	Physical Exams	Bldg 840	SMSgt Hanson, x1642
0845 to 1130	Sick Call	Bldg 840	MSgt Rebholtz, x1612
0845 to 1130	ASTS Labatory Draws (All lab draws)	Bldg 840	MSgt Kaufmann, 1633
0845 to 1115	Hearing Exams	Bldg 840	MSgt Rebholtz, x1612
0900 to 1130	Immunizations	Bldg 840	SMSgt Brausen, x1617
0900 to 1000	First Sergeants Council Meeting	Wing CC Conf Room	CMSgt Dalton, x1211
0900 to 1000	Unit Deployment Meeting	Bldg 760, room 194	SMSgt Schyma, x1789
0930 to 1130	Medical Outprocessing	Bldg 840	SMSgt Goetz, x1642
1000 to 1100	Wing Change Of Command Ceremony	Fuel Cell	Capt Hamiel, x1202
1000 to 1100	Weapons Courier Training	Bldg 760, room 194	SMSgt Schyma, x1789
1230 to 1600	Physical Exams	Bldg 840	SMSgt Hanson, x1642
1230 to 1500	Immunizations	Bldg 840	SMSgt Brausen, x1617
1230 to 1330	Enlisted Advisory Council	Wing CC Conf Room	CMSgt Dalton, x1211
1230 to 1600	Hearing Exams	Bldg 840	MSgt Rebholtz, x1612
1300 to 1600	Medical Outprocessing	Bldg 840	SMSgt Goetz, x1642
1300 to 1600	ASTS Labatory Draws (HIV only)	Bldg 840	MSgt Kaufmann, 1633
1300 to 1600	Sick Call	Bldg 840	MSgt Rebholtz, x1612
1300 to 1430	MWSS 471st Change of Comamnd	Fuel Cell	1st Sgt Williams, (612) 685-4778
1400 to 1600	AES Open House		Lt Col Boldenow, X1897
1500 to 1600	SMSgt Erickson's Retirement Ceremony	Bldg 821	MSgt Gillespie, x1323
<b>SUNDAY</b>			
0730 to 1600	Newcomers Flight	Per schedule	MSgt Besser, x1755
0730 to 0830	SMSgt Gustafson Retirement Ceremony	ASTS building	Lt Col Brown, x1693
0730 to 0900	MPF ID Cards Open	Bldg 852, room 105	TSgt Wollak, x1085
0800 to 0900	Awards and Decs Board	Wing CC Conf Room	Ms Squires, x1085
0830 to 1200	PME/EOC Testing	Bldg 852, room 206	MSgt Bob Keldsen, x1501
0830 to 1200	Disaster Prep, CONOPS Refresher	Bldg 760, room 130	SMSgt Johnson, x1934
0900 to 1000	HRDC Meeting	Wing CC Conf Room	Col Rudin, x1298
0900 to 1000	Protestant Service	Bldg 725, Chapel	Chaplin Perry, x1226
1000 to 1100	Chief's Council	Wing CC Conf Room	CMSgt Dalton, x1211
1100 to 1430	MPF ID Cards Open	Bldg 852, room 105	TSgt Wollak, x1085
1300 to 1430	MWSS 471st Chief of Staff Retirement	Fuel Cell	1st Sgt Williams, (612) 685-4778
1500 to 1600	Catholic Service	Bldg 725, Chapel	Chaplin Perry, x1226



The Armed Forces Kids Run / Walk will be held on May 20, 2006 at Lake Nokomis. The run is aimed primarily at youths aged 5 to 18 and the family of CAP cadets, reserve members, active duty, National Guard, base civilians and retired military. Check-in time is 10 a.m. with a start time of 10:30 a.m. The course will be 2.7 miles around the paved perimeter of the lake and can be accomplished by either walking or running, or a combination of both. T-shirts and runner numbers will be issued at the

time of check-in. Prizes will be awarded based on age and participation. In the event of bad weather, this event will be rescheduled for 2pm or 10am on May 21. All participants must register by completing an official registration form and turning it in to the fitness center by April 3. Youths aged 5 to 18 must have a parent or guardian present. If you would like to volunteer to help organize and run the event call the Fitness Center at 612-713-1496.





**Easter Eggstravaganza Buffet  
April 16 at the Officer's Club**

*Menu includes:*

*Honey baked ham*

*Roast beef*

*Pork loin roast*

*Turkey with stuffing*

*Garlic mashed potatoes*

*Garden blend rice*

*Au gratin potatoes*

*Seasonal vegetables*

*Cold poached salmon*

*Peel-&-eat shrimp*

*Salads*

*Fruits*

*Assorted desserts*

*FREE Easter treat for children!*

*Adults \$17.95, Members \$15.95*

*Children ages 5 to 8 \$7.95*

*Children under age 4 eat free*

*Seating 11 a.m. to 2 p.m. Reservations highly recommended.*

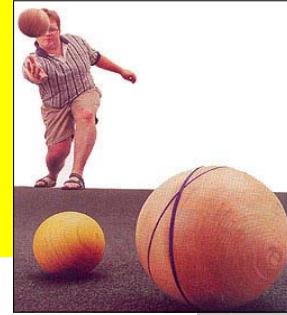
*For reservations, call (612) 713-3678 or 3670 or (612) 919-2768.*



**934th AIRLIFT WING FITNESS CENTER**

**PRESENTS**

**SPRING BOCCE BALL LEAGUE**



Minn-St Paul ARS  
**SERVICES**  
Combat Support & Community Service

**Fitness & Sports**

**What:** Round robin tournament with teams of two

**Where:** TBD (on-base)

**When:** Thursdays 4 p.m. & 4:30 p.m.  
starting April 13

**Who:** All are welcome!

**Phone:** For more information, call (612) 713-1496.

**SIGN-UP AT FITNESS CENTER BY APRIL 4**

**Dining Facility Menu**

There is no dining facility menu for April as it will be closed for training. Breakfast lunch and dinner Saturday and breakfast and lunch Sunday will be served at the Services Club.

**934th Airlift Wing  
Public Affairs Office  
760 Military Highway  
Minneapolis, MN 55450-2100**

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